



Read Us Online at  
IslandSunNews.com

# Island Sun

PRSRT STD  
U.S. POSTAGE  
PAID  
FT MYERS, FL  
PERMIT #5718

Postal Customer  
ECRWSS

VOL. 23, NO. 7

SANIBEL & CAPTIVA ISLANDS, FLORIDA

AUGUST 7, 2015

AUGUST SUNRISE/SUNSET: 7 6:56 • 8:12 8 6:57 • 8:12 9 6:57 • 8:11 10 6:58 • 8:10 11 6:58 • 8:09 12 6:59 • 8:08 13 6:59 • 8:08

## Bag Day At Noah's Ark



Shoppers wait for the Noah's Ark door to open for Bag Day business

The Noah's Ark annual Bag Day will take place on Friday, August 14 from 9:30 to 11:30 a.m. Customers may buy marked bags in the parking lot for \$4 each, fill them with store goods, and walk away with as many items as the bags will carry.

Any items that don't fit in the bag are 80 percent off the regular price. Deep price reductions are also available in the days leading up to Bag Day. Bag Day marks the end of summer season for the Ark, which – after August 14 – is closed for cleaning and repair.

Noah's Ark, in operation for more than 50 years, is managed by the women of St. Michael and All Angels Episcopal Church. Outreach support to those in need continues to be a priority of St. Michael's, and the proceeds from Noah's Ark, coupled with monies from the parish's annual budget, go out to more than 25 local, regional and global charities and agencies. A few of these include Habitat For Humanity, FISH, the Harry Chapin Food Bank, Voices For Kids, El Hogar Honduras School, Human Trafficking

Awareness and Interfaith Action of Southwest Florida.

On Friday, October 2, Noah's Ark reopens for business Tuesdays and Fridays from 9:30 a.m. to 12:30 p.m. In November, the winter season's full schedule resumes, open weekdays and the first Saturday of each month from 9:30 a.m. to 12:30 p.m.

Noah's Ark does not take donations between August 14 and September 1. On September 1 and thereafter, donations are accepted. The Ark staff and St. Michael and All Angels Church extend heartfelt thanks to all donors who help to make the Ark's charitable mission a continuing success.

Noah's Ark is located behind St. Michael and All Angels Church, 2304 Periwinkle Way. For more information, call 472-3356.\*

## Budget Discussion Focuses On Beach Parking, Recreation Fees

by Jeff Lysiak

During Tuesday's city council session, making a few adjustments to the recently introduced fiscal year 2015-15 budget included discussions on increasing beach parking lot hourly fees and parking violation fines as well as changes to the Sanibel Recreation Center's membership fees, operating budget and hours of operation.

On July 21, the council proposed an operating millage rate of 1.939 mills, which is equal to last year's approved and adopted rolled back rate. Version 2 of next year's draft budget – adjusted since the meeting – has been prepared at \$55,403,575, which reflects a reduction of \$298,823 from the introduced total of \$55,702,398.

Mayor Kevin Ruane noted that the proposed budget “basically ensures that there will be a tax cut for the eighth year in a row.”

Among the adjustments made to the draft budget:

- Reduce the reserve for contingencies in the General Fund to \$175,000
- Reduce the reserve for insurance deductibles in the General Fund to \$215,000
- Remove the Police Department capital outlays for office body cameras and non-lethal weapons from FY2016 and place in FY2017, thereby reducing the General Fund transfer to the Capital Projects Fund
- Reduce the General Fund transfer to the Recreation Center to a maximum of \$1.4 million and make appropriate increases to revenue and reductions in expenditures to

continued on page 11

## Newsweek Features Kanzius Cancer Invention

by Jim George

In its July 21 issue, *Newsweek* magazine featured an extensive article on former Sanibel Island resident John Kanzius' cancer treatment technology, which is now in the early stages of human trials in Italy.

According to the article, “The first round of clinical trials for the new Kanzius machine design will involve exposing 15 to 20 pancreatic and liver cancer patients to radio waves in the Kanzius machine, primarily to prove the process will not harm them, and to study the impact on their cancer cells. Tests will also examine how effectively radio wave treatments work when used along with known chemo drugs. The



Dr. Steven Curley

file photo

treatment, of course, would need to be approved by the Food and Drug Administration before it could treat patients in the U.S.” Tests are expected to begin in mid-year 2016.

Prior to his death in 2009, at age 64, Kanzius spent an enormous amount of time trying to get attention from the medical world and the public for his cancer treatment invention, an invention that could change the course of cancer treatment. He was successful at obtaining interviews for CNN, *60 Minutes* and *Reader's Digest* but for the most part, national news outlets paid little attention until recently, and so raising funds for his project became a full time job. He was amazingly successful through his foundation – The Kanzius Cancer Research Foundation – which raised \$15 million, much of it coming from Sanibel and Captiva. The technology has now captured the attention of the medical community.

The technology, which is based on non-invasive radio waves heating nanoparticles embedded in a tumor that kills the cancer cells without harming healthy cells, has been in development since 2003. Lead researcher, Dr. Steven Curley of the Dan L. Duncan Cancer Center at Baylor College of Medicine in Houston, Texas, has 20 researchers with expertise in nanomaterials, radio frequency, immune function and drug delivery functions working in his lab. Curley, a surgical oncologist and one of the foremost authorities in cancer research, has been involved in the project from its inception. He is careful not to refer to the treatment as a cure but rather as “another option in the war on cancer.” Curley's plan is to use the data from the Italian trials for his submittal to the FDA in hopes of speeding up approval for use in this country.

AkesoGenX, the company that last year purchased the Kanzius technology and the right to hold its patents, has also just received new financial backing from an individual investor.

continued on page 7



# GURHAN

*Lily & Co. cordially invites you  
to attend an exclusive  
Summer Showcase Event  
featuring the exquisite jewelry artistry of*

## GURHAN

*One Day Only  
Thursday, August 13*



  
**LILY & Co.**  
**JEWELERS**

VOTED *Coolest* JEWELRY STORE IN THE NATION  
BEST OF THE ISLANDS EIGHT CONSECUTIVE YEARS!  
ON-SITE CUSTOM DESIGN & REPAIR CENTER

520 TARPON BAY ROAD | ACROSS FROM BAILEY'S | SANIBEL, FL 33957  
239-472-2888 • LILYJEWELERS.COM







Aerial of the Sanibel Historical Village

photo by Jim Anderson

## Historical Village Closed Until Mid-October

The Sanibel Historical Village has closed its doors on another season and will reopen October 20. The village hosted more than 10,000 visitors this season (final numbers have not yet been tallied), including many children.

"This was a big year for the village as we opened our new welcome center in Shore Haven," said museum manager Emilie Alfino.

Shore Haven is a 1924 Sears Roebuck house that has been restored to its original exterior appearance. "Shore Haven's interior is set up to welcome visitors, to highlight pictorial exhibits, and to allow for tour guides to speak to groups," Alfino added. "The welcome center's first year has been successful as well as educational, as we work to constantly improve our visitors' experience."



Shore Haven welcome center

People are welcome to walk the grounds of the village during the off-season. There is signage for all the buildings that will give visitors a picture of life in old-time Sanibel.

When the village re-opens on October 20, the hours will be 10 a.m. to 4 p.m., with docent-led tours at 10:30 a.m. and 1:30 p.m. Admission is \$10 for adults 18 and over; those under 18 and members are free. The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to all buildings. For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).✱

## Copyright Basics Seminar Offered At The Alliance

Creative works such as photographs, music, movies, books, computer games and computer programs can be protected under the law through the proper use of copyright. But what exactly does "proper use of copyright" mean?

A free educational seminar titled Copyright Basics and the Use of Publicly Available Materials: When Fair Is Foul and Foul Is Fair will be held on Monday, August 24 from 10 to 11 a.m. at The Alliance for the Arts, located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.

The keynote speaker at the seminar is Rich Vermut, intellectual property attorney at Rogers Towers, PA, a statewide law firm. Following his lecture, a question-and-answer session will be conducted.

For more information about the seminar or to make reservations, call 425-1760.

The seminar is sponsored by Rogers Towers, PA.✱



# Trust.

Your financial future should rest in the hands of a company with the integrity and experience to preserve and grow your assets.

Did you know that The Sanibel Captiva Trust Company is the largest independent Trust Company in Southwest Florida? Since 2001, we have been known for combining personal service with world class investment management to create a superior client experience. Our island-based financial managers provide the care and attention your life's goals deserve. We invite you to come in and visit with us.

THE  
SANIBEL  CAPTIVA  
TRUST COMPANY

INVESTMENT MANAGEMENT | TRUST & ESTATE SERVICES



239.472.8300 | 800.262.7137

[www.sancaptrustco.com](http://www.sancaptrustco.com)

RICHARD PYLE, CFA, PRESIDENT  
CRAIG HOLSTON, CHIEF INVESTMENT OFFICER

NOT FDIC INSURED | NOT GUARANTEED | MAY LOSE VALUE



## Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Trash & Treasures Sale** will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

**Page Turners with Ann Rodman** – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, August 12 is *Mystic River* by Dennis Lehane.

Bring your lunch and watch the movie at 12:30 p.m., followed by a discussion

on the book and movie at 2:30 p.m.

**Friday Collage Classes with Bea Pappas** – August 7, 14, 21 and 28, 12:30 to 3:30 p.m. Pappas teaches an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board). Members are \$15, non-members are \$20. Call the center to sign up.

**Sawgrass Mills Shopping** – Wednesday, September 2. Grab a couple of your friends and do a little pre-holiday shopping. The trip includes round trip transportation and coupon book to the outlet mall. Depart from Fort Myers location at 7:30 a.m. Seating is limited. Register at the center to reserve your spot.

### Games

**Bridge** – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members

and \$5 for non-members. Prizes will be awarded.

**Mahjongg** – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Tuesday Kayaking** – August 18 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

### Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are

used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✧

## Sanibel CERT Looking For Volunteers

The Sanibel CERT (Community Emergency Response Team) is looking for volunteers to participate in upcoming training. The training will consist of eight aspects of response to emergencies such as hurricanes, tornados and others. The Sanibel CERT members are members of the community that are willing to help others in a time of need, when our police officers and firefighters are busy with other aspects of a disaster. CERT members learn first-aid, preparedness and overall safety. The course will take place over eight weeks, meeting once a week for approximately two hours a week.

The course takes place at Sanibel Fire Station One on Palm Ridge Road, Wednesday evenings from 6 to 9 p.m. The course starts on September 9 and runs through November 4. Contact Assistant Chief Matt Scott at 472-5525 or mscott@sanibelfire.com if you would like to participate in this training opportunity.✧

Color,  
Comfort,  
Design and  
Everything You  
Need To Decorate  
Your Dream Home



**SANIBEL HOME FURNISHINGS**

1618 Periwinkle Way "Heart of the Island" Sanibel 472-5552  
Summer Hours: Mon, Tues, Thurs, Fri, Sat 10am - 5pm. Wed By Appt. Only  
Furniture · Lighting · Paintings · Prints · Mirrors · Pillows  
Bedding · Rugs · Accessories and More  
Complimentary Island Inspired Interior Design With Purchases.



Twins Kekoa and Kahanu Otalvaro express their creativity

## Free Play At Summit Christian

At Summit Christian Preschool at Sanibel Community Church, children have a choice of artis-

tic activities during free play including painting, gluing, drawing, clay, cutting and other creative mediums. Each day, children have at least one hour to explore art, if they choose. Registration is open for the upcoming school year. For more information, contact director Leslie Celestin at 677-1440.✧



**Bike Safely on Sanibel's Path:**

**Bikes must yield to pedestrians.**

**Give an audible warning before passing.**  
**Be polite and "Share the path".**



## New Digital Safe Biking Messages

The Sanibel Bicycle Club has a new extension of its bike safety education efforts, designed to encourage path users to follow safe biking practices. The club's past efforts have included printed materials such as posters and bike rack signs, and, more recently, a short instructional video titled *Cycling On Sanibel* distributed on youtube.com.

The new effort will place safe biking messages on electronic displays in island restaurants and businesses, in partnership with Blue Ash Media Group.

Blue Ash Media's digital system is currently in place in 14 popular locations around Sanibel and Captiva, where it is seen by a large number of island visitors as well as local residents. Blue Ash began running the messages as a public service on August 1.

The Sanibel Bicycle Club has designed message slides that will deliver important guidelines on how to be safe when biking on the Sanibel shared use path. Messages include:

- Wear a helmet.
- Ride on the right, pass on the left. And warn to pass.
- No earbuds, texting or cell phoning.
- At crosswalks, wait for cars to STOP.
- Watch for vehicles entering and leaving driveways.
- Signal for turns and stops.
- Use lights after dark. And wear bright clothing for visibility.
- Keep a safe interval from other bikes.
- Bikes must yield to pedestrians on the path.

Commenting on the new effort, Sanibel Bike Club Vice President Patti Sousa said "Our club is always looking for new ways to get the word out about how to be safe when using the shared use path, and the new digital displays are a great way to reach people. We're delighted that Blue Ash Media has agreed to place these messages as a public service to our community."

Blue Ash Media digital advertising display locations on Sanibel:

- Sanibel Fish House
- RC Otter's
- Captiva Cantina
- Keyline Bistro

- Pinocchio's
- Timbers
- Matzaluna
- The Jacaranda
- Traders
- Island Pizza
- The Island Cow
- Doc Ford's
- Santiva General Store
- Lazy Flamingo.\*

## Captiva Community Panel Meeting

The Captiva Community Panel will hold its regular monthly meeting on Tuesday, August 11 beginning at 9 a.m. in the Cone Rooms in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Mangrove protection and questions for Florida DEP
  - Update on priority committees (tentative)
  - Summary of proposed Captiva Plan amendments
  - Questions about South Seas WWTP and setting special meeting
  - A Captiva Erosion Prevention District update
  - A Captiva Fire District update
  - A Hurricane Preparedness and Response Committee update.
  - Other business as necessary
- Public participation is invited and encouraged.

The next Captiva Community Panel meeting will tentatively be held on Tuesday, September 8. Information and background documents are available online at [www.captivacommunitypanel.com](http://www.captivacommunitypanel.com).\*

To advertise in the  
*Island Sun*  
Call 395-1213



## OUR TENNIS PROGRAM IS IN FULL SWING!

Now offering a limited number of annual memberships at 50% off for the first 25 applicants\*

### THE ANNUAL MEMBERSHIP INCLUDES

Complimentary Court Time On Our New HydroGrid® Courts • Advance Court Reservations • Lesson, Clinic, & Pro Shop Discounts • Charging Privileges Throughout The Resort

### WE ALSO OFFER SEASONAL MEMBERSHIPS AND TEAM OPTIONS.

Call our Tennis Pro Shop at 239-395-6037 or email us at [tennis@sundialresort.com](mailto:tennis@sundialresort.com) for more information.

\*Discounted price \$750 for an individual or \$1150 for a family (before tax).



**SUNDIAL**  
BEACH RESORT & SPA

1451 Middle Gulf Drive Sanibel Island, FL 33957  
[www.sundialresort.com](http://www.sundialresort.com)



# Have Fun With Your Frozen Confections



Donna Puma

Join Tom and Donna Puma, owners of Pinocchio's Original Italian Ice Cream, at the free potluck dinner at the Sanibel Community House on Wednesday, August 26 starting at 6 p.m. They will show you how to turn a pint or quart of your favorite frozen confection into a family recipe. Serving suggestions include Brioche al Gelato for breakfast, lemon basil sorbetto for



Tom Puma

an intermezzo between courses and sweet endings that are easy to prepare and guaranteed to please your friends and family such as frozen confection Pate Choux, Tuscan gelato cakes and more. Learn a little about the difference between ice cream, gelato, frozen yogurt, sorbet and sherbet and which frozen confections are best suited to lactose-free, soy-based and gluten-free diets. The potluck dinners are held on the 4th Wednesday of every month and what started as a fun summer event has



Brioche al Gelato

become so popular that they will continue throughout the year. Bring your friends and neighbors, meet other foodies and enjoy dinner in your Community House. Many of the potluck attendees have joined the Kitchen Guild, a group that brings together fun loving people who want to see chef demonstrations, learn about local products and vendors and bring cooking experiences to children. Let The Community House know if you would like to join the Kitchen Guild. Bring your favorite potluck item, an appetizer, salad, vegetable or protein dish to share with about six people and also a copy of your recipe, if you would like to share it. The evening is BYOB, but water and iced tea will be provided at no charge. For the this potluck, Pinocchio's is advising not to bring a dessert as they have that covered. What a great way to meet other summer residents in an 'old Sanibel'

setting. The plans for the remodel of The Community House and the kitchen are also on display for you to discuss with members of the Redevelopment Committee. Call for reservations, 472-2155.✧

## Mosquito Control On Sanibel

The Lee County Mosquito Control District (LCMCD) provides mosquito control for Sanibel and all of Lee County. Mosquito season typically runs from May through October and mosquito activity increases with rain, particularly after heavy rains that produce large areas of standing water. Due to the abundance of mangroves, wetlands and salt marshes, Sanibel is a prime breeding ground for mosquitoes. If you are experiencing a high number of mosquitoes at your residence, make a service request at [http://www.angwatechnology.com/lee\\_devel/PublicServiceRequest/](http://www.angwatechnology.com/lee_devel/PublicServiceRequest/) or contact the LCMCD directly at 694-2174. If the LCMCD receives complaints from a specific area or neighborhood, the district dispatches personnel to conduct a mosquito count and, if warranted, will fog or spray the area. For more information regarding mosquito control on Sanibel, visit the Lee County Mosquito Control District's website at <http://www.lcmcd.org/>.✧

**SANIBEL**  
ART & FRAME

**We Now Have**  
**Katie Gardenia's Art**  
630 Tarpon Bay Rd  
(near the Over Easy Cafe)

Summer Hours :  
Monday thru Saturday 10AM - 4PM  
Visit us on at SanibelArtandFrame  
[www.sanibelartandframe.com](http://www.sanibelartandframe.com)  
**239-395-1350**

**FLORIDA'S #1 SELLING**  
**INSECT REPELLENT**

- Locally owned and operated
- 100% natural ingredients
- Smells great
- Safe to use on kids
- Works on pets & horses
- Non-greasy or sticky formula
- Repels mosquitoes & most biting insects

**NOO-see-um™**

Visit Our Website for Locations  
on Sanibel & Captiva Islands  
[WWW.NOOSEEUM.COM](http://WWW.NOOSEEUM.COM)

## Police Report Eight Auto Burglaries, One Stolen Vehicle On Gulf Drive

The Sanibel Police Department has issued a community alert that during the late night hours on Tuesday, July 28 and the early morning hours on Wednesday, July 29, eight vehicle burglaries were reported at local condominiums and resorts between 541 East Gulf Drive and 2445 West Gulf Drive. In addition, one vehicle was reported stolen at 845 East Gulf Drive. All burglarized vehicles were left unlocked. The stolen vehicle was left unlocked with the keys in the vehicle. The Sanibel Police Department advises residents and visitors to keep the windows rolled up and vehicles locked at all times, even if it's parked at your own residence. Also, remove anything of value from plain sight in the passenger compartment and put them in the trunk to keep them hidden. This includes backpacks, briefcases, cell phones, laptop computers or any other technological devices. If you have any information that can assist the Sanibel Police with this investigation, contact Lieutenant Anthony Thompson at 472-3111 ext. 235 or Detective Mark Steele at 472-3111 ext. 237. You may also remain anonymous and report information with a text message through Crime Tips at C-R-I-M-E-S (274637).✧

**Island Winds Coiffures**  
**HAIR SALON FOR WOMEN & MEN**

**Welcome Lily Null**  
**to our staff**

**LINDA • MARISA • JEANNE • JOSEPHINE**  
*Featuring Manicures • Pedicures • Cuts • Color • Perms*

**"Let us Pamper You!"** **NEW CUSTOMERS ALWAYS WELCOME!**

**695 Tarpon Bay Road, Sanibel • Promenade • 472-2591**

**Tahitian Gardens**  
1975-2019 PERIWINKLE WAY

**SHOP ON SANIBEL.COM**

**Shop & Dine Well... with these fine merchants**

|                        |                   |
|------------------------|-------------------|
| Cheeburger             | Brown Bag         |
| Cheeburger             | The Cedar Chest   |
| Shiny Objects          | Fine Jewelry      |
| Sanibel Resort Wear    | Sanibel Cafe      |
| Needful Things         | Synergy Sportwear |
| Adventures In Paradise | C. Turtles        |
| Pandora's Box          | Wilford & Lee     |
| Pandora's Box Too      | Sanibel Sole      |
|                        | Among The Flowers |

**Visit Our Sister Centers:**  
Olde Sanibel Shoppes | The Village Shops | Town Center

Retail Hours: 10 a.m - 5 p.m. Daily | Restaurant Hours: Cafe's open 7:30 a.m. • Cheeburger opens 11 a.m.



## Event Permits, Museum Request Approved

by Jeff Lysiak

While the Sanibel City Council considers the possibility of moving some special events off of Periwinkle Way during peak periods in order to accommodate increased traffic, several events planned for the upcoming season were unanimously approved during Tuesday's meeting.

Three special event permits – including dates for the 2016 Sanibel Music Festival and permission to serve alcohol during intermission of events held at BIG ARTS during the 2015-16 season and at CROW's Taste of the Islands fundraiser on November 8 – were approved, but not before the subject of how these events impact traffic on the island was brought forward by councilman Marty Harrity.

During Monday's traffic management workshop session, councilman Chauncey Goss suggested that the city focus its attention on relocating some of the special events held at venues on Periwinkle during peak season. Members of both

the city council and planning commission offered to look deeper into how to avoid potential traffic problems with the possibility of having some events moved to alternate locations or requesting some events be rescheduled to different dates.

"One fix, perhaps, begets another problem," said Harrity.

Also approved unanimously were changes to the Sanibel Historical Museum and Village, including replacing the existing wooden walkways with pervious brick pavers located throughout the facility. Reconfiguring a portion of the interior of Shorehaven – including removing kitchen equipment, cabinets and wall on the main floor as well as creating office space on the second floor for staff use – was also proposed.

"Proposed changes are all internal and do not impinge on the structural integrity of the building," Karl Rodman, museum president, wrote in his request.

Both requests were unanimously approved.

In other business:

• City Manager Judie Zimomra informed the council that wireless communications provider AT&T has withdrawn their contractor's permit to install their antenna at the Donax Road cell phone tower. This does not mean that

AT&T is scrapping plans to add their antenna at the site, however, they have not provided any further information regarding their plans.

• During his monthly report, Natural Resources Director James Evans stated that the current water level at Lake Okeechobee was 12.28 feet, which reflects an increase of a quarter-foot over the past two weeks. However, the lake is 1.7 feet lower than it was a year ago and 3.5 feet lower than it was in 2013.

• Council approved appropriating \$14,000 for the city's contribution to the 2015 FertilizeSmart public education joint campaign.\*



John Kanzius

From page 1

## Kanzius Invention

Although Kanzius, who had no medical background, did not live to see his invention to completion, successful human trials and subsequent FDA approval as a cancer treatment will forever inscribe his name in the annals of medicine.\*

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)

# Olde Sanibel Shoppes

Serving Breakfast  
'til 3:00 everyday!



- Carry Out
- Kids Menu
- Beer & Wine

Dine inside or out.  
You'll love our pet-friendly outdoor patio!

Breakfast & Lunch  
7am - 3pm

Olde Sanibel Shoppes  
630 Tarpon Bay Road  
Sanibel, FL 33957  
239.472.2625  
fax 239.395-1458  
[OverEasyCafeSanibel.com](http://OverEasyCafeSanibel.com)

For pets  
and the people  
who love them!

- Collars, Harnesses & Leads
- Great Pet Toys
- Pet Beds & Carriers
- Breed Specific Items
- Cat Stuff Too!

Specializing in all Natural  
Pet Food and Treats



Better Health through  
Better Nutrition.

Olde Sanibel Shoppes  
630 Tarpon Bay Road  
Sanibel, FL 33957  
239.395.1464  
fax 239.395.1458  
[IslandPaws.com](http://IslandPaws.com)

Novo  
beads



Made with pride in America using the finest materials from around the world & compatible with all major bead bracelets. With over 350 unique designs that evoke your memories or celebrate your passions, adding a Novobead to your collection is like adding a page in the diary of your life.

FRESH  
american style



Unique Glass • Jewelry • Cards • Metal • Ceramics

Olde Sanibel Shoppes next to Over Easy Cafe • Open 7 Days  
239 472 7860 • [www.suncatchersdream.com](http://www.suncatchersdream.com)



# Rotary Happenings

submitted by Shirley Jewell

**S**anibel-Captiva Rotary is on the move. As of July 31, San-Cap Rotary is meeting at The Community House. Meetings start at 7 a.m. for breakfast, catered by Bailey's, followed by our weekly business and speaker program. Luckily, our guest speaker last week, James Johnstone, ECHL Hockey referee/linesman coming from Estero, got the word just in the nick of time and managed to find us.

Rotarians were surprised by the youthfulness of our speaker. He is definitely younger than most of our speakers and considerably younger than most of our members. A recent graduate of Ava Maria University Law School, Johnstone had only sat for his bar exam the end of last month. He is already employed at a law firm specializing in estate planning in Southwest Florida and will continue, hoping to pass the bar exam soon. The law will be Johnstone's profession but the game of hockey will continue to play an important part of his life.

He was born into a hockey family. His dad played professional hockey in Ontario, Canada and all his kids took to the ice. Johnstone's brother plays



James Johnstone

professional hockey in Austria and his brother-in-law plays professional hockey in Switzerland. The entire family has been involved in hockey all their lives, including his sister who, when in town, joins Johnstone on the ice coaching youth soccer clinics at Germain Arena. Involvement in hockey is a Johnstone family legacy.

Johnstone played hockey at FGCU but found his interest in hockey was more directed towards coaching and refereeing. This is his fourth season of coaching the Estero High School Hockey Team and loves his involvement with the FGCU youth hockey program and private coach-

ing sessions with up-and-coming youth hockey stars. Johnstone told us, "Youth hockey provides the opportunity to not only teach hockey skills to kids between the ages of 6 to 14 but to experience their emerging enthusiasm for the sport, see the kids evolve in their understanding of team play and watch as their families become hockey families."

Eventually, Johnstone found that refereeing games also brought him gratification and now is in his eighth season as an ECHL linesman. He began his professional officiating career in 2005-06 in the Southern Professional Hockey League and has worked several USA Hockey District Championships.

Johnstone has a passion for the sport of hockey handed down by his father. His ice skills are important, of course, but there are so many more lessons such as hard work, discipline, building relationships, teamwork and how to direct your energy toward a goal.

Johnstone has learned his lessons well. His refereeing opportunities have put him in contact with people from all over the country, and he was selected to referee the Hockey All-Star Classic in Orlando 2015. Hockey involves a quick skill set, a quick mind and a fit body. Speaking of a fit body, Johnstone decided he didn't have enough on his plate, I guess, so he decided to train for triathlons. The over achiever that he is, Johnstone was showing his car at a car show, got to talking with this guy about the car and somehow got to talking about triathlons and then the discussion turned to what kind of law

he wanted to go into... estate planning. It just so happened that the guy was not only a fellow triathlon competitor but a lawyer specializing in estate planning, and, bada bing, he was offered a job.

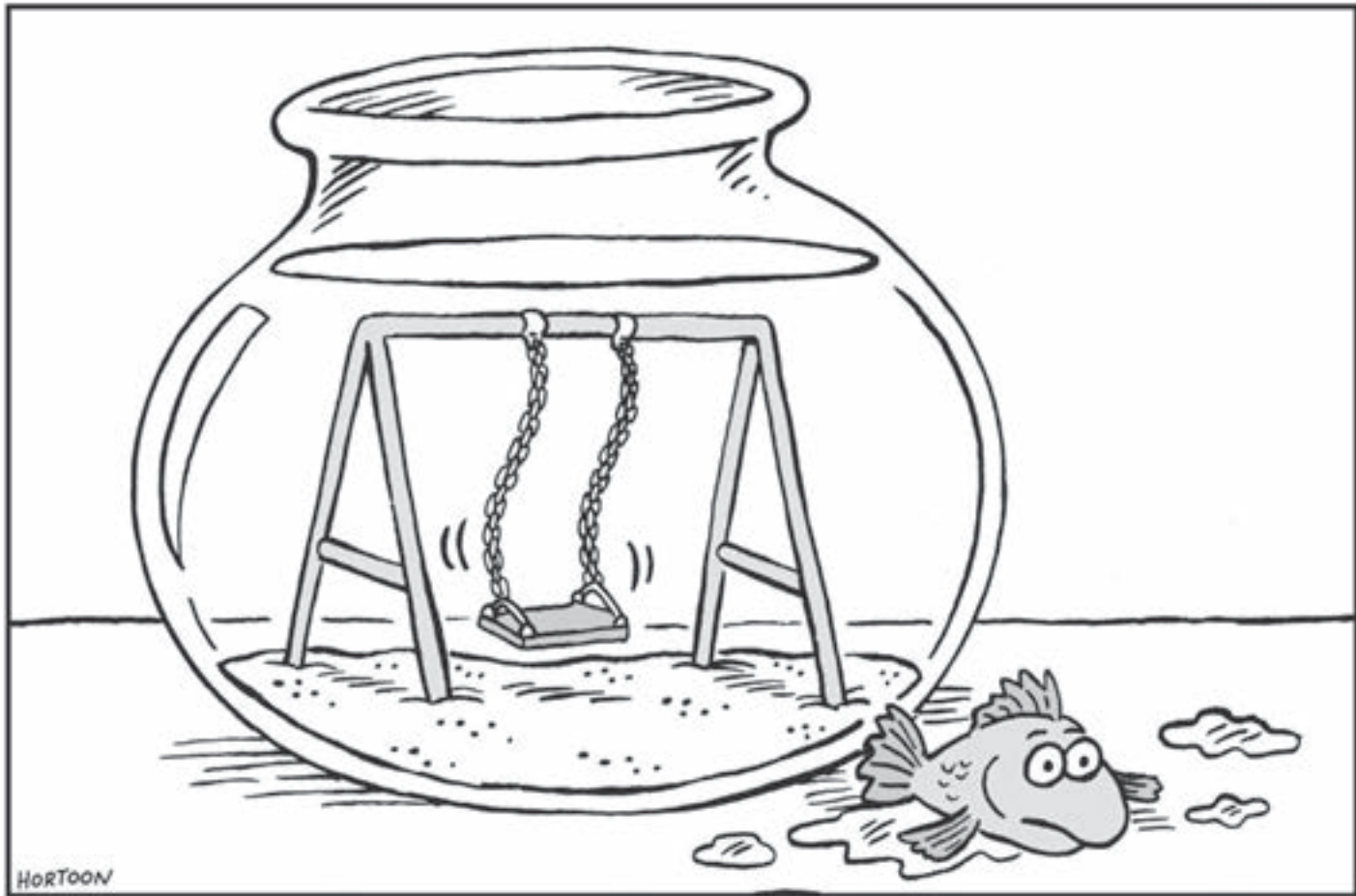
So, as a NHL Pittsburgh Penguins hockey player said, "Whether you're trying to learn in hockey or trying to learn in life, I've always tried to be observant and tried to learn more, tried to evolve, whether it's as a hockey player or as a person. With each year, I try to do that." I think that sums up what Johnstone is doing, going out there, following his passions. He's not afraid to work hard, take life as it comes but always has a goal in mind and does not miss opportunities when they present themselves. These are lessons his dad taught him, and he was smart enough to take hold of them.

*The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot Congress at [scot@scongress.com](mailto:scot@scongress.com).\**

Share your community news with us.

Call 395-1213 • Fax: 395-2299  
or email  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

## HORTOONS



## Sanibel T-Shirts

Available at these locations...

T-Shirt Hut 472-1415

Amy's Something Special 472-4421

Needful Things 472-5400

Pak-n-ship of Sanibel 395-1220

Macintosh Books 472-1447





## Churches/ Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH:

8210 Cypress Lake Drive, Fort Myers  
Reverend Dr. Elias Bouboutsis. Orthros  
Service Sunday 9 a.m. Divine Liturgy  
Sunday 10 a.m. Fellowship Programs,  
Greek School, Sunday School, Bible Study  
[www.orthodox-faith.com](http://www.orthodox-faith.com), 481-2099

### BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam  
Temple of the Islands meets for Friday  
night services at 7 p.m. in the Fellowship  
Hall of the Sanibel Congregational United  
Church of Christ, 2050 Periwinkle Way.  
Rabbi Myra Soifer. For information call  
President Martin Pokedoff at 239-395-2544.  
**CAPTIVA CHAPEL BY THE SEA:**

The Reverend George E. Morris  
Services every Sunday 11 a.m. through  
April 26, 2015. 11580 Chapin Lane on  
Captiva. 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST:

2950 West Gulf Dr., Sunday 10:30 a.m.;  
Sunday School 10:30 a.m., Wednesday  
evening meeting 7:30 p.m.; Reading room  
open, Monday, Wednesday and Friday 10  
a.m. to 12 p.m. (November through March),  
Friday 10 a.m. to 12 p.m. (summer hours).  
472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday mornings  
9 a.m. Bible Study and 10 a.m. Worship  
Service at The Community House,  
2173 Periwinkle Way. 239-671-5502.

### SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684  
Dr. Daryl Donovan, Senior Pastor

### Sunday Worship Hours:

8 a.m. Traditional in historic Chapel. 9 a.m.  
Contemporary and 11 a.m. Traditional in main  
Sanctuary. 10:15 a.m. Courtyard Fellowship.  
9 and 11 a.m. Bible classes. Childcare avail-  
able at all services.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:

2050 Periwinkle Way 472-0497  
The Reverend Dr. John H. Danner, Sr.  
Pastor. The Reverend Deborah Kunkel,  
Associate Pastor. 10 a.m. Full Service with  
Sunday school and nursery care provided.  
Elevator access.

### ST. ISABEL CATHOLIC CHURCH:

3559 San-Cap Rd., 472-2763  
Pastor Reverend Christopher Senk,  
Saturday Vigil Mass 5 p.m., Sunday Mass  
9:30 a.m., Daily Mass Wed. Thurs. Fri. 8:30  
a.m. Communion Service Mon. and Tues.

8:30 a.m. Holy Days call.

### ST. MICHAEL & ALL ANGELS

### EPISCOPAL CHURCH:

5 p.m. Saturday Eucharist, 9:30 a.m.  
Sunday Eucharist, 9:30 a.m. Sunday  
School, 9 a.m. Tuesday Morning Prayer, 9  
a.m. Wednesday Healing Eucharist, 6 p.m.  
First Wednesdays Prayer and Potluck.  
472-2173, [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org)

### UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month  
from December through April at the Sanibel  
Congregational Church, 2050 Periwinkle  
Way at 5 p.m. A pot luck is held at a mem-  
ber's home on the third Sunday of each  
month. For more information call 433-4901  
or email [ryi39@aol.com](mailto:ryi39@aol.com).

## Sanibel Author Releases Novel

Author Daryl Donovan has released  
his new supernatural Christian  
novel, *Esther's Friend*, nation-  
wide.

How could an innocent little girl be  
terrorized by a demon? In this compelling  
story of spiritual conflict, a heartbroken  
single mother raising her little girl, Esther,  
alone finds herself in the middle of a  
cosmic battle with eternal consequences.  
Using the canvas of a small town in  
northeast Oklahoma, Donovan paints the  
picture of the face of evil – ordinary folks  
caught up in a sinister plot orchestrated  
by demonic forces. *Esther's Friend* is  
a story of good versus evil, light versus  
darkness, and the power of God.

While the story of Esther and her  
struggle is fiction, the reality of demonic  
activity is fact. Donovan has provided a  
section of instruction at the conclusion of  
the story that will help readers understand  
the reality of spiritual warfare. He has  
also included book club questions for both  
the story and the teaching section.

Published by Tate Publishing and  
Enterprises, the book is available through  
bookstores nationwide, from the publisher  
at [www.tatepublishing.com/bookstore](http://www.tatepublishing.com/bookstore), or  
by visiting [barnesandnoble.com](http://barnesandnoble.com) or [amazon.com](http://amazon.com).

Donovan is senior pastor of Sanibel  
Community Church on Sanibel. He has  
served in pastoral ministry for over 40  
years, with more than a decade of those  
years spent on Sanibel. He and his wife,  
Elaine, have four grown children who  
have blessed them with grandchildren.  
Donovan has taught extensively on heal-  
ing, spiritual warfare as well as biblical  
discipleship and victorious Christian living.  
Donovan is also the author of *Sanibel  
Island Under Siege*, which was his first  
book of fiction. He has also published  
six nonfiction books that include *Able to  
Stand*, *Maximizing Your Marriage*, *Men  
Mentoring Men*, and *Mentoring For  
Marriage*.

Send your  
editorial copy to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

# SANIBEL SQUARE

## Shop, Dine & Enjoy all of us at Sanibel Square!



**Physical Therapy, Massage Therapy & Pilates**  
Phone # 239-395-5858



**Showroom Hours**  
Open Mon. - Fri. 10am - 4pm  
Phone: 239-395-1201



**Administrative Offices  
& Classrooms**  
Phone # 239-472-9700



**Hours: 9am-5pm Monday-Saturday  
11am-4pm Sunday Phone # 239-472-6868**



**Hours: 8am-5pm  
Monday-Friday  
Phone # 239-472-1841**



**9am-5pm 7 days a week  
Phone #: 239-472-HOME**



**Showroom Hours: 8am-5pm  
Monday-Friday  
Phone # 239-472-1101**



**Open Daily 7am  
(Summer hours vary)  
239-395-1919**



**Showroom Hours: 8am-5pm  
Monday-Friday  
Phone # 239-472-1101**



**Sanibel  
Treasures &  
Consignment**  
**Hours: 10-6 Monday - Saturday  
12-5 Sunday  
Phone: 239-910-7333**

**Conveniently located on Periwinkle Way across from Sanibel Community Park**

*Sanibel Square is a division of West Gulf Co LLC*







# INSIDE CITY HALL

## More Data Needed To Improve Traffic Management

by Jeff Lysiak

During a gathering of Sanibel's city council, planning commission and approximately 30 residents and business owners, discussions on ways to improve traffic management on the island continued. And by the end of the two-hour session, local leaders had determined that additional data would be needed to further their efforts of finding viable solutions for reducing vehicle congestion along Periwinkle Way during peak traffic periods.

Heading into the joint workshop session, the three subjects Monday's debate would focus on would include areas discussed during the previous traffic management meeting:

### Technology

- Real Time Apps (e.g. "Waze")
- Multi-Real Time updates that are two-way user friendly and utilize satellite data
- Beach parking availability
- Live Stream Real Time information with App for Real Time data
- Advance signage with Real Time data with Apps and Navigation Systems
- Alert Systems
- Cameras/Video Streaming Apps
- Embed crosswalk lights

### Behavior Modification

- Relocate special events off Periwinkle Way

- Flex-Time for employees
- Information dissemination/education
- Encourage cycling
- Peak Pricing/Peak Tolling
- Reduce rental car dependency
- Educate visitors to modify behavior

based on data as to time of day travel (i.e. What is peak time and how to avoid)

### Hardscapes

- Shared Use Path on both sides of Periwinkle Way
- Roundabouts
- No left turns during certain hours
- Modifications to causeway (lanes/toll booth)
- Specific intersection improvements
- Additional left turn lane (Periwinkle Way)

"(Traffic) isn't a new issue. It's been around forever," Mayor Kevin Ruane told his colleagues at the start of the meeting. "The real surprise is that nobody has found a solution."

Several members of the planning commission, who did not attend the previous traffic management meeting on June 1, weighed-in with their opinions on the subject. "This is a longer-term challenge, not just what we see every March," said John Talmage, while fellow commissioner Chuck Kettelman added, "It's pretty easy to try and come up with solutions, but the real question is what exactly is the problem?"

Ruane noted that the Metropolitan Planning Organization (MPO) is currently conducting a study which is looking at 18 potential locations for roundabouts in Lee County. That study is expected to be completed within the next year. According to Keith Williams, the city's public works director, the MPO is spending \$800,000 on the study, with

Sanibel's Causeway Boulevard/Lindgren Boulevard and Periwinkle Way intersection under consideration. The two top-rated intersections will receive a subsidy to complete initial design plans for their roundabouts.

"The data will drive what our decisions will be," said Ruane, who hopes to receive information regarding costs, available technologies and viable options. "Some of those options may be easier than others, and some will be costlier than others."

Vice Mayor Mick Denham suggested one hardscape remedy would be to install additional left turn lanes at key locations along Periwinkle Way. Another solution might be providing more shared use pathways along the northern side of Periwinkle. "It's going to be expensive, and it's going to take some tough decisions," he added.

While councilman Chauncey Goss offered that the city focus its attention on relocating some of the special events held at venues on Periwinkle during peak season, fellow councilor Marty Harritty countered that the solution would not be found if they were attempting to reduce the number of visiting day-trippers coming to Sanibel.

"Are we gonna solve the problem? I don't know... but I don't think so," said Harritty. "We live in one of the most beautiful places in the world, and people want to come here."

After discussing collecting additional data from Lee County regarding traffic counts at the Sanibel Toll Plaza (including the month, day of the week, peak hours and types of vehicles passing through the facility), City Manager Judie Zimomra said that she would request traffic counts

heading off island, should that data be available.

Ruane added that any potential solutions to manage traffic off the island – either on the mainland or across the Sanibel Causeway – would likely need to consider establishing cooperative interlocal agreements with neighboring cities, chamber of commerce partners and local real estate businesses.

In an effort to move the process of finding a workable solution to easing traffic on Periwinkle, Ruane suggested the group narrow down the field of potential options. Following some additional debate, the group settled upon the following:

**Technology** – Investigating currently available apps (including Waze), adding off-island and causeway signage and real-time traffic cameras.

**Behavior Modification** – Educating visitors on the best time to travel on and off the island, relocating special events off Periwinkle Way, and investigating peak pricing/peak tolling.

**Hardscapes** – Providing additional left turn lanes along Periwinkle, providing additional shared use paths along the northern side of Periwinkle as well as both sides of Palm Ridge Road.

Opening the meeting to public comment, nearly every speaker praised the city for taking the initiative to seek possible solutions to Sanibel's growing traffic concerns. Resident Claudia Burns suggested that social media websites might be the easiest and least costly method for disseminating traffic information. She added that the city should look at what other similar communities have done or are doing to remedy the problem. "We

continued on page 11



Independently Owned And Operated  
COPYRIGHT 2015 Island Sun



PRINTED WITH  
LOW-RUB, SOYBEAN INK

USPS 18: Bulk Rate permit paid for at Sanibel, Florida, 33957  
Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957  
Published every Friday for the people and visitors of Sanibel and Captiva Islands. Distribution: 10,000 - 12,000 per week (seasonal).  
Mailed free to Sanibel and Captiva residents every Friday.  
Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).  
Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, please call (239) 395-1213, or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: (239) 395-2299.  
E-mail: [press@islandsunnews.com](mailto:press@islandsunnews.com)

Read Us Online: [www.IslandSunNews.com](http://www.IslandSunNews.com)

### Co-Publishers

Lorin Arundel & Ken Rasi

### Advertising

George Beleslin

### Graphic Arts & Production

Ann Ziehl  
Kristy See  
Rachel Atkins

### Reporters

Anne Mitchell  
Jeff Lysiak

### Contributing Writers

|                         |                         |
|-------------------------|-------------------------|
| Kimberley Berisford     | Tanya Hochschild        |
| Constance Clancy, ED.D. | Jane Vos Hogg           |
| Suzy Cohen              | Shirley Jewell          |
| Linda Coin              | Audrey Krienen          |
| Tim Drobnyk             | Dr. Jose H. Leal, Ph.D. |
| Marcia Feeney           | Patricia Molloy         |
| Ed Frank                | Capt. Matt Mitchell     |
| Jim George              | Gerri Reaves Ph.D.      |
| Shelley Greggs          | Angela Larson Roehl     |
| Marion Hauser, MS, RD   | Di Saggau               |
| Ross Hauser, MD         | Karen L. Semmelman      |
| Bryan Hayes             | Jeanie Tinch            |
| Craig R. Hersch         | Mark "Bird" Westall     |



From page 1

## Budget

accommodate

- Remove the Ball Park Maintenance Fund capital outlays for ballfield lighting and a storage building from FY2016 and place in FY2017, thereby reducing the General Fund transfer for FY2016
- Add a transfer from the Transportation Special Revenue fund to the General Fund in the amount of \$400,000 for reimbursement of prior year subsidies for transportation expenditures
- Increase the Transportation Fund budget for surplus tolls received from Lee County for the Sanibel Causeway to \$1.5 million from \$1.425 million.

On Tuesday, the council reviewed Recreation Department Director Andrea Miller's proposed options for aligning the recreation center budget with the general fund subsidy. In her memorandum, she submitted:

- Reducing the operating budget (\$36,000)
- Membership, program and rental fee increases (\$60,000)
- Close the Recreation Center on all city holidays (\$12,000)
- Do not offer Youth Summer Camp Program for one week during annual facility maintenance closure (\$5,000)
- Recreation Center Sunday hours of operation remain noon to 5 p.m. year-round (\$5,400)
- Close Recreation Center at 7 p.m. Monday through Thursday during the summer months of June to September (\$3,300)

"The total dollar amount of the items listed above for consideration and city council direction is \$121,700," Miller's memo concluded.

Asked by Vice Mayor Mick Denham how much of a membership increase was being proposed, Miller responded that it was based upon a 10 percent hike, which would increase the annual membership fee from \$157.50 to \$173.25. A 15 percent increase – which would result in

a \$99,000 savings – would increase the annual fee to \$181.13.

"I think the director did an excellent job recommending reducing expenses," said Ruane.

Councilman Chauncey Goss also suggested that rather than an across-the-board 10 percent increase in membership fees, the department look at classes and programs individually, and make adjustments accordingly. Denham made a motion to have recreation center fees for programs, activities and classes adjusted – from zero percent up to 20 percent – with the proposed fee schedule brought back for final approval next month. His motion passed unanimously.

Also, Denham offered that the city look at increasing both beach parking fees and parking violation fines as a source of generating more income for Sanibel. He proposed increasing the hourly parking fee from \$3 to \$4, and requested that City Manager Judie Zimomra bring back an ordinance reflecting the adjusted fees and fines during next month's regular council meeting.

"It's important that these costs that increase tourism shouldn't be covered by our citizens," Denham added.

Goss, speaking in support of Denham's motion, explained that the fees of the city's beach parking lots are a matter of supply and demand. "If our beach parking lots are always full, then they might not be priced right," he said.

The council will conduct the first budget public hearing on Saturday, September 12 at 9 a.m., during which they will discuss and adopt the tentative millage rate and budget. The second and final budget hearing will be held on Tuesday, September 22 at 5:01 p.m.✱

From page 10

## Traffic

might not have to reinvent the wheel," said Burns.

Fellow resident Ralph Clark requested that a sign be placed along Sanibel-Captiva Road for traffic heading off

Captiva, while David Bath suggested an annual traffic management meeting every June "to analyze what works, and eliminate what did not."

Also, resident Karen Storjohann offered that a few "practical solutions" might include requiring delivery trucks to make their business deliveries before 8

a.m. or after 6 p.m., and encouraging island restaurants to promote additional early bird specials, drawing diners toward off-peak hours.

While another joint workshop session wasn't formally announced, Ruane suggested, "If we need to hold a third or fourth or fifth meeting on this, so be it."✱

## FWC Encourages Use Of Divers-Down Flags And Buoys

Whether diving in Pensacola, scalloping in the Big Bend, lobstering in the Florida Keys or seeing the sights below the water's surface in one of the many rivers in the Sunshine State, the Florida Fish and Wildlife Conservation Commission (FWC) wants to remind divers to use a divers-down flag or buoy whenever they are snorkeling or scuba diving.

The divers-down symbol is rectangular or square and red in color with a white diagonal stripe. A divers-down flag displayed on a boat must be at least 20 inches by 24 inches and displayed at a high point where it can be observed from 360 degrees around the vessel. A buoy may not be used or displayed from a vessel. A divers-down flag or buoy, displayed from the water, must be at least 12 inches by 12 inches. A flag must have a wire or other stiffener to hold it open and a buoy can be three- or four-sided.

All divers must prominently display a divers-down flag or buoy in the area in which the diving occurs.

"Proper use and understanding of what a divers-down symbol means is critical," said Lt. Seth Wagner with the FWC's Boating and Waterways Section. "It is meant to alert boaters to the presence of people under the water's surface and to give them plenty of room."

All vessels must make reasonable effort to stay at least 100 feet away from a divers-down flag or buoy within a river, inlet or channel. In open waters, vessels must make reasonable effort to stay 300 feet away. For safety, divers should stay within those same distances of their displayed flag or buoy. A vessel that approaches closer must be fully off plane and at idle speed.

"Divers share the responsibility of boating safety with the boat operators," Wagner continued on page 39



**SANIBEL ISLAND  
GOLF CLUB**

18-holes - \$49 including cart  
9-holes - \$39 including cart  
Families with juniors welcome and encouraged  
Junior under 15 FREE with paid adult  
Juniors 16-17 years of age only \$20 with paid adult

A beautiful and natural setting abundant with wildlife.  
(And not just birdies and eagles)

Annual Memberships, Temporary Memberships,  
Weekly passes, Ten round packages, and Rental Clubs available

1100 Par View Drive – Sanibel Island – (239) 472.2626



**End of  
Summer  
Savings**

**All Furniture , Framed  
Artwork & Lamps!**

Save 50% on all furniture, framed artwork & lamps during the entire month of August. Stop in early to secure a great deal on new items for your home.

**Community  
Thrift Store**

Next to Planet Fitness in  
**Miner's Plaza**  
at the corner of McGregor Blvd. and Gladiolus

15501 Old McGregor Blvd., Suite 2, Fort Myers, FL 33908 **225-6529**  
Open Tuesday through Saturday from 9am to 4pm





Female loggerhead sea turtle

## Donations Needed

CROW is asking for the public’s assistance in feeding a female loggerhead sea turtle that was brought to the clinic in May as a result of a boat strike off the coast of Captiva. The sea turtle’s daily diet consists of 20 blue crabs that cost approximately \$3 a piece. As a nonprofit organization, trying to sustain a weekly food bill of \$400 is challenging. To make a donation, visit [www.crowclinic.org](http://www.crowclinic.org).✧

## Fishing Tournament To Benefit Hope Hospice

The 11th annual Fillet & Release fishing tournament will benefit Hope Hospice, a nonprofit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life’s journey. More than 50 boats will participate in a one-day, light tackle, inshore fishing tournament featuring cash payout based on the number of entries. Anglers will fish for redfish and snook. Additional prizes will be awarded to the angler that catches the largest slot redfish and the mystery fish that weighs the most. The female angler who catches the largest redfish will also receive a cash prize. The tournament will be held Saturday, September 12. Registration is from 6:30 to 7:30 a.m. Fishing hours are from 7 a.m. to 3 p.m. Dinner, awards and raffle prizes will follow at 4 p.m. at Matanzas Inn, 414 Crescent Street on Fort Myers Beach. Cost is \$250 per team, maximum of four anglers per boat. To register, contact Amy Andrew, event chair, at 940-4473 or go to [www.hopehcs.org/Fish](http://www.hopehcs.org/Fish).✧

To advertise in the *Island Sun* Call 395-1213



**THE GREAT WHITE GRILL**

VOTED BEST BEER SELECTION & PLACE TO WATCH THE GAME 2014

FREE PIZZA DELIVERY

29 BEERS ON TAP!

VOTED BEST LUNCH ON THE ISLAND 2012 & 2013

MLB TICKET

**HOME OF THE STEEL CURTAIN PIZZA**

2440 PALM RIDGE RD. SANIBEL  
(239)472-0212 • (239)472-0323

## Shells Found



Miguel Tellez, Sr. with Marlena, Luke and Ace Tellez

Miguel Tellez, Sr., visiting from Sunland Park, New Mexico with his grandchildren – Marlena, 8, Ace, 4, and Luke, 2 – found three alphabet cones and a junonia while shelling at Sunset Beach on Captiva on July 31.✧



Hatchling in egg

## SCCF Nesting Statistics

Sanibel-Captiva Conservation Foundation (SCCF) reported the following sea turtle nesting statistics as of July 31:

|               |                               |
|---------------|-------------------------------|
| Sanibel East: | 114 nests, 288 false crawls   |
| Sanibel West: | 381 nests, 791 false crawls   |
| Captiva:      | 125 nests, 213 false crawls   |
| Total:        | 620 nests, 1,292 false crawls |

Please observe Lights Out For Sea Turtles.

As of July 31, 164 nests have hatched and 11,349 hatchlings have emerged from the islands’ beaches. Sadly, about 43 nests were lost completely to the tide

after the stormy week.  
\*false crawl – a failed nesting attempt  
If you have questions, or would like to know more about nesting stats on Sanibel, contact [seaturtle@sccf.org](mailto:seaturtle@sccf.org) or call SCCF at 472-2329.✧

## Fish Caught



Blake Donnelly

Recent rains closed Sanibel Island Golf Club this past week as many holes were under water. While cleaning up, Blake and Bryce Donnelly, sons of co-owner Drew Donnelly, came across over 100 fish swimming in the flooded 2nd fairway. They grabbed their fishing poles and nets, catching most of the fish and returning them to the large pond beside the fairway.✧



## Enrollment Open At Sanibel Christian Preschool

For the second year, Sanibel Christian Preschool will be offering a 2-year-old class. Teacher Lora Lea Plummer will return, joining director Laura Miltner and teacher of the 3-year-old class, Ana Abella, in providing a quality education in a nurturing environment.

As a ministry of the Sanibel Congregational United Church of Christ, the preschool offers a loving environment where every child is recognized to be a beloved child of God regardless of background. Sanibel Christian Preschool offers financial aid to help parents provide a good start for their youngsters in a program that not only covers the ABCs but also an introduction to fine arts and classical music.

Three-day and five-day per week programs for 2-year-olds are available based on needs. For more information, call 472-0497 or go to [sanibelucc.org](http://sanibelucc.org).



Sanibel Christian Preschool teacher Lora Lea Plummer shows the 2-year-olds in her class the types of vehicles that can travel in water



# Tahitian Gardens

1975 Periwinkle Way

So many options -  
just change the clasp!



Telephone: 239-472-2876  
Toll-free: 800-749-1987

THE CEDAR CHEST  
FINE JEWELRY  
A Sanibel Tradition Since 1929

[www.cedarchestsanibel.com](http://www.cedarchestsanibel.com)



**ADVENTURES IN PARADISE**  
**A.I.P. Outfitters**

Tommy Bahama • ORVIS • Patagonia • OluKai  
Robert Graham • Island Company • GoPro & more!

**Adventures In Paradise Outfitters**  
2019 Periwinkle Way • Sanibel, FL 33957  
[www.TheSanibelStore.com](http://www.TheSanibelStore.com) • 239-472-8236

## Sanibel Sole



**MERRELL**

**KEEN**

**TEVA**

**SPERRY**  
TOP-SIDER

**BM**

bernie mev.

**VIONIC**

**taōs**

FOOTWEAR

Tahitian Gardens • 1979 Periwinkle Way  
Sanibel • 239-395-0385

# Synergy



Life  
is  
good.



♀ Alex and Ani (+) ENERGY  
MADE IN AMERICA WITH LOVE  
Sanibel's only positively authorized dealer!  
Best Selection in Southwest Florida

Synergy Tahitian Gardens • 1981 Periwinkle Way, Sanibel  
239-395-5353 • [www.SynergySportswear.com](http://www.SynergySportswear.com)



# Optimist Club, Friends Who Care Make Donation To CHR

by Jeff Lysiak

Members of the Sanibel-Captiva Optimist Club, along with Friends Who Care founder Tom Louwers, made a formal presentation to Community Housing & Resources (CHR) last Wednesday afternoon, presenting a pair of donations for local youngsters preparing to head back to school.

Each of the 35 children enrolled in CHR will receive \$100 worth of Target gift cards to use toward buying school supplies. Friends Who Care donated \$2,450 to provide 35 gift cards (at \$70 each) while the Optimist Club donated \$1,050 to provide 35 gift cards (at \$30 each).

“School supplies are getting to be more and more, which is a big strain on families who can’t afford them,” said CHR Executive Director Kelly Collini. “These donations are a huge blessing to a lot of families.”

During the check presentation ceremony at CHR’s headquarters, Optimist Club representatives also thanked Island Pizza for providing Free Lunch Fridays.

“Friends Who Care also helps other families and children who aren’t enrolled in CHR,” noted Louwers. “We made back-to-school donations to almost 90 kids last year.”

“It’s really cool that the Optimists and Friends Who Care come together and do this every year,” added Collini. “It’s a great partnership that has provided assistance for families in this community for years. And you can’t go wrong when you’re taking care of children.”✱



Standing from left are Randy Carson, Mark O'Brien, John Talmage, Richard McCurry and Tom Louwers. Seated from left are Dani and Stan Howard and Kelli Collini. photo by Jeff Lysiak

# TRADERS

Gulf Coast Grill & Gifts

## Coastal Cuisine - Raw Bar

## Shopping - Jewelry

Live Entertainment!

Tuesdays - Thursdays

A favorite Island spot, since 1998

**TRADERS HOURS**  
Lunch 11:00 - 2:30 • Happy Hour 3:00 - 6:00 • Dinner 5:00 - 9:00  
Open Monday - Saturday

**239-472-7242**  
1551 Periwinkle Way, Sanibel Island

TradersSanibel.com

# THE GROG SHOP

Your One-Stop for  
WINE • SPIRITS • LIQUEURS  
CIGARS • GIFT ITEMS

**CIGARS! CIGARS! CIGARS!**

One of the Best Selections of Domestic and Imported Wines on the West Coast

Best Liquor Selection on the Islands

Special Orders and Case Discounts

**Walk-in Humidor**

Great Selection of Cigars and Accessories

**Smirnoff Vodka** 1.75 ltr. **\$22.99**

**Bacardi Light or Dark** 1.75 ltr. **\$25.99**

**Johnnie Walker Red** 1.75 ltr. **\$36.99**

**Gordon's Gin or Vodka** 1.75 ltr. **\$17.99**

**Ketel One Vodka** 1.75 ltr. **\$39.99**

**Kendall Jackson Chardonnay** 750 ml. **\$13.99**

**Pighin Pinot Grigio** 750 ml. **\$12.99**

**Kim Crawford Sauvignon Blanc** 750 ml. **\$15.99**

**Rombauer Chardonnay** 750 ml. Reg. **\$42.99 SALE \$39.99**

**No need to leave the island... it's all right here!**  
**Bailey's Shopping Center** (just right of the hardware store)  
Corner of Periwinkle and Tarpon Bay • 472-1682  
Mon.-Sat. 9 a.m. - 9 p.m. Sun. noon - 7 p.m.



## Tarpon Bay Explorers Hosts Youth Fishing Day

**R**ain, rain, go away, come again another day, sang the children from Catholic Charities of Fort Myers on their way to Tarpon Bay Explorers. A downpour in Fort Myers made a day of fishing seem bleak, but luckily, the "Sanibel Bubble" phenomenon held true.

Tarpon Bay Explorers works in collaboration with the JN "Ding" Darling National Wildlife Refuge and the "Ding" Darling Wildlife Society to host a semi-annual youth fishing day. This year, kids from Catholic Charities of Fort Myers were invited. The Catholic Charities Diocese of Venice, Inc is an organization whose mission is to serve struggling individuals and families by guiding them on to the path of self-sufficiency through the help of donors, volunteers and community partners. "The partnership between these interrelated organizations is incredible. The overlap of our missions is to educate people about the environment in which they live. What better way to educate than a day out on the water with a fishing pole in hand," said naturalist and fisherwoman Donna Yetko.

Because of a weather delay, the kids had to jump feet first into their fishing excursion. Some of these kids had never fished before, but learned quickly. Captains and their "Ding" Darling first mates had the children casting and catching fish in no time.



A group photo of all who participated in Youth Fishing Day 2015

A good diversity of fish was caught on each boat. One boat, captained by Adam Sauerland, had an inshore slam. "Once Benaah (one of the young anglers) caught the 20-inch snook, all the kids were ecstatic. Benaah did an awesome job reeling that fish in," said Sauerland. "Everybody was hootin' and hollerin'. I think catching a fish like that was a special experience that instills not only a memory, but hopefully, love and

continued on page 41

**"No Donald, I'll be President and YOU can be Vice-President!"**



**A FISH in Every Pot!**  
**Sushi & Sashimi Thursday - Saturday!**  
**\$1 oysters at The Oyster & Sushi Bar 4-6pm Thursday-Saturday**  
 "We serve it fresh...." *Serving Fresh Fish Since 1978* ....or we don't serve it at all!"

**SANIBEL GRILL**  
 SEAFOWD • SNOWS • SPIRITS  
 Friday is Lobstah Night!

**the TIMBERS**  
 RESTAURANT & FISH MARKET

37 Years of Fresh Fish on Sanibel Island!

**Happy Hour Daily**  
 4:00pm - 6:00pm & 10:00pm - Midnight  
 Restaurant Open 7 Days 4:00pm - Midnight

**13 Dinners for \$15,**  
 before 6:00pm • 7 days  
 Restaurant Open 7 Days 5:00pm - 9:00pm

Oyster Bar Open Thursday - Saturday  
 Fish Market Open at 11am - 9pm (2pm - 9pm Sunday)  
**472-3128 • 703 Tarpon Bay Road • www.prawnbroker.com**  
**\*Winner Best Seafood 2010-2014**

**OPEN TILL 9:30 NIGHTLY**



**MATZALUNA**  
 CRAFT BEER • PIZZA • PASTA

**Sanibel's home for Craft Beer & Wood Fired Pizza!**




**Sweet Onion Pizza**  
 Our crispy crust topped with caramelized onions, spinach, sausage, sundried tomatoes, garlic, goat and Mozzarella cheeses.

matzaluna.net  
**HAPPY HOUR**  
 4-30-6:30  
 7 DAYS

**\$2.50 OFF**  
 The purchase of each adult entree.  
Present this ad to your server. Must be seated prior to 5:30 p.m. Not valid with any other coupon or discount. Expires 08/14/15

**1200 Periwinkle Way (239) 472-1998 Full Liquor**  
**Open 4:30-9:30 pm 7 days • Take Out Available • Gluten Free Pasta**



## Rains Heat Up Fishing



by Capt. Matt Mitchell

**P**revailing southwest winds brought more moisture streaming in from the gulf again this week. This is certainly not an unusual summertime weather pattern,

although it just never seems to stick around quite this long. This unsettled wet weather has cooled off our water temperatures and finally given the sound that typical summer tannin color which the redfish seem to like so much.

After a few months of what has been pretty slow, redfish action for most anglers – redfish of all sizes – just suddenly appeared in all the usual places. The combination of big high tides, southwest winds and dirty water made for a daytime redfish set-up. Areas in the southern sound produced redfish

as big as 34 inches for my clients this week. Cut baits and live tail hooked pinfish fished tight up under the mangroves all got it done. Other anglers fishing in the middle to northern sound also reported much of the same flip of the switch and sudden turn on of the redfish bite.

Daytime shark fishing also went off this week. During a morning half-day trip late week, we went to a favorite natural channel I target sharks in up by Pineland. We spent the whole four-hour trip there, with a hook-up basically every 15 to 20 minutes. Most of the sharks were large lemons in the five- to seven-foot range. This is easy fishing action and just requires a large fresh cut bait and medium heavy spinning gear. Many anglers have never done battle with a 100-pound plus fish that you have to chase down with the boat. Sharks just make everyone happy.



A 34-inch redfish caught and released while fishing with Capt. Matt Mitchell this week

Targeting trout out on the open flats this week was also really good action. Popping corks and live shiners made for non-stop bent rods while fishing in the middle sound. Areas from Demere Key to Captiva Rocks in three- to five-foot depths were the most productive for me this week. Sure, there are lots of under-sized trout in this mix but with one out of every five trout being a keeper, it did not take long to get a limit.

Keep your eyes open for the little blacktip sharks that will swim right up to the boat while you're catching these trout, flip 'em a bait and watch it eat. Mangrove snapper fishing was fast paced too, with these fish still all over. Even while fishing on the open flats, don't be surprised to start catching

keeper-sized "mangs." Live shiners are also the bait of choice for these fish.

All this rain has really been a good thing to really kick up our fishing. Just a drop of a few degrees in water temperature seems to have made all the difference.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).*✱

## Send Us Your Fish Tales

**T**he *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

## CLEAR YOUR GEAR It Catches More Than Fish



Barbless hooks cause less damage than hooks with barbs



## BOAT RENTALS

Fishing • Cabbage Key  
Dolphin Watching  
Captains Available

**472-5800**  
Jensen's Marina  
Captiva Island

1. *Sanibel Flats* by Randy Wayne White
  2. *Ten Days in Paradise* by Linda Abbott
  3. *Lighthouse Point* by Lisa Poston Murphy
  4. *Dead Wake* by Erik Larson
  5. *Land of Stories: Beyond the Kingdoms* by Chris Colfer
  6. *Hunter's Moon* by Randy Wayne White
  7. *The Good Girl* by Mary Kubica
  8. *The Storied Life of AJ Fikry* by Gabrielle Zevin
  9. *The Little Paris Bookshop* by Nina George
  10. *Dead Silence* by Randy Wayne White
- Courtesy of Sanibel Island Bookshop.*✱

## ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE  
SUZUKI – YAMAHA – OMC – I/O'S – MERCURUISER

*Courteous Professional Marine Repair Service • Dockside Service  
Serving Sanibel & Captiva For Life*

**472-3380 • 466-3344**

**Your Bottom  
Specialist  
Call on Paint Prices**



Dave Doane



# DOC FORD'S

## RUM BAR & GRILLE

**AWARD  
WINNING**  
Flavors From The  
Caribbean Rim!



### Sanibel Island



975 Rabbit Rd.  
Sanibel Island, FL 33957  
239.472.8311

### Ft. Myers Beach



708 Fisherman's Wharf.  
Ft. Myers Beach, FL 33931  
239.765.9660

### Captiva Island



South Seas Island Resort  
Captiva Island FL 33924  
239.312.4275

**Visit Us Online @ [www.DocFords.com](http://www.DocFords.com)**

**f** Live Music & Happy Hour Available - Details online! **📷**



TheBeachedWhale.com



239-463-5505 | 1249 Estero Blvd.

**Live Music**  
Nightly!

**Happy Hour**  
Mon-Fri 2-5pm

**We've Got  
Your Game!**



## Shell Of The Week

## Atlantic Petricolid



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The Atlantic petricolid, *Choristodon robustus* (GB Sowerby I, 1834), is an inch-long clam

belonging to the venus clam family veneridae. The species is found from North Carolina to Brazil.

Shells of other members of the venus clam family, such as the southern quahog, the sunray venus and the cross-barred venus, to name a few, are commonly found along the beaches and bays of Southwest Florida. This is not the case with the shells of the Atlantic petricolid: the species is present in the area, but will be found only inside limestone rocks, coral skeletons, and larger shells.

An Atlantic petricolid bores into these structures using its cheese grater-like shell combined with some chemical dissolution. Learn more about the Atlantic petricolid at <http://shellmuseum.org/shells/southwest-florida-shells/choristodon-robustus>.

#### Shell Museum Events

Daily Island Inn Morning Beach Walks (advance booking required): Join



Shells of the Atlantic petricolid. On left, from Sanibel, on right, from Búzios, Brazil.

photo by José H. Leal

our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults/ \$7 for children and includes half-off museum admission. Parking at Island Inn is free for beach walk participants. Space is limited so book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. (current Island Inn guests: please book through the inn).

Daily Tank Talks, 11:30 a.m. and 3:30 p.m.: Our marine biologists offer

insights into the fascinating world of mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and entertaining look at gem-quality shells.

Tuesday at 1:30 p.m.: Shell BINGO: Learning has never been so fun.

Wednesday at 1:30 p.m.: Mid-Day Tank Talk with a marine biologist.

Thursday at 1:30 p.m.: Shell ID Clinic – Bring in mysterious finds to be identified by an expert.

Friday at 1:30 p.m.: Marine-themed

arts and crafts – Create art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO! Visit [shellmuseum.org](http://shellmuseum.org) for potential schedule changes.

The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✱

If our seafood were any fresher,  
we would be serving it under water



Four  
Great  
Locations!

Lazy Flamingo, Inc.  
6520-C Pine Avenue  
Sanibel, FL 33957  
239-472-5353

Lazy Flamingo 2, Inc.  
1036 Periwinkle Way  
Sanibel, FL 33957  
239-472-6939

Lazy Flamingo 3, Inc.  
16501 Stringfellow Rd  
Bokelia, FL 33922  
239-283-5959

Lazy Flamingo 4, Inc.  
12951 McGregor Blvd.  
Ft. Myers, FL 33919  
239-476-9000

## The JACARANDA

Seafood • Steaks • Spirits

**HAPPY HOUR**  
DAILY 5 TO 7  
1/2 Price Drinks  
& Happy Apps

Cocktail Lounge • Live Music  
1223 Periwinkle Way • Sanibel Island • 239-472-1771  
[www.JacarandaOnSanibel.com](http://www.JacarandaOnSanibel.com)

**CHILDREN'S  
MENU  
AVAILABLE**



## Storms Brings Reptile Show To Sanibel Library



John Storms brings out the highlight of his reptile show, a 16-foot long albino Burmese python named Jessie, during his visit to the Sanibel Public Library last Tuesday afternoon  
photos by Jeff Lysiak




Storms told the crowd that the red-tailed boa constrictor comes from South and Central America



Youngsters react to seeing the crocodile at John Storms' World of Reptiles Show

## BAILEY-MATTHEWS NATIONAL SHELL MUSEUM




### Exotic Shells From Around The Globe

**Daily Guided  
Beach Walks**  
(Depart from Island Inn)

\$10 adults/ \$7 kids  
**Advance Booking Required**

Book online or call (239) 395-2233

Includes  
Half-off Museum admission!







**Live Tank Talks  
Every Day**  
11:30 a.m. & 3:30 p.m.  
*Meet the Mollusks!*

**Daily Activities!**

**World  
Record-Size  
Shells!**





**Children's Lab  
&  
Scavenger  
Hunt!**

Museum open 7 days a week, 10 a.m. to 5 p.m.  
3075 Sanibel-Captiva Rd, Sanibel • (239) 395-2233  
**shellmuseum.org**





Reid Goss teaches canoe paddling to Sanibel Sea School students

# Calusa Week At Sanibel Sea School

submitted by Elly Rundqwist

Years ago, our islands were home to a fierce and storied tribe of warriors – the Calusa. They were

an ocean people, scavenging and living off the water. Last week at Sanibel Sea School, we stepped back in time to join them. Campers explored the island from a new perspective, imagining they were Calusa warriors as they canoed along the mangroves and seined for fish and other sea creatures. We made bold masks and painted them with ancient ocean symbols, and we used palm material to weave our



Campers build totems at the Bailey Tract during Calusa Week

own rope, plates and nets. On Thursday, we held our traditional Calusa Week Totem Competition. Each camp tribe created four totems using natural items collected throughout the week to please the gods of fishing, clothing, cooking and shelter. To bring the week to a close, we competed in our surf paddling race and played Capture the Fish. Calusa week is always a favorite, and this year's was definitely one to remember. Sanibel Sea School is a 501(c)3 marine conservation nonprofit whose mission is to improve the ocean's future, one person at a time. For more information, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org).

## Shell Found



Kylie Seraphine

Kylie Seraphine from Louisville, Kentucky was shelling on Sanibel Monday, July 27 and found the rare junonia.

To advertise in the  
*Island Sun*  
Call 395-1213

*Dine on Captiva with Colorful Water Views*

**THE GREEN FLASH**

Open Daily: Lunch: 11:30am to 3:30pm  
Dinner: 5:30pm to 9:30pm  
15133 Captiva Dr.  
Captiva Island, Florida 33924  
(239) 472-3337

*A Captiva Island Tradition Since 1976*  
*Come by Land... or Come by Sea...*

**The Mucky Duck**  
Since 1976

Lunch 11:30 AM 'til 3:00 PM  
Dinner 5:00 PM 'til 9:30 PM  
Open 7 Days  
Open all day for beer & wine  
472-3434 • [www.muckyduck.com](http://www.muckyduck.com)

New York City

**IL TESORO RISTORANTE**  
FINE ITALIAN CUISINE  
*inspired by Island Fare in a bistro style*

**VOTED "BEST CHEF"**  
BEST OF THE ISLANDS AWARD

TASTE OF THE ISLANDS  
**IRON CHEF WINNER**

"Fresh ingredients, simplicity, love...  
the recipe for a treasured dining experience"  
– Chef/Owner AJ Black

**2011 BEST OF THE GULF SHORE**

751 Tarpon Bay Road  
Sanibel Island, FL  
Reservations Suggested  
[www.ilterosoro.net](http://www.ilterosoro.net) • 239-395-4022



## CROW Case Of The Week:

## Nursery News



by Patricia Molloy

**B**aby care is a substantial portion of the rehabilitation work performed at CROW. Each year, the wildlife clinic treats hundreds of orphaned, abandoned and injured baby bun-

nies, squirrels, opossums and raccoons, in addition to ducklings, songbirds, fuzzy owlets, raptors and the occasional tiny turtle. The team of staff members, students and volunteers works around the clock to administer species-specific diets and critical medications while providing environments in which the youngsters will thrive.

The raccoon room contains a number of little bandits that chatter day and night. They are generally orphaned; incidents of rabies and distemper are low in baby raccoons. They are also tube fed and/or bottle fed a milk supplement until they transition to solid meals similar to those fed to the opossums.

The avian nursery, which is perpetually at capacity, currently houses dozens of tiny patients, most of which arrived with light, downy feathers. Lined with incubators, the shelves of the room also contain tall stacks of clean towels and old news-

papers. Volunteers, staff and students move quickly and efficiently from one hungry bird to the next, meticulously recording individual body weights and dietary requirements. Each cage and carrier must be disinfected daily to minimize the possibilities of spreading germs. As soon as each patient has been fed, the team begins the well-choreographed routine once again.

Baby eastern gray squirrels are often kept in the baby bird room due to space and convenience. Three to four times per day, the tiny squirrels are tube fed Fox Valley formula, a milk replacer specifically designed for baby squirrels, eastern cottontails and opossums. Once the healthy squirrels are weaned and can eat soaked monkey biscuits, vegetables and fruit, they will be transferred outside. Many wild critters are mature enough to survive on their own at three months of age.

It takes weeks or months for the babies to mature enough to survive in the wild. With the hospital admitting more and more young patients each day, please help CROW in its mission to save local wildlife by donating items from the clinic's wish list: paper towels,



This young squirrel is just learning to eat on his own and loves soaked monkey biscuits

Purina ONE Kitten Chow, Purina Puppy Chow (no colored chunks), wild bird seed, bleach, fragrance-free laundry detergent, new or gently used bath and hand towels, red heat lamps (250W), garbage bags (42 gallons) and ceramic crocks of all sizes (ramekins, etc.).

CROW (Clinic for the Rehabilitation

of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crowclinic.org](http://www.crowclinic.org). ✨



# Sanibel Marina





## Ireland Yacht Sales

"Dedicated to Yachting Excellence"

# Gramma Dot's

# SANIBEL THRILLER CRUISES



SEASIDE DINING

***Taste of the Islands "People's Choice Award"***

***Winner Seven Continuous Years***

**Lunch & Dinner**

**472-8138**

SANIBEL MARINA

**634 N. Yachtsman Drive • [www.sanibelmarina.com](http://www.sanibelmarina.com)**



- Sanibel and Captiva Islands' Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins

239.472.2328 • [www.sanibelthriller.com](http://www.sanibelthriller.com)

Reservations are required • Also Available for Private Charters

Departing from Sanibel Marina  
634 N. Yachtsman Dr. • Sanibel Island






# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, August 7 and Monday, August 10, 11 a.m.,** \$7 included with admission – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy.

This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Tuesday, August 11, 11 a.m.,** \$7 included with admission – Patient Profiles: Birds of Prey, presented by CROW staff.

Raptors are predators whose specialized beaks and talons make them some of the most effective hunters, and Florida is home to both native and migratory species. Join CROW's staff to learn more about these majestic birds and how their injuries or illnesses are treated at the hospital.

**Wednesday, August 12, 11 a.m.,** \$7 included with admission – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conser-

vation medicine and wildlife rehabilitation, and share their favorite patient stories.

**Thursday, August 13, 11 a.m.,** \$7 included with admission – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

**Friday, August 14, 11 a.m.,** \$7 included with admission – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach

you about safe interactions with wildlife in the community.

**Friday, August 14, 2 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1-1/2 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13.\*

## LCEC Sponsors Lee County Day At The Shell Museum

LCEC will provide The Bailey-Matthews National Shell Museum with a \$2,000 environmental funding award to help with the first-ever Lee County Day. Lee County Day will take place on Thursday, August 20 at The Bailey-Matthews National Shell Museum on Sanibel. On Lee County Day, local children (18 years and younger) will receive free admission to the museum with parents admitted at half-price. This event will include a variety of family-friendly activities and programs including a WaterVentures Mobile Science Lab filled with water-related exhibits and hands-on water tanks.

To apply for an environmental funding award from LCEC, organizations can email [pr@lcec.net](mailto:pr@lcec.net) to receive an application. The deadline for 2015 award applications is September 1.

Interested organizations must meet certain criteria to be considered for the award including being located within LCEC service territory, funding utilized for projects/programs related to the environment and the utility industry, and having a demonstrated need for funds. This funding award is just one of the many ways that LCEC positively impacts and supports wildlife and the environment

The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. For more information, call 395-2233 or visit [shell-museum.org](http://shell-museum.org).\*



The Bailey-Matthews National Shell Museum

# Rene's Jewelry

472-5544

Email your editorial copy to: [press@islandsunnews.com](mailto:press@islandsunnews.com)

Are you a Frequent Piezer yet...

**239-47BEACH**  
(239-472-3224)  
[www.beachpiez.com](http://www.beachpiez.com)

**2441 Periwinkle Way**  
In Bailey's Shopping Center

Monday - Thursday 11am - 9pm • Friday - Saturday 11am - 10pm  
Sunday 12pm - 8pm

## Pizza Subs Drinks

Fresh from the oven waiting for you

For when you need a sub

Water and Coke products

Delivery to job sites, businesses AND beach access from open to close!



## Plant Smart

## Beach Naupaka

by Gerri Reaves

Beach naupaka (*Scaevola taccada*) has the dubious distinctions of being listed as a category-1 invasive species by the Florida Exotic Pest Plant Council (FLEPPC) and as a noxious weed by the state of Florida.

This native of the Indian and Pacific Ocean region is said to have been introduced to Florida in the mid-1970s from Hawaii.

Years later, “documented ecological damage” shows that it has altered native plant communities by “displacing native species, changing community structures or ecological functions, or hybridizing with natives,” as the FLEPPC defines a category-1 species.



**Invasive beach naupaka threatens native species such as inkberry and sea lavender** photos by Gerri Reaves



**The similarity of beach naupaka's “half-flowers” to those of inkberry can cause misidentification**

Specifically, beach naupaka threatens the native inkberry (*Scaevola plumieri*), which is now listed as threatened in the state, as well as sea lavender (*Argusia gnaphalodes*), listed as endangered in the state.

Inkberry is particularly valuable in stabilizing sand dunes and providing bird habitat. Unfortunately, the larger and faster-growing invasive plant easily displaces it. Exacerbating the problem is the difficulty of telling the two species apart. Thus, the invader is often mistakenly sold as the native.

Among the similarities are the tubular flowers.

The five lobes create a fan shape with the petals partially fused at the base. This inspires another of beach naupaka's common names, Hawaiian half-flower.



**The invader's white fruit distinguishes it from inkberry, which produces dark fruit**

However, there are several distinguishing characteristics, mainly beach naupaka's white fruit versus inkberry's purple-black berries.

Another difference is overall size. The invasive species is larger, bushier and can reach 16 feet in height, while the native usually reaches only four or five feet high.

Also, beach naupaka's leaves are longer – up to eight inches long and bunching at the branch tips – whereas inkberry's spatulate leaves are two to four inches long.

If you're shopping for inkberry, purchase it from a reputable native nursery to be sure you don't end up taking an invader home by mistake.

Sources: floridata.com, and ifas.ufl.edu.

*Plant Smart explores the diverse flora of South Florida.* ✨

Tropical Outdoor Patio Seating



**Sanibel's  
Most  
Award Winning  
Restaurant**

**Come Try our NEW Cowlicious  
Breakfast, Lunch & Dinner Specials**

Fun "new" Moo Wear for all ages



We Proudly Brew



Always Fresh  
...Always Fun!



**GET CRABBY AT THE COW**  
**WITH OUR FAMOUS STONE CRABS**  
1/2 lb & 1 lb. quantities • Appetizers & Full Dinners  
"Best Prices On The Planet"

Always Fresh  
...Always!



Serving Breakfast, Lunch and Dinner 7 days a week.  
Snacks In-between • Live Music! • Outdoor Seating



**LIVE  
MUSIC**





Sanibel-Captiva Art League

Exhibit At The  
Sanibel Library



Marie Hochschild

As part of its goal to provide encouragement, enrichment and education in the visual arts to the community, the Sanibel-Captiva Art League members present their paintings in the Sanibel Public Library. This annual art show is not juried and the artists have an opportunity to exhibit work that is colorful, creative, expressive, experimental and unique. Some of the work is decorative and can be hung in a collector's home or business, used as a corporate investment or given as a gift. Other paintings represent intriguing insights into the artists' interpretations of a variety of subjects.



Bea Pappas



Mary Jane Keys



Sue Kirchner



Martha Graham



Carolyn Johns

There are paintings hanging throughout the library including the newly-expanded computer and media area. In addition to the art league exhibit, the library has an impressive display of shells, exquisite award-winning shell craft, display cases with collections and glass sculpture. Call 472-2483 or log on to [www.sanlib.org](http://www.sanlib.org) for hours and to find out what the library offers to both residents and visitors. For more information about the Sanibel-Captiva Art League, write to PO Box 1192, Sanibel FL 33957 or log on to [www.sancapart.com](http://www.sancapart.com).



**OPEN DAILY  
11-10**

**\$9.99 LUNCH SPECIALS M-F**  
NIGHTLY DINNER SPECIALS



1523 Periwinkle Way • Sanibel Island  
472-7770  
[www.thefishhouserestaurants.com](http://www.thefishhouserestaurants.com)



**Island Restaurant**

*Enjoy Indoor & Outdoor Dining  
in a casual and friendly atmosphere.*

**Lunch & Dinner**  
11 a.m. to 9:30 p.m.  
**Happy Hour Daily**  
4 to 6 p.m.

Reservations Accepted  
**239-472-0223**

**2055 Periwinkle Way**  
**Sanibel, FL 33957**  
*Located in the Forever Green  
Shopping Center next to Eileen Fisher*  
**www.CipsPlace.com**





# Welcome to Jerry's of Sanibel



Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Jerry's Restaurant.

There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds!

Stop by and say hello!

Regards,  
Jerry's of Sanibel  
1700 Periwinkle Way,  
Sanibel Island, FL 33957

## ARTS & CRAFTS

Fax 239.472-1658

Toll Free 866.746.6574 • 239.472-6776

Hours:  
9 a.m. to 9 p.m. 7 days

## make salmon your main dish

..... Thur., 8.6.2015 - Wed., 8.12.2015

Farm Raised  
**Salmon  
Fillets**

save  
1.00/lb.

**11<sup>99</sup>**  
lb.



Fresh  
Plump  
**Blueberries**  
1 Pint

save  
1.00

**3<sup>99</sup>**



Sunset Salsa  
**Fresh  
Salsa**  
Assorted Varieties,  
Refrigerated,  
15 oz.

**3<sup>99</sup>**



Boars Head  
**Oven-gold  
Turkey  
Breast**

save  
1.00/lb.

**10<sup>99</sup>**  
lb.



Boars Head  
**Wisconsin  
Sharp  
Cheddar  
Cheese**

save  
.50/lb.

**9<sup>99</sup>**  
lb.



Premium summer favorites!

Landshark, Pacifico  
or Stella Artois  
**Beer**  
Assorted Varieties, 12 Pack

**15<sup>99</sup>**

follow us on f



(239) 472-9300

1700 Periwinkle Way  
Sanibel Island, FL  
Open 6AM - 10PM  
[jerrysfoods.com](http://jerrysfoods.com)

**JERRY'S**  
Foods

At Periwinkle & Casa Ybel





**Florida Fruit Salad with Lime and Honey**

- 2 mangoes, peeled and diced large
- ¼ seedless watermelon (depending on size), peeled and diced large
- 1 pint blueberries, rinsed
- ¼ cup fresh mint, hand torn
- 2 limes, juiced
- 2 tablespoons honey
- 1 small pinch sea salt
- Fresh citrus for garnish, sliced

In a medium-sized mixing bowl, add lime juice, honey and salt. Stir the lime juice mixture to get the flavors working. Add all of the rest of the ingredients, and gently stir ingredients to combine. Keep fruit salad refrigerated until use. This dish can be made a day ahead. Garnish fruit salad with fresh sliced citrus.✱



Florida Fruit Salad with Lime and Honey

**BEST TAKE-OUT  
ON THE ISLANDS**

**Old-Fashioned  
Broasted Chicken**



Take-Out or Delivery  
239-472-2534

2496 Palm Ridge Rd. Sanibel Island



Open Daily  
11am to 9pm



**IL TESORO RISTORANTE**

FINE ITALIAN CUISINE

Open 7 days a week

751 Tarpon Bay Road • 239.395.4022

Fresh fish, meat, and pasta dishes, rated best wine list  
on the island, famous coconut tiramisu  
Menu at: [www.iltesoronet](http://www.iltesoronet)

[www.facebook.com/iltesorosanibel](http://www.facebook.com/iltesorosanibel)

**The Sanibel Sprout**

**Vegan Cafe and Juice Bar**

Open 8:30 am to 7 pm  
Monday through Saturday  
239-472-4499

[www.sanibelsprout.com](http://www.sanibelsprout.com) Follow Us On facebook: The Sanibel Sprout

2463 Periwinkle Way  
in the Bailey's Center

Gourmet vegan cuisine

100% organic and non-GMO

Catering and special orders welcome

Sanibel's original fresh juice and smoothie bar

Open for breakfast, lunch and dinner



**Gramma Dot's**

The Only Dockside Dining on Sanibel

Located at the Sanibel Marina

Specializing in Local Seafood

We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running

472-8138



**FULL DELI, BAKERY  
DAILY LUNCH SPECIALS  
COLD BEVERAGES**

Call us for your cookout, picnic  
and party needs. We'll take care of you!

Corner of Periwinkle Way & Tarpon Bay Road

472-1516

**Sanibel Deli & Coffee  
FACTORY**

**BOARS HEAD MEAT!  
FROZEN YOGURT &  
ICE CREAM**

**PIZZA & WINGS**

CALL AHEAD 472-2555

Across from  
CVS in  
Palm Ridge Place

~ OPEN ~ Mon. 7am-3pm  
Tues. Wed. & Thurs. 7am-8pm  
Fri & Sat. 7am-9pm  
Sun. - Seasonal



ORGANIC JUICES, FRESH SMOOTHIES,  
COFFEE HOUSE, HEALTHY EATS AND GIFTS.

P: 239.312.4085

2003 PERIWINKLE WAY  
SANIBEL ISLAND, FL

LOCATED IN TAHITIAN GARDENS PLAZA

[www.loveamongtheflowers.com](http://www.loveamongtheflowers.com)  
Daily Hours M-Sat. 10-6



**Restaurant & Deli**

Daily Lunch Specials • Salad Bar • Take-Out  
or Eat In • Breakfast • Lunch • Dinner

Open Daily 6 a.m. - 10 p.m.

CALL FOR  
DAILY SPECIALS  
472-9300

Monday - Thursday  
11am - 9pm  
Friday - Saturday  
11am - 10pm  
Sunday  
12pm - 8pm

239-47BEACH  
(239-472-3224)

[www.beachpiez.com](http://www.beachpiez.com)



Pizza  
Subs  
Drinks

2441 Periwinkle  
Way

In Bailey's Shopping Center



## Book Review

## Go Set A Watchman



by Di Saggau

To read or not to read *Go Set A Watchman* is a question facing some readers today. Yes, the book has set all kinds of records with pre-sales and books are still flying off the shelves for those with curious minds, yet a few people I have talked to are afraid the book will tarnish their image of Atticus Finch. They want to remember him as he was in *To Kill A Mockingbird*. While I respect their opinions, I do not understand not wanting to read the book. It's a part of literary history. *Watchman* is both a prequel and a sequel to Harper Lee's magnificent *Mockingbird* and, in my opinion, does not really tarnish anyone's reputation.

*Mockingbird* was set in the 1930s and *Watchman* in the 1950s. Atticus is now an older man in his 70s and Jean Louise "Scout" is 26. She returns home to the same fictional Alabama town, Maycomb, during a brief break from her life in New York City. It's a rude awakening when she learns her attorney father was a card carrying member of the KKK. Atticus explains that he joined only to learn



which townsfolk belonged to the organization. He is still revered for defending a black man falsely accused of rape some 20 years earlier. At age 6, Scout didn't realize her father was a firm believer in traditional Southern society. The compassion he showed for Maycomb's black residents was rooted in paternalism. She becomes disillusioned with her father when she sees him attend a meeting of the town's pro-segregation Citizen's Council and lashes out at him with verbal accusations that made me flinch.

The Civil Rights Movement is under-

way in Maycomb and the residents are not yet ready for all the proposed changes to their way of life. The book gives an accurate depiction of this time period. *Watchman* has some stunning passages and even some humorous situations. When one realizes that this was the first draft of *Mockingbird* and that Lee's editor pressed her to focus on Scout as a young girl watching Atticus defend a black man at trial, *Watchman* takes on an entire new meaning. It provides a glimpse into the writing of *Mockingbird*. To quote one reviewer, *Watchman* provides a deeper reading of the South's racial politics. It won't ever be loved as *Mockingbird* is, but this second-ever Harper Lee novel proves to be a pleasure, revelation, and genuine literary event." I thoroughly agree.\*

**SALE**

**whims**

**Wearables  
Gifts  
Art**

2451 Periwinkle Way • Bailey's Center  
**239 • 313 • 0535**  
whimsonperiwinkle@gmail.com  
**Mon - Sat 10am-5:30pm**



ISLAND LAW OFFICE OF  
**JANET M. STRICKLAND**  
P.A.

**Wills, Trusts & Estate Planning  
Probates & Estates  
Business & Corporate Law**

Member of The Real Property,  
Probate & Trust Law Section of The Florida Bar  
Lee County Bar Association  
AV Rated by Martindale-Hubbell  
BBB Accredited Business Rated A+

**25 Years Experience**

**(239).472.3322**

Behind The Village Shops  
2340 Periwinkle Way, Suite J-1, Sanibel FL 33957  
www.jmslawyer.com



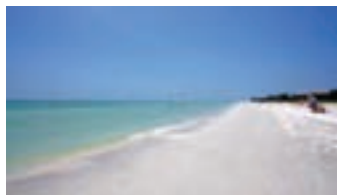
**More info on SanibelSusan.com**

**472-HOME (4663)  
888-603-0603**

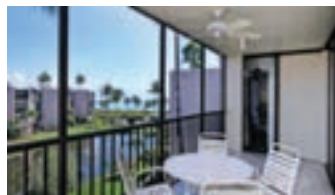
**2242 Periwinkle Way  
Sanibel Square Suite 3**



**5743 Baltusrol Ct** Stunning 3+bedrm w/den overlooking golf course & lake in Sanibel's only private golf community. Adjoining lot available too \$1.45M



**Sanibel Surfside #123**  
Gulf-front east-end 2nd floor  
2 bedrm right on beach &  
rental income \$874K



**Sundial #R401**  
Top-floor fully-remodeled  
2 bedrm w/den & this view  
of courtyard to beach \$824K



**597 Lake Murex Circle**  
Near-beach lake-view  
split-plan pool home w/  
vaulted ceilings \$749K



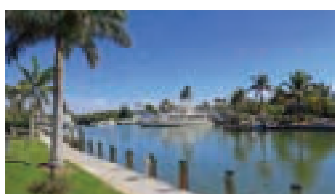
**837 Limpet Dr**  
Build here...over 1/2 acre in  
Shell Harbor w/view of  
intersecting canals \$749K



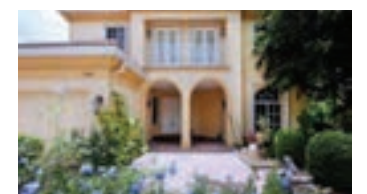
**Sand Pointe #122**  
Gulf-view 2 bedrm w/new  
kitchen, updated baths, &  
rental income \$749K



**Sundial #O201**  
Updated 2 bedrm w/den  
(3rd sleeping area) plus  
excellent income \$699K



**Boating, Fishing Pier, Pools, Tennis, On-Site Manager & More at Mariner Pointe**  
Beach access too. Take your pick—expanded 2-bedrm floor plans: #842 2nd floor w/wide bay view & private entry deck \$499K; #811 ground-level with views of bay & canal \$499K; #332 2nd floor also w/private entry deck w/marina views \$480K



**8800 Paseo de Valencia St**  
Lakeview 5-bedrm home in  
amenities community just  
off-island \$549K



# Center 4 Life Hosts Retirement Party For Reed

by Jeff Lysiak

After 10 years of service with the City of Sanibel, Center 4 Life receptionist Carol Reed was surprised with a retirement party last Wednesday thrown by her friends, co-workers and members of the Island Seniors.

Formerly the receptionist at Sanibel City Hall for nine years, Reed was feted by more than two dozen well-wishers at the party, which included a cook-out luncheon featuring hot dogs, baked beans, potato salad,



Friends and co-workers gather around Carol Reed during her retirement party on July 29

photos by Jeff Lysiak



Carol Reed received a bouquet of flowers and cards from her friends at the Center 4 Life

chips and other refreshments.

“Carol’s very thoughtful and very caring,” said Trish Philips, program administrator at the Center 4 Life. “When you talk with her, she’s very interested in learning about you. That’s probably why she’s so well liked here.”

Reed, who noted that her retirement plans include traveling, both domestically and internationally – her daughter and family live in Prague – and spending time tending to her many hobbies – sewing, reading, genealogy and jewelry-making.

“First I’m going to go to Indiana... I bought a one-way ticket,” said Reed. “Then, I’ll be coming back part-time. I plan on traveling around Florida like a tourist, visiting sites that I didn’t get to see when I was working.”✧

## Four Sanibel-Captiva Properties Under New Management Brand



Jeff Shuff, chief financial officer; Doug Babcock, vice president and chief operating officer; Rene Affourtit, chief administration and human resources officer; and Tony Lapi, president and chief executive officer

Four Sanibel and Captiva Islands properties have united under the newly-named management company Sanibel Captiva Beach Resorts. Formerly Rochester Resorts, Tween Waters Inn Island Resort & Spa (Captiva), Castaways Beach and Bay Cottages (Sanibel) and Beachview Cottages (Sanibel) have joined with West Wind Inn (Sanibel) to form this resort and property management group.

West Wind Inn held many of the same shareholders as Rochester Resorts, making it a logical decision to merge with Tween Waters Inn, Beachview Cottages, and Castaways Beach and Bay Cottages. By combining all properties under the same organization, Sanibel Captiva Beach Resorts will be able to share resources and combine efforts to provide guests a greater variety of accommodation options and experiences.

“Overall, the properties will maintain their own uniqueness, while working toward a common goal and mission,” says President and CEO of Sanibel Captiva Beach Resorts Tony Lapi. “We strive to provide a great island experience with value that results in a desire to return. That is and will remain consistent across all four properties and any additional properties we acquire.”

Originally founded as Rochester Realty in 1973, the name was changed to Rochester Resorts in 1979 when Beachview Cottages was purchased to join with the flagship property Tween Waters Inn. Castaways cottages joined Rochester Resorts in 1982 and merged with the marina cottages at Blind Pass in 1990 to form the Rochester Resorts management group known for over 25 years. With the addition of West Wind Inn in 2015, the executive team at Rochester Resorts changed the management name to Sanibel Captiva Beach Resorts to represent the island brand all four properties share. Sanibel Captiva Beach Resorts is led by Tony Lapi, president and chief executive officer; Doug Babcock, vice president and chief operating officer; Jeff Shuff, chief financial officer; and Rene Affourtit, chief administration and human resources officer.✧

# When Fair Is Foul And Foul Is Fair

A Free Educational Seminar  
On Copyright Basics & The Use Of  
Publicly Available Materials

The presenter, Rich Vermut, is an intellectual property attorney at Rogers Towers, P.A., a statewide law firm.

**Monday August 24  
10AM - 11AM**

The Alliance For The Arts

**10091 McGregor Boulevard**

Just South Of Colonial BLVD., Fort Myers

Reservations and Information 425-1760

The seminar is sponsored by





# PALM RIDGE PLACE

Take Out



**OPEN SUNDAYS**

Sanibel's Favorite Delicatessen

**Open 7 Days**

**Breakfast, Lunch & Dinner & Later**

We Cater! • Gluten Free Options

Serving Pizza & Wings

Frozen Yogurt & So MUCH MORE!

**NOW OPEN FOR INDOOR SEATING**



**WINNER**  
Best Pizza  
Taste of the Islands



**239-472-2555**



**BOAR'S HEAD**



[www.sanibeldeli.com](http://www.sanibeldeli.com)



Serving Sanibel & Captiva Islands for 36 years



Main Showroom:  
2330 Palm Ridge Rd.  
Sanibel, FL 33957  
P: 239.395.2525  
F: 239.395.2373

**MOHAWK**  
**HunterDouglas**  
HUNTER DOUGLAS  
PRIORITY DEALER

Furniture Accessories  
Window Treatments  
Plantation Shutters  
Custom Upholstery  
Countertops  
Backsplashes  
Kitchen Remodeling  
Bathroom Remodeling  
Flooring  
Painting

**LARGEST SHOWROOM ON SANIBEL ISLAND**

License #RS-12268 / License #RS-11918



Sanibel's First Beauty/Barber est. 1951

**Free tube of Gel with a shave and a haircut or Beard trim and a haircut!**

(239) 472-1111  
SanBeautys@aol.com  
[www.SanibelBeautySalon.com](http://www.SanibelBeautySalon.com)

## Big News

**Pak 'N' Ship**  
and

**ISLAND**  
Business Center  
& Office Supply

**HAS MOVED**

**10% OFF Shipping With Ad**

2330 Palm Ridge Rd.  
Sanibel, Florida 33957  
Tel. 239.395.1220  
Fax 239.395.0958  
(Across From CVS)  
[Sanibel@paknshipsanibel.com](mailto:Sanibel@paknshipsanibel.com)

**2330 Palm Ridge Road,  
Sanibel Island, FL  
(across from CVS)**



Breakfast  
Lunch  
Dinner  
Desserts  
Kid's Menu  
Carry-Out



**AWARD WINNING**

**Taste of the Islands**

**1<sup>ST</sup> PLACE - TASTE OF THE TASTE  
BEST CARRY-OUT • BEST DESSERT**

Rosie's proudly serving



**Back to School Special!**

Celebrate the first week  
back to school with  
**FREE ice cream!**

Buy a scoop for yourself,  
and your school age child  
gets their scoop on us!

Offer valid 8/17/15 - 8/31/15; offer cannot  
be combined with other coupons; waffle  
cones are extra but well worth it.

## ISLAND PHARMACY

Voted Best Pharmacy on the Island 7 years in a row!

**Caring for you and about you**

We are ready for all **your** needs with: Specially Formatted Bite & Itch Lotion

• Natural No-See-Um Repellent • We also offer rental of Walkers, Wheelchairs  
Crutches • Special Orders Welcome • Deliveries Available



In the  
Palm Ridge  
Plaza



Pharmacist Reggie Mathai

**239-472-6188**

Fax 239-472-6144

We carry nebulizers,  
crutches, wound care

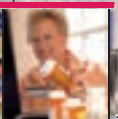
Every Day  
Items Also!

Over 9,000 Insurances  
Accepted and All Medicare D

We specialize in Customer  
Satisfaction

Bite and  
Itch Lotion

Small Store Feel,  
National Chain







Bank Of The Islands recently became a 10K Race 4 FISH sponsor

## Bank Of The Islands Sponsors 10K Race 4 FISH

Bank of the Islands shows its support of the 7th annual 10K Race 4 FISH as a silver sponsor. The carefully plotted foot race, which draws hundreds of runners each year, benefits the neighbor-helping-neighbor organization FISH of SanCap.

"FISH is there, day in and day out, to address unmet challenges facing our neediest neighbors. That life-affirming work is often performed in a confidential and respectful way, so it can be invisible to others," said Bank of the Islands President Robbie Roepstorff. "The 10K race is a great way to shine a spotlight on the problems being tackled by FISH, and the ways in which we all can help."

Bank of the Islands uses a wicker basket for dropping off non-perishable food donations at its two convenient office locations on Sanibel and Captiva Islands to help with food pantry collections.

"It gives a whole new meaning to the idea of stopping by the bank to 'make a deposit,'" said Roepstorff.

In 2014, FISH positively impacted 1,317 households through its Helping

Hands programs and food pantry. Seniors, youth and families benefit from programs, such as Alzheimer's assessment, daily well-check calls, emergency financial assistance, lunches, scholarships and adult education assistance.

"We genuinely thank Bank of the Islands for its wonderful contribution to FISH and its 10K race," said FISH Board Vice Chair Ed Riddlehoover, who is also co-chair of the race committee. "Bank of the Islands' philanthropic support touches many worthy organizations, such as FISH. It's investing in the well-being of our community."

Race day is Saturday, October 17, with the start and finish lines at the The Community House, located at 2173 Periwinkle Way.

There are a variety of 10K Race 4 FISH sponsorship slots available – Gold, Silver, Bronze or Friend. For Gold to Bronze sponsorships, your name or logo will appear on the back of T-shirts featuring the Hortoon race logo and worn by the runners, as well as all 10K banners and printed materials. Friend sponsors will be included on all race banners and printed materials.

Anyone who is interested in becoming a race sponsor should contact Nancy or Pete Bender at benderlaw@juno.com at 472-5220. The deadline is September 15.\*



## We recommend Tax Saving Strategies that help you...

Businesses and individuals pay the lowest amount of taxes allowable by law because we continually look for ways to minimize your taxes.



Call 239.472.1323  
1648 Periwinkle Way, Suite D Sanibel

## A CPA spends years preparing for moments just like these.

## Recreation Center Annual Facility Maintenance Closure

The Sanibel Recreation Center will be closed from Saturday, August 8 to Sunday, August 16 in order to complete numerous maintenance projects. The facility will reopen Monday, August 17, however, the aquatic facilities will remain closed through Sunday, August 23. Some of the improvements will include resurfacing the Egret Room floor, deep cleaning and painting the facility, resealing the parking lot, resealing restroom tile, and repainting the pool deck and front entrance. All of the major projects have been scheduled during this time in an effort to minimize the inconvenience to patrons as many of the projects are odiferous and disruptive.

The youth summer day camp program will operate as scheduled out of the ball-fields and pavilion.

The Center 4 Life, located at 2401 Library Way, offers fitness classes throughout the week that are included for Sanibel Recreation Center members and \$6.75 for non-members.

Beach parking permits will be available for purchase Monday, August 10 through Friday, August 14 from 7:30 to 9:30 a.m. and 4 to 5 p.m. at the pavilion. To qualify for any beach parking permit, bring a valid vehicle registration for each vehicle and a valid state issued identification or driver's license showing a Sanibel address or proof of Sanibel property ownership. Payment may be made via cash, check, MasterCard or Visa.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).\*

### SPORTS QUIZ

1. Who holds the record for most multiple-hit games in a major-league season?
2. Between 1980 and 1989, four men managed the New York Mets. Name three of them.
3. When was the last time before 2015 that the Big Ten had a player taken in the first 10 picks of the NFL Draft?
4. Who was the last player before Andray Blatche in 2014 to have a double-double off the bench for the Nets in an NBA playoff game?
5. When was the last time before 2014 that three of the NHL's Original Six franchises made the conference finals in the Stanley Cup playoffs?
6. Which auto manufacturer has won the most Daytona 500s?
7. In 2015, Sloane Stephens became the second women's tennis player to have a Grand Slam victory against both Serena and Venus Williams. Who was the first?

### ANSWERS

1. Al Simmons had 85 for the Philadelphia A's in 1925. 2. Joe Torre, George Bamberger, Frank Howard and Davey Johnson. 3. It was 2008 (Michigan's Jake Long and Ohio State's Vernon Gholston). 4. Armen Gilliam, in 1994. 5. It was 1979 (Boston, Montreal and New York Rangers). 6. Chevrolet, with 23. 7. Lindsay Davenport, who completed the feat in 2000.



- Site Visitation
- Installation
- Landscape Design
- Delivery
- Monthly Maintenance

300 CENTER ROAD • FORT MYERS FL 33907  
**239.939.9663 • [www.NoLawn.com](http://www.NoLawn.com)**  
Open Mon - Sat 9am to 5pm, Sun 10am to 3pm

GET REAL: GO NATIVE!



## WE CARRY THOUSANDS OF NATIVE WILDFLOWERS, TREES, SHRUBS, VINES, GRASSES & AQUATIC PLANTS



## Registration Now Open For Youth Fall Basketball League

Registration is now open for the fourth season of the Youth Fall Basketball League at the Sanibel Recreation Center, co-sponsored by Sanibel Captiva Optimist Club, Periwinkle Places Shops and City of Sanibel.

The league is for both boys and girls from kindergarten through eighth grade with an additional Tiny Tots division for 3- and 4-year-olds. This league gives children the opportunity to learn the fundamentals while enjoying the game. The season runs for eight weeks starting Friday, August 21. Games for the kindergarten through eighth grade will be on Fridays between 5:30 and 8:30 p.m. and the Tiny Tots games will be held Saturdays at 9:30 a.m. Grades four through eight will practice on Tuesdays and grades kindergarten through third will practice on Thursdays at 5:30 p.m.

The fee is \$31.50 per child for Sanibel Recreation Center member or \$41 per child for non-member. Volunteers are needed for coaching, scorekeepers and referees. Contact the Recreation Center at 472-0435 for more information.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, visit [www.mysanibel.com](http://www.mysanibel.com).✱

## Registration Open For Volleyball Clinic

The Sanibel Recreation Center will be holding a Summer Youth Volleyball Clinic from August 17 through 20. The clinic is for boys and girls entering sixth through eighth grade in the fall. Participants will learn skills such as passing, setting, serving and other fundamentals. Clinic hours are Monday through Thursday, 5 to 7 p.m., in the Sanibel Recreation Center gymnasium.

The fee is \$31.50 per child for Sanibel Recreation Center members and \$42 per child for non-members. Players will receive a shirt. For more information, contact the Sanibel Recreation Center at 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, visit [www.mysanibel.com](http://www.mysanibel.com).✱

## Youth Basketball Supported By Optimist Club



Last week, members of the Sanibel-Captiva Optimist Club presented a check to the Sanibel Recreation Center in support of the Sanibel Island Storm Youth Basketball Program. The club's \$1,300 donation will be used to purchase reversible jerseys and basketballs for the program, open to players age 3 through eighth grade. Pictured with rec center summer campers and Sanibel Storm coach Char Durand are, from left, Mark O'Brien, Randy Carson, Stan and Dani Howard, Marit Hansen Mouchou, Mark Steger and Richard McCurry. "We couldn't do this if it weren't for you," Durand told the club upon accepting the donation. "This money will help pay for our jerseys, basketballs, awards and our end-of-the-season banquet. For you to provide this for our kids is just amazing."

photo by Jeff Lysick

## Buying, Selling or just want to chat... Talk to Chuck!

### 557 North Yachtsman



Furnished 4 BR/3 BA Old Florida Style, Community pool & tennis. East end near beach, marina.

**\$849,000**

### 690 Birdie View Point



Build your Island dream home on Sanibel Island Golf course. Walk to the beach

**\$384,000**

### Mariner Pointe # 813



IEWS! Updated, furnished 2 BR/2 BA corner unit. Impact sliders. Amenities! Boat Slips!

**\$459,000**

### Sandalfort 4C3



GULF VIEWS! Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt.

**\$699,000**

### Commercial Lots - Tamiami Trail



Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres. Parcel B is approx. 2.0 acres. Survey available.

**(A) \$1,150,000 (B) \$400,000**

### 3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock.

**\$249,000**

### 1176 Lake McGregor Drive



Investment Opportunity! Lakefront, vacant residential lot that can accommodate multi family housing. Close to shopping, beach...

**\$299,000**



**CHUCK BERGSTROM**  
Island Resident • Award Winning Realtor®

[Chuck@ChuckBergstrom.com](mailto:Chuck@ChuckBergstrom.com)  
[www.BuySellChatSanibel.com](http://www.BuySellChatSanibel.com)



2400 Palm Ridge Road  
Sanibel, FL 33957  
11508 Andy Rosse Lane  
Captiva, FL 33924

Direct:  
**239-209-6500**

Office:  
**239-472-2311**

Toll Free:  
**800-388-2311**

## Outstanding Agent! Outstanding Results!



## School Smart



by Shelley M. Greggs, NCSP

**Dear Shelley,**  
My son is going from middle school to high school in August and I know this could be a difficult transition. What can I do to help him?

Jory S., Sanibel, Florida

**Jory,**

Transitioning to a new school can be an exciting but stressful time even when the change is positively anticipated, such as "graduating" to the next school level. Facing the unknown can cause anxiety. The high school environment tends to be larger, potentially less nurturing, more departmentalized, more competitive and more demanding academically. Additionally, students are expected to be more independent academically, and their social lives will become more complex and intense.

Understandably, parents can feel concerned about how their child will adjust to these changes. Luckily, there are many ways for parents to help smooth the transition and support their child's academic and social success in their new school:

It is important to understand the typi-

cal concerns related to moving to a high school setting:

- **Environment:** Finding lockers, finding lunchrooms and bathrooms, getting through crowded hallways, getting to class on time.
- **Workload:** Keeping up with materials, new grading standards and procedures, more long term assignments, lack of preparation.
- **Social:** More peer pressures (i.e., cliques, dealing with older students and students from other schools), social immaturity.
- **Schedule:** Remembering which class to go to next, more teachers, no recess, no free time.
- **Other:** Reduced parent involvement, accepting more responsibility for their own actions, unrealistic parental expectations, coping with adolescent physical development.

Parents can help their child prepare for and become comfortable with their new school environment:

- **Emphasize positive aspects of middle/high school:** With the move will come more opportunities for individuality, freedom and increasing choice in elective courses and extracurricular activities. There will be more opportunities to find friends with common interests.
- **Teach study skills:** Help students begin to self-regulate by breaking down large tasks into manageable pieces and provide guidelines so students can monitor their own progress.

• **Schedule tours of the new school:** If the student did not have a tour of the new building, schedule one over the summer prior to the start of school. If your school offers an orientation session, make a point to attend.

• **Encourage participation:** Whether in extracurricular activities, extra-help homework programs, or school social/sports activities, students should be encouraged to seek these out as an opportunity to meet new people.

• **Continue or increase parental involvement:** If you have concerns, don't wait for the school to contact you. Look out for regular newsletters and other forms of communication home regarding events at the school.

• **If your child has special needs,** difficulty with normal transitions, or is just learning English, you may want to meet with your child's current and new teachers to identify and develop skill building strategies that meet your child's specific needs. Preventive transition planning can go a long way to minimizing or eliminating adjustment problems when the school year begins.

Adapted from *Transition from Elementary to Middle School: Strategies for Educators* by Valerie Niesen and Paula Sachs-Wise, in *Helping Children in Home and School II: Information for Parents and Educators*, NASP, 2004.

Shelley Greggs is adjunct faculty at

Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

## Seventh Grade Immunization Requirements

The Florida Department of Health in Lee County is asking all parents of students entering seventh grade to update their children's immunizations now before the rush. Public schools start in Lee County August 24.

"Taking care of these important immunizations now will ensure everyone gets to enjoy the first day of seventh grade as they should," said Kim Wester, immunizations manager for DOH-Lee. "We also recommend meningitis and HPV vaccines when they get their seventh grade Tdap booster to prevent devastating and unnecessary illnesses in the future."

All students entering seventh grade must have a Tdap booster before attending classes. Students not properly immunized by the first day of classes will be sent home. See your private provider, or come to DOH-Lee for vaccines or to update a child's shot record.

All vaccines for children 18 years old and younger are free, and administered without appointments from 8 a.m. to 3:30 p.m. Monday through Thursday and 1 to 3:30 p.m. Friday at DOH-Lee, 3920 Michigan Avenue in Fort Myers. Parents must bring their child's immunization records.

Beginning August 10, the immunization clinic will open an hour earlier at 7 a.m. and remain open to 3:30 p.m. Monday through Friday. The extended hours will end at 3:30 p.m. Monday, August 24.

Avoid long lines, and make sure your child has everything needed to start school on time by getting required immunizations now. Limited appointments are available by calling 461-6100.✱

## Free Autism Screening For Young Children

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to 5 years of age.

The next screening on the Ronald McDonald Care Mobile will be held on August 7 from 9:30 a.m. to 2 p.m. at the North Fort Myers Recreation Center, 2000 North Recreation Parkway, North Fort Myers.

It is estimated that one in every 68 children has autism. continued on page 41

## VASANTA SENERAT CPA, P.A.

CERTIFIED PUBLIC ACCOUNTANT

**Accounting and Tax Preparation for  
Businesses • Individuals • Condo Associations  
Non Residents**

SANIBEL • 472-6000  
1633 Periwinkle Way • Anchor Point

FORT MYERS • 418-0008  
3949 Evans Ave. • Suite 205•33901



Barrier Island  
Title Services, Inc.

(239) 472-3688

"You'll Appreciate the Difference"

## Elegant Outdoor LIVING

The Finest in Outdoor Furnishings



Tommy Bahama, Brown Jordan, Winston, Patio Renaissance, Tropitone, Telescope, Castelle, and many more.

### Bonita Springs

239-495-0900

28811 S. Tamiami Tr.  
(½ mile south of Bonita Beach Rd.)

### Naples

239-262-0085

3666 N. Tamiami Tr.  
(next to Mel's Diner)

### South Ft. Myers

239-481-6100

15121 S. Tamiami Tr.  
(½ mile south of Gladiolus at Jamaica Bay & 41)

Designer Program~Worldwide Shipping

Family Owned and Operated Since 1987



Mon.-Sat. 10am-6pm | Sunday 12-5pm | [www.ElegantOutdoors.com](http://www.ElegantOutdoors.com)

## Our Annual Inventory Sale



**EXTRA 10% OFF STOCK**

At Our Fort Myers Location only

\*excludes prior purchases and clearance



Elegant Outdoor Living,  
Industry Partner of ASID





# Stopbully212-USA

Is proud to present

## A NIGHT OF ROCKING ENTERTAINMENT

Proceeds to benefit Stopbully212-USA

### BLACKFOOT



### SWAMP DA WAMP



Thursday August 20, 2015

Doors Open @ 6:00 pm

**Tickets On Sale Now!**

[www.thebullyride.com](http://www.thebullyride.com)





Will Power

# Bicyclists And Motorists



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I'm going to go off my normal topic of estate planning today as I recently returned from two weeks traveling Colorado. The contrasts were interesting while I was out there, as news broke here about a Sanibel motorist who allegedly slammed on his brakes intentionally in front of a group of cyclists on West Gulf Drive – injuring at least one – in what has been described as a road rage incident.

In full disclosure, I was hit and almost killed by a hit-and-run driver while bicycling (on the Summerlin Road bike path, mind you) 11 years ago. I was airlifted to the Lee Trauma Center and later underwent spinal fusion surgery as a result of the encounter. So I have a definite bias in this conversation.

I point out that I am also a motorist who is delayed from time to time by bicycling pelotons.

Part of my recent travels took me to Boulder, Colorado, which is a cycling and triathlete mecca. There, one finds many bicyclists, both in groups (pelotons) and alone, along winding mountain roads. Unlike Sanibel specifically and Southwest Florida generally, which have wide-open flat roads in which a motorist is able to see what is coming from the other direction for a mile or more, the winding, two-lane Colorado highways have narrow shoulders which makes it difficult to navigate a car or truck around bicyclists. Moreover, motorists could be stuck behind bicyclists who are struggling to maintain 10 mph up those steep mountain inclines.

But, do you know what? The motorists seem to take it all in stride. From what I observed, motorists often give the bicyclists the requisite three feet when passing, usually with a friendly wave and words of encouragement as they pass.

I wish we had that here.

How long might a motorist be delayed trying to pass a cyclist or a peloton of cyclists? Ten seconds? Thirty? Maybe – dear God – a full minute?

Moreover, cyclists here generally move along at a pretty good clip since they aren't climbing mountains – usually somewhere between 20 to 25 mph. Serious road bicyclists (I count myself among them) can't ride on the recreational paths filled with small children, people walking dogs and the like as that would be dangerous. The law permits – even mandates – bicyclists on the actual roads, including the roads of Sanibel and Captiva.

When I read about the incident involving the Sanibel motorist intentionally injur

ing the cyclists, it reminded me of a similar encounter I had with a motorist four or five years ago. Three of us were bicycling on Middle Gulf Drive one early morning – somewhere near the Sundial Resort heading towards the intersection with Fulgur Street – when an enraged motorist driving an SUV did the same “move around the cyclists and slam on the brakes” routine.

There were no words exchanged between anyone in my cycling group and the motorist before the incident. I can only guess that the motorist was upset because it took about 20 seconds for the oncoming traffic to clear before he could go around us. Luckily, we avoided slamming into the back of his SUV when he suddenly braked while simultaneously hugging the curb, leaving nowhere for us to go other than off the curb – which almost always results in a crash when you are riding high performance, thin-tired road bicycles. It was very scary. And life threatening.

When a motorist pulls a stunt like that, he is violating the law. Moreover, I believe that intentionally using one's automobile or truck to threaten to hit a cyclist (or actually doing so) is akin to assault with a deadly weapon. The motorist is encased in a 4,500-pound, 300 horsepower vehicle. The bicyclist is only flesh and blood. Aside from the legalities, to intentionally inflict bodily harm is inhuman. It's bad enough when someone unintentionally kills an opossum or raccoon. Bicyclists are human beings with spouses and children at home.

Yes, bicyclists are sometimes rude to motorists. So are motorists to each other, by the way. And bicyclists don't always obey the traffic laws. Bicyclists sometimes roll through stop signs. I've done it before – both on my bike AND while driving my car. I bet if you are a motorist, then you have also rolled through a stop sign or two. It's not right, and could lead the bicyclist to the same penalty (traffic citation) that a motorist would receive.

None of that justifies endangering a bicyclist's life intentionally. The roads are there for all of us. Everyone has been delayed in our cars. Traffic jams. Pedestrians. Yes, even bicyclists cause delays. It's part of driving on our roads.

Sanibel and Captiva are communities that thrive on and require tourism. Lee County spends thousands of dollars on advertisements encouraging those who love the outdoors to vacation and purchase homes here. We also have a healthy culture filled with more and more bicyclists and triathletes enjoying our roadways. Let's be more like Boulder, Colorado and welcome those who enjoy a good ride.

Calm down.

Take some time to safely pass bicyclists while providing them the three-foot buffer Florida law mandates.

Maybe even smile and give them a wave of encouragement as you pass. It will do us all a lot of good.

©2015 Craig R. Hersch. Learn more at [www.sbshlaw.com](http://www.sbshlaw.com).✱



**One Builder Serving Sanibel & Captiva for over 35 years**

- Custom Residential Construction
- Remodeling Projects
- Design Team with Construction Drawings
- Plans Through Completion of Project

**Phone: (239)489.0442**

Email: [gregwegz@earthlink.net](mailto:gregwegz@earthlink.net) • [www.gregweglarz.com](http://www.gregweglarz.com)

State Certified General Contractor License # CGC A05420

## Moraga Appointed Assistant Director At Shell Museum

The Bailey-Matthews National Shell Museum has promoted Melanie Moraga to assistant director. Moraga began working at the shell museum in September 2012 as a part-time admissions specialist. With a promotion to executive assistant, Moraga took on responsibility for the scheduling of all group tours, membership coordination, volunteer coordination, and also became involved in fundraising and donor relations.

Museum Executive Director Dorrie Hipschman said, “Melanie’s promotion reflects her importance to me and to the museum. She’s become an indispensable employee and a valued member of our museum team. I’m confident that she’ll continue to excel as we work to make the museum even better.”

Moraga was born and raised in Fairfield County, Connecticut and moved to South Florida in the early 1990s. She is becoming well-known as a nature photographer. Her award-winning photograph *Sunset Before the Storm*, taken at Blind Pass Beach on Sanibel, was published in the November/December 2012 issue of *Florida Travel & Life* magazine. She was also the featured cover artist for the past two years for the Sanibel Shell Festival magazine.

When not at the museum, Moraga spends time on Sanibel’s beaches or out hiking and exploring national parks.✱



Melanie Moraga



New designs available at  
Forever Green Ace Hardware and  
J.N. “Ding” Darling Wildlife Refuge

For a full mailbox, call Dave at 454-1001  
[naturebrackets.com](http://naturebrackets.com)





# As Baseball Season Reaches The Final Two Months, The Roles Of Twins And Red Sox Have Flip-Flopped



by Ed Frank

In baseball lingo, we have entered the “dog days of summer” as the six-month grind of the baseball season dwindles down to its final two months – August and September.

It's appropriate, therefore, to examine and analyze our two “local” Major League teams, Boston and Minnesota, just as we did when they left here in early April at the end of spring training.

Clearly, the Red Sox have been one of the most disappointing, if not the most disappointing, team in baseball this year. A heavy favorite to reach post-season play at the beginning of the season, it now appears the team will finish the season in last

place in the American League Eastern Division for the third time in the last four years. As the week began, Boston was 47-59, trailing the first-place New York Yankees by 13 games.

At the beginning of the season, the Red Sox were given a 63 percent chance to reach the playoffs. Those odds now have dropped to one percent, according to Major League Baseball.com.

Did the 2015 demise of the Red Sox prompt this week's announcement of the retirement of Larry Lucchino, the team's president and CEO? Apparently not, according to various sources inside the Red Sox hierarchy. But it will result in likely changes in the front office.

However, the jobs of General Manager Ben Cherington and Field Manager John Farrell appear safe.

After spending more than \$200 million in the off-season to sign nine new players, including All-Stars Hanley Ramirez and Pablo Sandoval, the 2015 season appeared bright. It dimmed to disappointment almost from the start.

Now we will turn to the Minnesota Twins, one of the biggest surprises in the current season.

In early April, the Twins, according to MCB.com, were given only a six percent chance to make the playoffs. Those odds have grown to 32 percent as of Monday of this week.

Despite losing Monday to the Toronto Blue Jays when newly acquired pitcher David Price limited the Twins to three hits in a 5-1 loss, Minnesota, 54-51 for the season, was tied with Toronto for the first wildcard slot in the American League. Remember, this was a team that had lost more than 90 games in each of the previous four seasons.

Just four months ago, the baseball experts predicted a last-place finish for Minnesota in the AL Central. They were holding to a second-place division standing, trailing Kansas City by eight games.

With the 2015 season two-thirds completed, it's been a flip-flop for the Red Sox and Twins as had been expected. But that's baseball.

Finally, we know there are huge numbers of Chicago Cubs fans in our area just as there are throughout the country.

Riding a five-game winning streak and 10 games over .500 for the first time in seven years, the Cubs were tied with the San Francisco Giants for the second wildcard in the National League. MLB.com rated the Cubs at 62.6 percent to reach post-season play.

## Miracle Face First-Place Palm Beach Six of Next Nine Games

The Fort Myers Miracle Advanced Class A baseball team began the week in third place in the Florida State League South Division with a 21-17 second-half season

continued on page 41

## Helping Build A Bridge To Financial Freedom

### Zurbriggen Financial

Investment Management • Asset Protection  
Wealth Transfer • Perpetual Income Strategies



Wouldn't it be more convenient to have a local financial advisor? Call us to arrange a 2nd opinion on your current plan.

[www.zurbriggenfinancial.net](http://www.zurbriggenfinancial.net)



RICK ZURBRIGGEN  
Private Wealth Manager

Securities offered through Securities America, Inc., Member FINRA/SIPC. Rick Zurbriggen, Registered Representative. Advisory services offered through Securities America Advisors, Inc., Rick Zurbriggen, Investment Advisor Representative. Zurbriggen Financial and the Securities America companies are not affiliated.

695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520



JOHN NAUMANN  
& ASSOCIATES  
real estate

Serving Sanibel, Captiva &  
Southwest Florida Since 1975



#### 16298 CAPTIVA DR

- Gulf Front Estate Zone Vacant Lot
- Along the "Gulf Coast" of Captiva
- Pre-Filled w/ Unique Trees & Shrubbery

\$5,149,000

LeAnne Taylor Suarez 239-872-1632



#### 760 WINDLASS WAY

- 3BR/2BA Exquisitely Maintained Canal Home
- Plenty of Living Space, Large Den & Storage
- Private Pool & Immaculate Landscaping • Boat Dock in Place

\$1,059,000

Bob Berning 239-699-9597



#### 6881 LAKE DEVONWOOD DR

- 4BR/4BA Direct Lake Front Home • Custom Built Ins, Formal Dining & Great Room • Expansive Lanai & Entertainment Room • Gated Community w/ Direct Gulf Access

\$1,070,000

Evan Dupont 239-462-1817



#### 610 DONAX ST. 117

- 2BR/2BA Gulf Front Sanibel Surfside Condo • Spectacular Panoramic Views From Lanais • Stainless Steel Appliances & Tile Throughout • Pool, Tennis & Well Maintained Grounds

\$995,000

Linda Naton 239-691-5024



#### 15240 BAHIA CT.

- 3BR/3BA + Den Iona-McGregor Area Home
- Views of River & 120' Wide Canal • Split Level w/ 2 Bedrooms Upstairs • Dock, Screen Porch & Close to Everything!

\$349,000

John Stephens 239-980-6394



#### 1593 SAND CASTLE

- 3BR/2+BA Dunes Golf & Tennis Club Home • Meticulously Maintained With Custom Details • Sweeping Views From Living & Dining Areas • Semi Private Pool, Golf & Tennis

\$529,000

Tracy Walters 239-994-7975



#### 805 EAST GULF DR E8

- Top Floor 2BR/2BA Gulf Front Corner Unit! • Beautifully Furnished & Comfortably Appointed • Close to Pool, Clubhouse & Beach • Canal-Side Boat Dockage & On-Site Rentals

\$497,400

Kasey Albright 239-850-7602



#### 5144 BAYSIDE VILLAS

- 1BR/2BA Bayside Villa Corner Location • Granite Counters & Ceramic Tile • Private Pool, Jacuzzi & Short Walk to Beach
- Abundance of Wildlife Sightings from Lanai

\$299,900

LeAnne Taylor Suarez 239-872-1632

1149 PERIWINKLE WAY • SANIBEL 239.472.0176 • 11509 ANDY ROSSE LANE • CAPTIVA 239.472.1395  
VISIT [WWW.JNAREALESTATE.COM](http://WWW.JNAREALESTATE.COM) TO VIEW ALL AVAILABLE PROPERTIES



## Superior Interiors

# Are You Tired Of Your Living Room?



by Marcia Feeney

Maybe it's time to redecorate. Sprucing up a "tired" living room will definitely give your spirit a lift. But, where do you start?

Well, as the song says, "Let's start at the very begin-

ning." And the beginning for any new decorating project is the creation of a master plan – one that will help guide you through all the decorating decisions you'll be making over the coming months.

First of all, determine how much you're interested in investing in your project. This figure will be a great help to you as it will guide all your decisions. Should you buy new furniture, flooring, draperies, lamps, accessories? Or can you keep some pieces, buy a few new and spruce up what you're keeping?

Once you've established a figure you're comfortable with, then it's time to take an inventory of your room – an inventory with a critical eye. This is where the help of a professional decorator is so important.

Take a look at your room. What is

it used for? How much traffic does it get? It is a sanctuary or a room which will welcome many guests? How is the room's lighting? Do you like your current furniture arrangement? Do you need to change the wall color or treatment? Are your window treatments dated? These questions and many more can go on and on. By sharing your thoughts with a professional, you'll definitely be on the right track, both with your ultimate decorating decisions and your budget.

After you've answered these critical questions, you can begin making some firm decisions about the four major elements in the room: flooring, walls, windows and furniture.

Flooring options are wide and varied. If new carpeting is in your plan, remember that it will provide your room with the greatest expanse of color.

Wall option selections, whether papered or painted, will give the room its excitement and splash.

Window treatments can either take center stage or be a soft backdrop to your entire design plan. There is nothing, dollar for dollar, that can do more for a room than a beautifully designed window treatment.

Furniture, whether wood or upholstered, besides offering you beauty and comfort, will also help pull all your design elements together when blended well with flooring, wall and window treatments.

With our master plan leading the way, decorating your tired living room should become a real pleasure.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at [marcia@coindcedden.com](mailto:marcia@coindcedden.com).✱



The refuge's Blue Goose mascot with restaurant owners Wendy and George Schnapp and Supervisory Refuge Ranger Toni Westland

## George & Wendy's Seafood Grille Sponsors 'Ding' Darling Days

George & Wendy's Seafood Grille on Sanibel Island has agreed to a Great Egret (\$2,500 or more) sponsorship to "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) for its 26th annual "Ding" Darling Days birding and eco-festival, which will draw more than 6,000 visitors to the JN "Ding" Darling National Wildlife Refuge the week of October 18 to 24.

"We have been huge supporters of the refuge and the society personally and through Tarpon Bay Explorers for years," said restaurant co-owner George Schnapp. "So we are very glad that the restaurant is now able to increase its level of support for this wonderful event, especially since Wendy [Schnapp] spends so much time throughout the year as committee co-chair working with Ranger Toni Westland and the entire committee to make the event so spectacular."

"George & Wendy's continually supports the refuge and sponsors events with generous donations and participation," said Toni Westland, supervisory refuge ranger and committee co-chair. "We are so grateful that they decided to step up their support to help us with this important education and awareness-raising event."

"Ding" Days sponsorships start at \$200. For information on becoming a sponsor, visit [www.dingdarlingdays.com](http://www.dingdarlingdays.com) or contact Wendy Schnapp at [EcoErler@aol.com](mailto:EcoErler@aol.com) or 470-1877 by August 15.

"Ding" Darling Days annually celebrates National Wildlife Refuge Week and the birthday of Jay "Ding" Darling, the refuge's namesake and father of the Federal Duck Stamp Program. The event is co-presented by the U.S. Fish & Wildlife Service, DDWS, and Tarpon Bay Explorers.

George & Wendy's joins the following sponsors of the 26th annual community event: Roseate Spoonbill Sponsors: Doc's Ford Sanibel Rum Bar & Grille; Great Egret Sponsors: George & Wendy's Seafood Grille; Great Blue Heron Sponsors: Arthur Printing, Bailey's General Store, Mike and Terry Baldwin, Bank of the Islands, Wayne and Linda Boyd, *Island Sun*, Jensen's on the Gulf and Marina & Cottages, Jerry's Foods, Mitchell's Sand Castles & Forty/Fifteen Resorts, Ocean's Reach Condominiums, Sanibel Captiva Community Bank, Sanibel Moorings, Spotlight Graphics, Sanibel-Captiva Beach Resorts, Jim and Patty Sprankle; Reddish Egret Sponsors: Sarah Ashton and Jim Metzler, Casa Ybel Resort, Gulf Breeze Cottages, Sanibel-Captiva Kiwanis Club, Stewart and Sons Insurance, Inc., West Wind Inn; Snowy Egret Sponsors: Big Red Q Quickprint, Charlotte Harbor National Estuary Program (CHNEP), Jerry Edelman & Maryanne Daly, Grounds by Green Ways, Over Easy Café, Sanibel Art & Frame, She Sells Sea Shells, Winston and Barbara Spurgeon, Suncatchers' Dream, Tents 'n' Events.

As a non-profit 501(c)3 organization, DDWS works to support J.N. "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research, and public education through charitable donations and Refuge Nature Shop proceeds.

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarling-society.org](http://www.dingdarling-society.org) or contact Birgie Miller at 292-0566, 472-1100 ext. 4 or [director@dingdarling-society.org](mailto:director@dingdarling-society.org).✱

## Just Published...

### Common Cents Estate Planning

by Craig R. Hersch



Craig Hersch is a Florida Bar Board Certified Attorney and "Will Power" columnist



This groundbreaking book is based on attorney Craig R. Hersch's 25 years of experience helping clients address real life estate planning situations. Topics include:

- Will and Trust basics
- Beneficiary matters
- Estate planning for second and blended marriages
- Dealing with family dynamics
- How Florida estate planning is unique
- Probate and trust administration basics

Mr. Hersch's new book is available at **Amazon.com**.

To order a copy, follow the link at [www.sbshlaw.com/books](http://www.sbshlaw.com/books).



SHEPPARD, BRETT, STEWART,  
HERSCH, KINSEY & HILL P.A.  
Attorneys at Law

9100 College Pointe Ct., Fort Myers, FL 33919

239-334-1141 | [www.sbshlaw.com](http://www.sbshlaw.com)



**WE MAKE  
IT EASY.  
YOU MAKE  
IT HOME.**

**ROYAL SHELL**  
*Real Estate*

**RoyalShellSales.com**  
**239.472.0078**

**For Rentals Call**  
**239.472.9111**

**Florida:** Bonita Springs/Estero, Cape Coral,  
Captiva Island, Fort Myers, Marco Island,  
Naples, Ocala and Sanibel Island

**North Carolina:** Cashiers/Lake Glenville,  
Highlands, Sapphire/Lake Toxaway



#### THE SANCTARY



#### NEW LISTING

- 3BR/2.5BA Located on Sanibel's Premier Golf Course
- Timeless Design w/10 ft. Ceilings Throughout
- Virtual Tour: <http://royalshell.me/5681baltrurolct>
- **\$650,000** MLS 2150693
- **The Radigan Team 239.691.6240**

#### GOLD COAST BEACHFRONT ESTATE



- Estate Zoned, Exclusive Location
- Gorgeous Landscaping & Setting on Over One Acre
- 5BR/5BA, Private Elevator, Art Studio
- **\$5,800,000** MLS 2150543
- **McMurray & Nette 239.281.4435**

#### POPULAR SUNSET CAPTIVA



- 2BR/2BA Plus Loft Directly on the Gulf of Mexico
- Beach Plus Boating Amenities
- Fabulous Rental History
- **\$2,195,000** MLS 2150625
- **Sally Davies 239.691.3319**

#### VILLA ELENA



- 3BR/3BA, Mediterranean Inspired Home
- Beach Access, Dock Available, Pool
- Updated Interior, Excellent Rental Income
- **\$1,795,000** MLS 2150658
- **Burns Family Team 239.464.2984**

#### CATALPA COVE – BOATERS DREAM



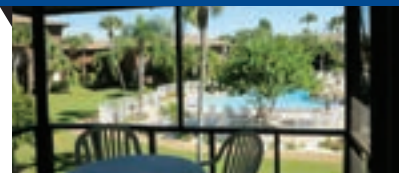
- 4BD/3.5BA Lakefront 2 Boat Docks
- Very Private Location on 2 Lots
- Den, Living Room, Family Room, Pool
- **\$925,000** MLS 2150430
- **Jason Lomano 239.470.8628**

#### PALM LAKE



- Charming Near Beach Furnished Pool Home
- 3 Bedrooms with Den, Garage, Fireplace
- Vaulted Ceiling, Tastefully Furnished, Spacious Lanai
- **\$879,000** MLS 2150497
- **Jennifer Berry 239.472.3535**

#### SPACIOUS BLIND PASS CONDO



- Large 2BR/2BA Near Beach Condo
- Turnkey Furnished
- Clubhouse, Pool and Tennis
- **\$549,000** MLS 2150402
- **John & Denice Beggs 239.357.5500**

#### SANIBEL MEDITERRANEAN BEAUTY



- Absolutely Gorgeous 4BR/5.5BA
- Directly Across from Beach
- Salt Water Pool & Spa
- **\$2,495,000** MLS 2140317
- **McMurray & Nette 239.850.7888**

#### CAPTIVA BAY VILLAS



#### NEW LISTING

- Stunning and Large Bay Front Captiva Condo w/Dock
- 3 Bedrooms, 3.5 Bathrooms – Open Inviting Floorplan
- In the Heart of Captiva Village – Walk to Everything
- **\$1,875,000** MLS 2150721
- **Sarah Ashton 239.691.4915**

#### SHELL HARBOR



- Spacious Ground Level Direct Access Canal Home
- 140' on Canal, 90' Dock & 10k Lift
- 3000+ sq ft, 3BR/3.5BA + Loft & Den
- **\$1,495,000** MLS 2141163
- **Burns Family Team 239.464.2984**

#### SUNDIAL OF SANIBEL



- Top Floor w/Direct Gulf View
- 2BR/2BA, Newer Remodel
- Over 1,500 Sq. Ft. of Living Area
- **\$899,000** MLS 2150254
- **Brian Murty 239.565.1272**

#### SHELL ISLAND BEACH CLUB



- 2BR/2BA Direct Gulf Front Unit
- Completely Remodeled, All New
- Impressive Rental History, Weekly Rentals
- **\$864,900** MLS 2141196
- **Burns Family Team 239.464.2984**

#### DUNES



- Incredible Lake & Golf Course Views
- Elevated 3/2 with Huge Pool
- Fantastic Dunes Location, Quiet
- **\$549,000** MLS 2150332
- **Andre Arensman 239.233.1414**

#### 5 PEACEFUL TROPICAL ISLAND ACRES



#### NEW LISTING

- Live or Build – Up to 24,000 SF
- Deeded Beach Access Across the Street
- 2,000 SF 2 Bedroom + Den Home + Pool
- **\$2,200,000** MSL 2150689
- **Cathy Rosario 239.464.2249**

#### BEACH HOME 7 – DIRECT GULF FRONT



- Two Bedroom, Two Bath
- Great Sunsets and Perfect Location
- Private Home Feeling with Condominium Care
- **\$1,795,000** MLS 2150501
- **Vicki Panico & Fred Newman 239.980.0088**

#### BETTS



- 152 Feet Bayou Bay Water Frontage
- Last Buildable Site All Fish & Wild Life Next Door
- Great Direct Boating Access
- **\$1,379,000** MLS 2131372
- **John Nicholson 239.849.3250**

#### HARBOUR COTTAGES



- 3BR/3BA, Office, Deep Water Direct Access Boating
- 10,000 lbs. Boat Lift, Seawall, Dock, Professional Landscaping, Pool, Tennis
- Furnished, Wood, Tile, Carpet Floors, Fantastic Kitchen Granite
- **\$899,000** MLS 2150726
- **John Nicholson 239.849.3250**

#### DUNES



#### NEW LISTING

- 3BR/2BA – Dunes Lake View
- Swimming Pool, Furnished
- Split Bedrooms, Vaulted Ceilings
- **\$729,000** MLS 2150715
- **Burns Family Team 239.464.2984**

#### COLONY INN



- Adorable 1BR/1BA Condo
- Near Beach Location
- Excellent Rental History
- **\$225,000** MLS 2150650
- **Cindy Sitton 239.810.4772**



## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

My husband and I are getting to the stage where we must make some major changes in our housing.

My son and daughter-in-law have taken us to see a number of retirement complexes in our area. My husband wants to go, but I do not.

He is convinced that we will be robbed blind and does not want our privacy invaded if we have daily help coming in. I think we should stay in our own home, have help come in and let them take

whatever they want. All of our good stuff will have been removed and be gone anyway. What advice do you have?

Louisa

### Dear Louisa,

Both of you raise good concerns about moving versus staying home. It shows that moving into a community or staying home is an important decision, a decision that should not be rushed and needs to be researched completely to make the most informed choice. Know the reasons why your husband wants to move and you want to stay. Explore how the needs can be met in a community versus home, at what cost and at what risks. Also, please do not be swayed into a decision by people who have an interest in your choice. You make the choice when and if you are ready.

Pryce

### Dear Louisa,

I have observed that partially due to the economy, many people are choosing to stay in their own homes rather than move to a complex. In order to meet this need, care giving agencies have been formed who will visit the home and then leave. I am sure that if you inquire, you will find that they are bonded. Privately arranged care plans may have some thievery but there are many or most who are honest, decent people.

We are all exposed to dishonest people every day of our lives, but most people are honest.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\*\*

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I am having trouble feeling grateful with so much suffering going on, yet I am told I should be grateful for everything.

How can I be grateful more?

**A:** There is a saying, "Attitude with Gratitude," which makes us aware of how much we have to be grateful for. Yet, there are those moments when we can be challenged by maintaining an attitude with gratitude, especially when we know of all the suffering that takes place in our world and we don't have answers. Simply turning on the news or reading the newspaper or surfing the Internet makes it difficult to maintain a level of gratefulness. When those feelings of guilt creep in, especially for those who live a healthy and prosperous life, it's those moments of holding the space for an attitude with gratitude that

can bring meaning.

Having the insight and knowledge to live gratefully and gracefully in difficult times is a key to building more empowerment and having an open heart to service.

Practicing empathy is one way to hold an open heart space for ourselves and those who are experiencing difficulty. The ability to be empathic to those who are in pain is a way to let them know you care. Acknowledging that, regardless of all that is going on, we have the capacity to see each day as a gift. Having a way to track even the slightest piece of gratitude will guide you to notice the abundance of all there is to be grateful for.

Gratefulness is a choice. We can choose and direct ourselves to be peaceful inside, regardless of what is happening on the outside. Living gracefully is being open to the entire experience of life, the wholeness of ourselves and others. We can make use of the privileges we have and we will make a difference in our lives and the lives of others.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.\*\*

### Doctor and Dietitian

## Thoughts On A Healthy Diet



by Ross Hauser, MD and Marion Hauser, MS, RD

**I**love going to barbecues, parties and social events just as much as the next person. People are interesting and I love talking to them. However, once people find out that I am a dietitian, the conversations often take a turn. People

will then say things like, "I don't usually eat like this," or "We typically try to eat healthy, but today's different," and "Uh oh, don't look at our plates!" The best one is when I see our patients in the grocery store and they dart down the next aisle, because they don't want me to see what's in their grocery carts!

Recently, we attended a sports event, which, in and of itself, was an awesome experience. Then out came the food vendors! I had a hot dog and shared an order of nachos along with a diet soda. It went down okay, but wow, did I have a stomach ache the next morning! I was not used to eating that kind of "food." Sadly, many people eat like this all the time.

Eating healthy is a way of life, and is much simpler to do than many people think. It just takes some practice in the kitchen. With so many delicious recipes at our fingertips online and aisles of fresh fruits and vegetables in the local markets, there are endless tasty combinations that you can explore. My husband teases me because I love eating vegetables. I truly

continued on page 41

### Eden Energy Medicine

## Feeling Faint Or Disconnected, Hook-Up



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

**A**re there times you feel disconnected from yourself or others; feel spacey, dizzy or faint; have a feeling of "losing it;" have

a need for calmness; just experienced a sudden shock or change in your system; or perhaps feel uncoordinated? If so, try the exercise Hook-up. It is part of the 5 Minute Routine.

There are two meridians (defined energetic pathways) that circle our core, one called the Central Meridian, which begins at the pelvic area, runs up the front of the body ending deep in the throat at the level of the bottom lip; and the second called Governing Meridian, which begins at the base of your tailbone, runs up the spine, over the head, ending deep in the back of your throat in line with the top lip. These 2 meridians act as an "energetic casing" bridging the energies between front and back, head and torso, and send energy to all the other energetic systems of the body. Thus, when you connect the

two, you are literally creating an immediate neurological boost and "centering" yourself. Central and governing meridians have dual roles, also serving as Radiant Circuits (an energetic system with very subtle energy flows that enhance all other energy systems; are highly responsive to our thoughts; and serve as our "joy juice" of life. By activating this system, feelings of joy, gratitude and peace are increased). Thus by "Hooking-up" you are immediately getting dual benefit of Radiant Circuit activation and creating an energetic bubble around the body.

As you work with your energies, some techniques will have greater impact than others, but the 5 Minute Routine, in combination, strengthens and balances the energy fields resulting in greater stamina, vitality and overall health. There is no limit to the amount of times to do an exercise, so do it as often as a need is felt.

Learning the Hook-up technique is easy. Place the middle finger of one hand on the "third eye" (between the eyebrows and bridge of the nose) and the middle finger of the other hand in your navel. Press both middle fingers into the skin and gently pull upwards, holding up to 30 seconds (or longer if it feels good). If you experience a yawn, sigh and take a deep breath, you know your energies just connected. Another method to Hook-up which helps to balance hormones (a quick remedy when you are feeling overwhelmed), is to hold the "third eye" point and the power point at the base of your skull (bend your neck back slightly, place

continued on page 41

### IT'S GREAT TO BE A SANIBEL LOCAL IN THE SUMMER!

We can turn left on Periwinkle, we can easily get a table in our restaurants, and we can take advantage of the exclusive summer massage packages at

Island Therapy Center

Rejuvenate your body, mind and spirit, and be relaxed and ready when (gulp!) season hits.

3 pack \$87/session or 6 pack \$84/session - Relaxation or Deep Tissue

Call 239-395-5858 or stop by for details. www.islandtherapycenter.com

2242 Periwinkle Way, Suite 2 (Sanibel Square) 888-888-8888



dearPharmacist

## How Choline Can Affect Blood Pressure And POTS



by Suzy Cohen, RPh

**Dear Readers:** My article on POTS is one of the most well-trafficked articles on my entire website. POTS is the acronym for Postural Orthostatic Tachycardia

Syndrome, which can make you feel dizzy and lightheaded when you first stand up. It's really common and it's much more complex than I've described here. I have more news for you.

A study published in *The FASEB Journal* highlights why certain medications that block acetylcholine breakdown are often extremely helpful for POTS patients.

This new study closely examined choline which feeds your cell membranes and connective tissue. The scientists researched "fibroblasts" cells which they extracted from POTS patients who were deficient in choline. Interestingly, these patients were also deficient in betaine which is an amino acid and a methyl donor sold as a dietary supplement.

Anyway, the scientists looked at choline transport and cell membrane health as well as mitochondrial function in their tissue samples and compared them to healthy cells from patients without POTS.

Before I tell you the ending, let me first tell you what choline is. It's a nutrient found in foods like beef liver, eggs and milk and it can be made in the liver. It's critical to making membranes and "wrappers" for all your cells so it's important for connective tissue and blood vessels. Choline is helpful for making your nerve cells talk to each other properly. It is needed for acetylcholine production; acetylcholine is a neurotransmitter best known for supporting memory.

The study ties up the fact that choline deficiency is bad for a POTS patient. The researchers found that choline deficient cells all had disrupted cell membranes! That means they can't communicate well.

The protein carrier used to transport choline around the cells was two to three times lower in POTS fibroblasts and the ability to utilize choline was decreased by a whopping 60 percent! Choline deficiency hurts your mitochondria, too, and leads to poor oxygen consumption. Basically, your cells can't breathe, can't make energy and can't talk to each other. They also noticed poor blood sugar control and impaired electrical activity within the mitochondria. Taken together, this means a ton of cellular trouble.

It's the first study of its kind to show that people with POTS have a breakdown in cell membrane integrity. I've said this for many years, and I'll say it again: It's all about your cell membrane! The research proved when choline was supplied to the POTS cells, healthy function returned. There are millions of people struggling with POTS.

The POTS research certainly suggests that choline is a major player. Choline-rich foods include egg yolks and beef liver. We live in an egg-yolk phobic society and not many people are much into beef liver either. Methylation difficulties which most people have also contributes to POTS. You can read more about methylation and POTS at my website where I will post the longer version of this article.

In the meantime, ask your physician if choline is right for you. It's sold everywhere but remember, just because a study is positive doesn't mean it's right for you so have an intelligent discussion about this with your doctor.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

From page 11

### Divers-Down Flags

said. "Diving without the divers-down symbol displayed or using it for reasons other than to inform of the presence of divers is unlawful."

The flag or buoy should only be displayed when divers are ready to enter the water or are in the water. When divers or snorkelers exit the water, it must be taken down.

More information on divers-down flag requirements is available online at [MyFWC.com/Boating](http://MyFWC.com/Boating) by clicking on Boating Regulations.

format and the deadline to enter is Tuesday, September 1. Entrance fee is \$1,000 per foursome and includes lunch, post tournament dinner, silent auction, contests and prizes.

Tournament day check-in begins at 11 a.m., with the shotgun start at 12:30 p.m. and a 5:30 p.m. dinner. Guests are welcome to attend the dinner and silent auction for \$50 per ticket.

To register a foursome or to become a tournament sponsor, contact Nanette Scoville, Development Director, at 472-3644 ext. 232 or [nscoville@crowclinic.org](mailto:nscoville@crowclinic.org).

## CROW Golf Tournament Tees Off October 10

The Clinic for the Rehabilitation of Wildlife will host the 2015 CROW Classic on Saturday, October 10 at The Sanctuary Golf Club on Sanibel. The tournament is sponsored by the Lazy Flamingo and Sunset Grill, with all event proceeds benefitting direct patient care at CROW's wildlife animal hospital. The tournament will be a foursome

## ISLAND SUN BUSINESS NEWSMAKERS

### Top Sales Associates



Chuck Andrews



Kimberley Andrews

Chuck and Kimberley Andrews were honored by RE/MAX International as one of the top

sales associate teams in Florida. Of over 5,080 Florida RE/MAX sales associates, they are ranked 40th for the first six months of 2015.

### Realtor Honored

RE/MAX International announced that Chuck Bergstrom of RE/MAX of the Islands was ranked as third most productive associate of over 5,000 Florida RE/MAX agents.



Chuck Bergstrom

## Thomas R. Louwers, M.S.T.

### TAX-CONSULTING & ACCOUNTING SERVICES

Serving the islands since 1978 • Professional and Confidential

Income Tax Preparation • Individuals • Corporations • Estates & Trust

Tax Consulting - Tax Deferred Exchange

International Taxation • State Tax Forms

(239) 472-5152

1619 Periwinkle Way, Suite 102, Sanibel Island, FL 33957

YOU NEED A TREATMENT AS POWERFUL AND STRONG AS YOU WANT TO BE.

## PROLOTHETHERAPY

NATURAL INJECTION THERAPY

NON-SURGICAL  
PAIN RELIEF  
FROM:

- Back Pain
- Headaches
- Joint Instability
- Labral Tears
- Meniscal Tears
- Osteoarthritis
- Sports Injuries
- ...and much more!

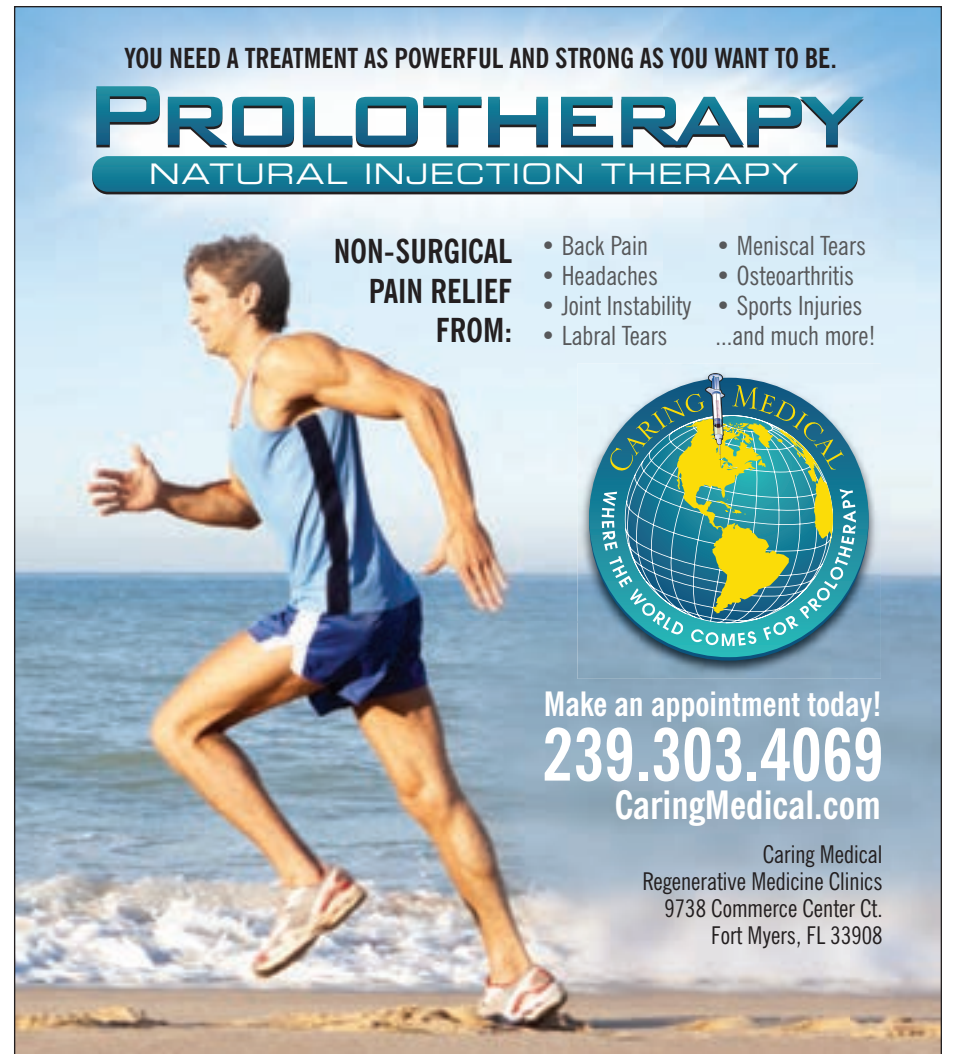


Make an appointment today!

**239.303.4069**

[CaringMedical.com](http://CaringMedical.com)

Caring Medical  
Regenerative Medicine Clinics  
9738 Commerce Center Ct.  
Fort Myers, FL 33908





# My Stars ★★★★★

FOR WEEK OF AUGUST 10, 2015

**ARIES** (March 21 to April 19) Avoid adding to the tension around you. Even a well-meant reaction against something you perceive as unfair could be misunderstood. Let things calm down, and then talk about it.

**TAURUS** (April 20 to May 20) It's a good time for romance for unattached Bovines, and a good time for reinforcing the bonds between partners. Children's needs are important during the latter part of the week.

**GEMINI** (May 21 to June 20) A compliment from a surprising source sends you wafting way up into the clouds, where -- sorry to say -- your view of what's going on is obscured. Come on down and face some reality.

**CANCER** (June 21 to July 22) Even a family-loving person like you sometimes can feel you're at the end of the line with contentious kinfolk. But things can work out. Remember that it's better to talk than walk.

**LEO** (July 23 to August 22) A job-related move might hold more positive surprises than you'd expected. Go into it with confidence, and look for all the advantages it offers. Then decide what you'll do with what you find.

**VIRGO** (August 23 to September 22) Driving yourself too hard to get something done on a deadline you set up can backfire. Ease into a more realistic finish date, and add more breaks to your work schedule.

**LIBRA** (September 23 to October 22) Your sense of humor can brighten any dark period, and your laughter can dispel those gray clouds swirling around you. The weekend presents a surprising but

welcome change.

**SCORPIO** (October 23 to November 21) Be careful about the words you use, especially in touchy situations. The old Chinese saying that the spoken word is silver, but the unspoken gold could well apply here.

**SAGITTARIUS** (November 22 to December 21) Some facts could emerge to shed light on unresolved past problems. What you learn also might help explain why a once-warm relationship suddenly cooled down.

**CAPRICORN** (December 22 to January 19) Don't let your pride get in the way of checking into what could be a great new opportunity. Get the facts first, and worry about procedure and protocol later.

**AQUARIUS** (January 20 to February 18) A health problem in the family might have other relatives assuming that, as before, you'll take over the health-care duties. Surprise them and insist they share in the caretaking.

**PISCES** (February 19 to March 20) A series of changes can be unsettling, but in the long run, it can pay off with new perspectives on what you plan to do. Keep your mind open to the possibilities that might well lie ahead.

**BORN THIS WEEK:** You might be under a "royal" sign, but you have a wonderful way of embracing everyone as an equal.

## THIS WEEK IN HISTORY

- On Aug. 10, 1776, news reaches London that the Americans have drafted the Declaration of Independence. Parliament was unwilling to negotiate with the American rebels and hired Hessians, German mercenaries, to help the British army crush the rebellion.

- On Aug. 13, 1903, engineer Felix Wankel, inventor of a rotary engine, is born in Lahr, Germany. Wankel reportedly came up with the basic idea for a new type of internal combustion gasoline engine when he was only 17 years old.

- On Aug. 15, 1914, the American-built Panama Canal, connecting the Atlantic and Pacific oceans, is inaugurated with the passage of the U.S. vessel Ancon, a cargo and passenger ship. Engineers moved nearly 240 million cubic yards of earth in constructing the 40-mile-long canal.

- On Aug. 11, 1934, the first group of federal prisoners classified as "most dangerous" arrives at Alcatraz Island, a 22-acre rocky outcrop in San Francisco Bay. The convicts joined military prisoners left over from the island's days as a U.S. military prison.

- On Aug. 12, 1973, golfer Jack Nicklaus wins the PGA Championship for his 14th major title, surpassing Bobby Jones' 43-year-old record.

- On Aug. 16, 1984, John DeLorean, founder of the DeLorean Motor Company, is found not guilty due to entrapment after being charged with smuggling drugs in an effort to raise money for his struggling automobile company.

- On Aug. 14, 1994, Illich Ramirez Sanchez, the terrorist known as Carlos the Jackal, is captured in Sudan by French intelligence agents. In 1975, Sanchez and his men took 70 OPEC officials hostage at a Vienna conference, escaping with up to \$50 million in ransom after killing three hostages.

## STRANGE BUT TRUE

- The average resident of North America consumes about 600 sodas every year.

- Another good reason to recycle: The energy saved by recycling one glass jar is enough to watch TV for three hours.

- There are many laws that have been passed during our nation's history that make you think that some of our legislators have a bit too much time on their hands. For example, in Alaska it is illegal to look at a moose from an airplane; an Illinois law states that a car must be driven with the steering wheel; in West Virginia, you can be imprisoned for cooking sauerkraut or cabbage, due to the offensive odor; and a California law of 1925 made it illegal to wiggle while dancing.

- The same man who discovered the planet Uranus also invented contact lenses.

- A giraffe can use its tongue to clean its ears -- not too difficult a task, I suppose, if your tongue is 21 inches long.

- Everyone has seen bonsai -- those tiny trees that are pruned into aesthetically pleasing shapes. Many people don't realize, though, that even trees that grow to be giants of the plant world, such as redwoods and giant sequoias, can be used to create these miniatures.

- The United States once issued a bill of currency that was worth 5 cents.

- The name of the popular Japanese dish teriyaki literally means "shiny and broiled."

- There is only one bird that can swim but not fly: the penguin, of course.

## THOUGHT FOR THE DAY

"A man has made great progress in cunning when he does not seem too clever to others." -- La Bruyere

# PROFESSIONAL DIRECTORY

## GENERAL CONTRACTOR



CGC1517615



**New Construction & REMODELS**

**239-593-1998** | [www.dbrownngc.com](http://www.dbrownngc.com)

## COMPUTER SERVICES




**Tech Services for All Devices**

**239-395-9434**

## IMPACT WINDOWS & DOORS/GLASS



**Windows Plus**

"SWFL Window and Door Specialist"

**Phone: 239-267-5858 Fax: 239-267-7855**

**[www.windowplusllc.com](http://www.windowplusllc.com)**

**10831 Sunset Plaza Circle, Unit 107 Fort Myers, FL 33908**

**E-mail: [office@windowplusllc.com](mailto:office@windowplusllc.com)**

## CONSTRUCTION



**MILLS BROTHERS BUILDING CONTRACTORS**

QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

Office Phone & Fax: 239-472-6711

Joseph Mills Lic. #CBC058789  
William Mills Lic. #CBC058788

## DESIGN AND REMODELING

**ARTISTIC INTERIORS INC.**



"WE DON'T JUST DO REMODELING, WE CREATE ARTWORK"

CALL CHRIS BORING @ 239-989-6122

DESIGNING AND REMODELING-FROM CONCEPT TO COMPLETION

BORINGDESIGNSO6@EMBARQMAIL.COM

QUALITY REMODELING AND SERVICE

Lic#RG291 103860, SI 16371

## CONSTRUCTION/REMODELING



**COOPER CONSTRUCTION**

Custom Homes & Remodeling Specialists

We can design, build and manage any endeavor you can dream up.

**239.454.5699**

[cooperconstruction@embarqmail.com](mailto:cooperconstruction@embarqmail.com)

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742



From page 15

## Youth Fishing Day

respect for places like these."

Upon the anglers return, hot dogs were served courtesy of George Schnapp of George & Wendy's Seafood Grille. To put the icing on the cake, every kid was sent home with a fishing pole and tackle donated by the "Ding" Darling Wildlife Society. "Providing exciting and educational opportunities likes these, especially for future generations, is so important to shape future conservation stewards," said "Ding" Darling Wildlife Society Associate Director Sarah Lathrop. "Supporting this event is a great way to get kids, who may never get the chance to fish, outside and to fall in love with the outdoors."

Tarpon Bay Explorers thanks all of its sponsors for making this event possible including: The Bait Box, Caloosa Wholesale, Dale Shirley, "Ding" Darling Wildlife Society, George & Wendy's Seafood Grille, JN "Ding" Darling National Wildlife Refuge, Lexington Fishing Club, Sanibel Fishing Club, Shallow Bait and Tarpon Bay Explorers.✱

From page 28

## Twins And Red Sox

record. They trailed first-place Palm Beach by four games.

The Miracle, however, has the opportunity to close the gap on Palm Beach during the next 10 days as they face the Cardinals six times in the next 10 games.

Fort Myers is on the road this week at Palm Beach and St. Lucie before returning home to Hammond Stadium next Thursday for a three-game series

with the Cardinals. The Thursday and Friday games have 7:05 p.m. starts and Saturday's game begins at 6:05 p.m.✱

From page 32

## Autism Screening

children is diagnosed with some form of Autism Spectrum Disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.✱

From page 38

## Hook-Up

your middle finger in the recessed space at the center base of the skull). Hold up to 30 seconds.

Have fun with your energy. Next week's topic is Taking on Others' "Stuff"? - Let's Zip-up

*If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱*

From page 38

## Healthy Diet

would prefer having roasted Brussels sprouts to a piece of cake. Early on in my life, I ate a lot of vegetables, and also experimented with ways to make them taste good. When you learn how to cook them, they are just fabulous. Give it a try.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caring-medical.com.✱*

## Enterprise Networking Certification

Florida SouthWestern State College's (FSW) School of Business and Technology will soon offer an Enterprise Networking college credit certificate (CCC). The CCC will enable students to achieve Microsoft Certified Solutions Associate (MCSA) certifications in Windows Server 2012 and Windows 8.

MCSA certifications qualify candidates for administrative jobs in information technology positions supporting Windows Server networks and Windows desktop operating systems.

"Earning an MCSA: Windows Server 2012 certification is the first step to becoming a Microsoft Certified Solutions Expert (MCSE)," said Andrew Blitz, FSW

technology professor. "The MCSA is the newest certifications Microsoft offers, and it is highly sought in the information technology fields."

"FSW is excited to be able to offer this new opportunity as recognized industry certifications are increasingly demanded by local employers," said Dr. John Meyer, dean, School of Business and Technology.

Courses to complete the CCC will begin this fall.✱

### Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

# PROFESSIONAL DIRECTORY

## POOL SERVICE & REPAIR

### Deep-End Pool Service

25 years experience  
License # CPC1457386



**239-699-6279**

- Islands Premier Pool Service
- Professional Weekly Service
- Fast Expert Equipment Repair and Replacement
- Specializing in Rental Properties

also Complete Pool and Deck remodeling, Repair and Installation of all brands of Pool Heaters including Gulfstream, Aquacal and Aquatherm.

24/7 emergency repair service.

Free estimates for weekly service and repairs!

## NEW HOMES, REMODELING & ADDITIONS

### KIRCHNER CONTRACTING INC.

- New Homes
- Consulting
- Remodeling
- Contracting

MATT KIRCHNER  
CG-C059097  
Mobile: 239-410-6932

P.O. Box 143  
Sanibel Island, FL

Phone: 239-472-2601  
Fax: 239-472-6506

## CUSTOM HOME BUILDER

Ph (239) 472-8446  
DeCorteFour.com

Ron DeCorte  
#CBC058483



**DeCorte Four**  
Custom Home Builders, Inc.

We do it all from repairing a door to adding a 2nd Floor  
New Construction Too

P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

## INTERIOR DESIGN



Pam Ruth  
V.P. Interior Design

### Design Center

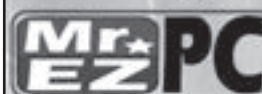
Verticals • Mini Blinds • Draperies • Wallpaper • Furniture  
Ceramic • Wood • Appliances • Interior Painting • Custom Cabinets  
Upholstery • Kitchen & Bath Remodeling

2330 Palm Ridge Road • Sanibel, FL 33957  
(239) 395-2525 • Fax (239) 395-2373  
• www.beachfloordecor.com

## COMPUTERS

**Paul Bogdon:**

Virus Removal  
PC Upgrades



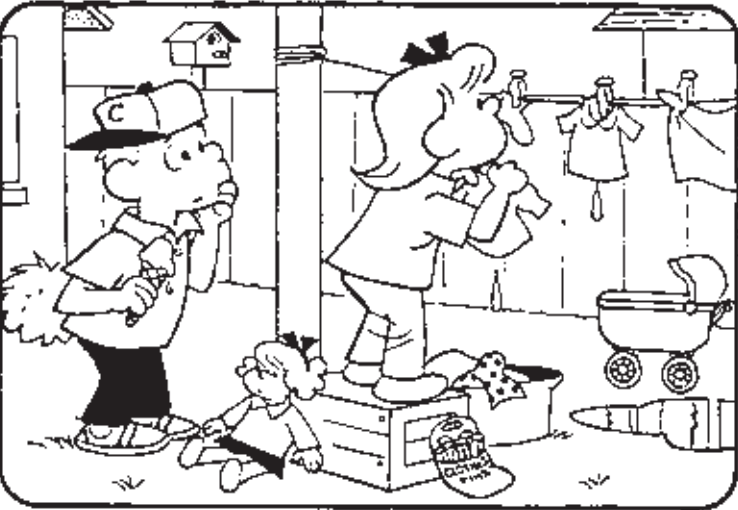
- Custom PCs
- Networks
- Installation
- POS Systems
- Security & Cameras
- Home Theater

Toll Free 1-888-  
**MREZPC1**

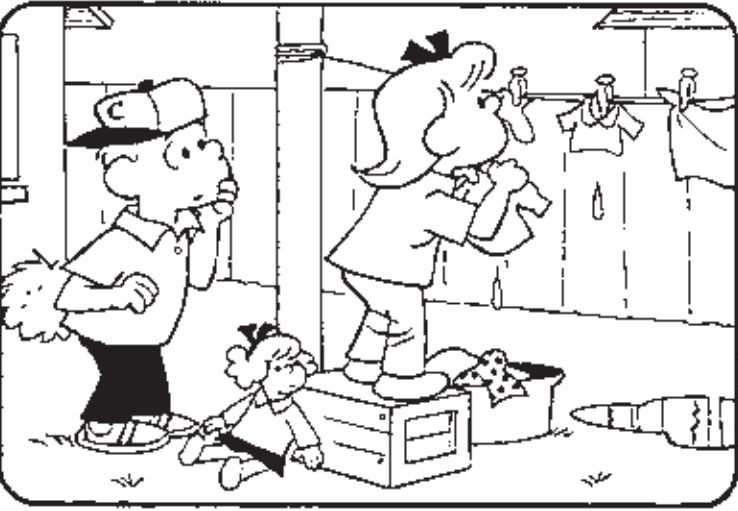


HOCUS-FOCUS

BY  
HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Birdhouse is missing. 2. Come is missing. 3. Doll's head is turned. 4. Clothespin bag is missing. 5. Dress is missing. 6. Carriage is missing.



"Don't worry about the expense—we'll have him back on his feet and working before you know it."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Shoot  
TROUPS  
Obvious  
TROVE  
Provide  
STEVIN  
Domain  
LAMER

TODAY'S WORD

answer on page 43

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 8 |   | 2 |   |   |   | 4 |
| 5 |   |   | 3 | 9 |   | 1 |   |   |
|   | 9 |   |   |   | 4 |   | 7 |   |
|   | 3 |   | 4 |   |   | 8 |   |   |
|   |   | 9 |   |   | 6 |   |   | 5 |
| 2 |   | 1 |   | 7 |   |   | 4 |   |
|   | 7 |   |   | 6 |   |   |   | 8 |
| 4 | 2 |   | 8 |   |   | 3 |   |   |
|   |   | 5 |   |   | 3 |   | 6 | 1 |

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 43

PROFESSIONAL DIRECTORY

CRAFTSMEN

**ISLAND CRAFTSMEN**  
Quality Work  
40 Years Experience

Kitchens - Baths - Decking  
- Painting - Flooring - Blinds  
- Homewatch - Etc.

**CALL: 239-603-3334  
or 239-464-7485**

UPHOLSTERY

A Friendly Personalized Service From  
Owner-Operator Steven Cserenyak

**PARAMOUNT DECORATOR  
& UPHOLSTERY**  
since 1974

Complete line of quality upholstery work by European Craftsman  
We work with the finest imported silk, satin, damask, brocades, velvets,  
hand-loomed crewel, embroidered tapestries from Italy, Belgium & India.

Antique Furniture Restoration  
We also do boat cushions & down feather cushions  
239-948-9911 • 11791 Bradley Court, Bonita Springs

POOL SERVICE

**Island Condo  
Maintenance, Inc.**  
RP0031826 Since 1974 SI-12240

**COMPLETE POOL SERVICE  
SANIBEL AND CAPTIVA ISLANDS  
RESIDENTS OF SANIBEL**

**Specialists In:**

- Pool Service and Repairs  
For Residential-Commercial

**Complete Line Of:**

- Chemicals-Pumps-Motors-Filters
- Pool Supplies and Parts

**Installation Of:**

- Pool Heaters, Blankets  
& Roller Systems

**7:00 AM - 4:00 PM MON-FRI  
8:00 AM - NOON SATURDAYS**

**472-4505**  
Fax: 472-8813

1205 PERIWINKLE WAY, SANIBEL FL 33957  
EMAIL: IslandCondo@comcast.net

CONTRACTOR

**INTERLOCKING PAVERS  
MEDITERRANEAN STONE**

RESIDENTIAL - COMMERCIAL  
DRIVEWAYS - POOL DECKS - PATIOS - CONDOS

**GIGI DESIGN GROUP**  
Since 2001, A Southwest Florida Paver Contractor

Schedule free estimates or  
visit our new show room

Lic.# S3-12238 **www.gigicompanies.com** 239-541-7282

TREE & LAWN CARE

**EnviroMow**  
239-896-6789

Complete Landscaping Services

- Tree Service and Pepper Clearing
- Lawn Care • Landscape Trimming & Pruning
- Fertilization • Weed Maintenance • Mulch Applications
- Property Clean up

Sanibel Family Owned & Operated  
Licensed & Insured / [www.enviromow.com](http://www.enviromow.com)



# PUZZLE ANSWERS

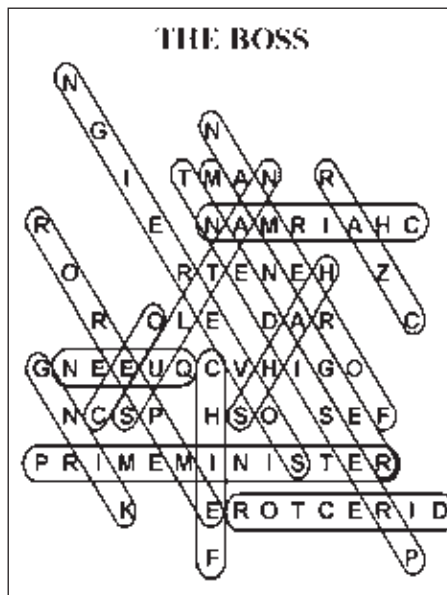
## SUPER CROSSWORD

OFFRAMP OLDPRO GHOSTS  
GRUEIER STREFF RUNOUT  
HANDYREFERENCE INSURE  
ONMELO SARONGTIM  
OFAICEP PAPAJOHNS  
VANITYVIRRO STUY  
PUENTE GIDEON RASTA  
SKYE CUS GREEDYPAWS  
CHEAPLY DARE PHIS  
CHAFE USROUTE APPEASE  
RECID THESMURFS DARTS  
EARNERS STABLE ALASS  
CVI ECCE SENORAS  
HEFTYCHUNK ESCABUT  
ESTEE MTUJI ENCASE  
LATE CHEFBOYARDEE  
LAZYSAN FUSED NOH  
IRA ANALOG MDS YASA  
BIGEYE GROUCHY LADYBUG  
REAPER AMANDA ONEMILE  
ALTARS ESTEEM TINSTAR

## KING CROSSWORD

LANE EWE SWIM  
IRON MAP KITE  
MISC CLARINET  
BAYONET ATOMS  
RUE NYC  
LINEN FISHNET  
ARE FAX ORR  
CABINET ESSAY  
NEW HAM  
PASHA CORONET  
INTERNET KITH  
TOUR ODE ESAU  
ANNE GEL DISS

## MAGIC MAZE



## SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 1 | 8 | 6 | 2 | 5 | 9 | 3 | 4 |
| 5 | 6 | 4 | 3 | 9 | 7 | 1 | 8 | 2 |
| 3 | 9 | 2 | 1 | 8 | 4 | 5 | 7 | 6 |
| 6 | 3 | 7 | 4 | 5 | 1 | 8 | 2 | 9 |
| 8 | 4 | 9 | 2 | 3 | 6 | 7 | 1 | 5 |
| 2 | 5 | 1 | 9 | 7 | 8 | 6 | 4 | 3 |
| 1 | 7 | 3 | 5 | 6 | 2 | 4 | 9 | 8 |
| 4 | 2 | 6 | 8 | 1 | 9 | 3 | 5 | 7 |
| 9 | 8 | 5 | 7 | 4 | 3 | 2 | 6 | 1 |

## PROFESSIONAL DIRECTORY

### BRICK PAVERS

Lee County Lic. # IP06-00664  
Sanibel Lic. # S3-14729

**239-560-1199**  
timsmithbrickpavers@gmail.com

### TRAVEL AGENCY

Leigh Klein - Owner  
Sanibel, FL

**239.472.3171**

AllWaysTravel@LeighKlein.com  
www.AllWaysTravelTheWorld.com

Affiliate of  
Frosch Travel

## SCRAMBLERS

*solution*

1. Sprout; 2. Overt;
3. Invest; 4. Realm

*Today's Word*  
**OVERTIME**

### GLASS

Insured

Licensed  
# S2-11975

**Stevens & Sons Glass**  
Replacement Impact Windows & Sliding Doors,  
Mirrors, Tub & Shower Enclosures, Store Fronts,  
Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road Phone: (239) 472-0032  
Sanibel Island, FL 33957 Fax: (239) 472-0680

### PAINTING

Residential & Commercial Painting

- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Licensed & Insured

COLOR SCHEMES  
on request from  
Sanibel Home Furnishings

Lic #S3-11944

**395-3928 Cell: 841-4302**  
barefootcharley@aol.com

With your contract  
a donation to your  
favorite charity will be made.

Would you like your  
business card in  
every home and  
business on Sanibel  
& Captiva every week?

**239-395-1213**

### FISHING CHARTER

Light Tackle Sport Fishing  
Tarpon • Snook • Redfish & More

**CAPT. MATT MITCHELL**

USCG  
Licensed  
& Insured

**C: (239) 340-8651**  
www.captmattmitchell.com  
email: captmattmitchell@aol.com

### AUTO DETAILING

**SUPERIOR SHINE DETAILING**  
- TAYLOR WILLIAMS

SERVICES IN  
- FT. MYERS  
- SANIBEL  
- ESTERO  
- NAPLES

CONTACT INFORMATION  
- (239)-410-7840  
- ZONEDCARS@GMAIL.COM

IN DRIVEWAY SERVICES



# REAL ESTATE

**GARCIA REAL ESTATE  
AND CONSULTING**



## REAL ESTATE

**WANT TO TOUR A  
NEW SANIBEL MODEL?**



## COMMERCIAL RENTAL

## OFFICE SPACE AVAILABLE



## SEASONAL RENTAL

## RE/MAX OF THE ISLANDS

Putting owners and  
tenants together  
Call Ryan Block  
www.remax-oftheislands.com  
239-472-2311  
\*RS 1/23 BM TFN

## ANNUAL RENTAL

## SINGLE FAMILY SANIBEL HOME

Annual lease for this charming Dunes 3/2  
with huge enclosed garage.  
Asking \$2,595 a month plus utilities.  
Call Charlie at 239-850-0710.  
\*NS 7/31 CC TFN

## SERVICES OFFERED

## AFFORDABLE HOME CARE

Private Duty & Personal Assistant  
Flexible shifts from 4hrs, Live Ins & 24hrs  
Bath Visits, Alzheimer's Care, Bedridden  
Stroke, Parkinson's, Traveling Companion  
Licensed and Insured. 239-444-6914  
\*NS 11/28 CC TEN

## HIGH POINT CONDO

### \$389,900



## COMMERCIAL RENTAL

## OFFICE SPACE FOR RENT

Great office space for rent.  
Great location,  
700 square feet on Periwinkle.  
Call Joe Gil 516-972-2883  
or 800-592-0009.  
\*NS 4/24 CC TEN

## VACATION RENTAL

## LIGHTHOUSE REALTY

Paul J. Morris, Broker  
VACATION RENTALS  
PROPERTY MANAGEMENT & SALES  
359 Periwinkle Way, Sanibel Island  
**239-579-0511**  
✱RS 1/4 CC TFN

## ANNUAL RENTAL

**SANIBEL GROUND LEVEL**

2 Bedroom, 1.5 Bath+  
Home-Office/Den  
Convenient Sanibel Location  
Updated Kitchen & Baths  
Tile Living Areas  
Fenced Back Yard.  
\$1,995./Mo.  
Available Now  
Call Jessica at (239)472-2603 x228  
\*NS 7/31 CC 8/7

## UPHOLSTERY

On Island Free Estimates.  
Over 15 Years Experience.  
Offering Professional Upholstery Services,  
Custom Art and Hand Painted Furniture.  
Lacy@LacyMcClary.com or 918-740-4972.  
\*NS 1/23 CC TFN

## SANIBEL HOME WATCH

Retired Police Captain  
Lives on Sanibel  
Will Check Your Home Weekly  
Very Reasonable Rates  
(239) 728-1971  
\*RS 1/4 BM TFN

## Island Vacations

Of Sanibel & Captiva  
*Million \$ Views Await You!*  
 • Cottages • Condos • Homes •  
 Miles of Beaches & Bike Paths  
**239-472-7277**  
**1-888-451-7277**  
\*RS 1/4 RM TEN

## SUNDIAL BEACH AND TENNIS RESORT CONDO

Ground floor, one bedroom, screened lanai  
just steps to the beach. Freshly painted.  
Please call for details.  
Claudia 917-208-6018.  
\*RS 7/17 CC 8/28

**ROGER NODRUFF ELECTRIC**

Lic# EC12002788.  
Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
Office & Store Maint.  
✱RS 6/7 CC TEN

## Top 10 Real Estate Sales

| Development                 | City           | Square Footage | Listing Price | Selling Price | Year Built | Days On Market |
|-----------------------------|----------------|----------------|---------------|---------------|------------|----------------|
| Waterside                   | Bonita Springs | 3,348          | \$1,035,000   | \$970,000     | 1997       | 92             |
| Lakewood                    | Fort Myers     | 3,201          | \$890,000     | \$835,000     | 2006       | 166            |
| Cape Coral                  | Cape Coral     | 3,534          | \$750,000     | \$750,000     | 2007       | 56             |
| Nature's Cove               | Estero         | 2,634          | \$699,900     | \$700,000     | 2006       | 67             |
| Nature's Cove               | Estero         | 2,481          | \$719,900     | \$684,000     | 2007       | 0              |
| Cape Coral                  | Cape Coral     | 2,700          | \$649,000     | \$650,000     | 2015       | 113            |
| Pine Island Shores Unit 4   | St. James City | 1,344          | \$635,000     | \$635,000     | 1975       | 105            |
| Cottages at Pelican Landing | Bonita Springs | 2,283          | \$679,000     | \$634,000     | 1996       | 39             |
| The Dunes at Sanibel Island | Sanibel        | 1,912          | \$599,900     | \$618,000     | 1976       | 60             |
| Longleaf                    | Bonita Springs | 2,529          | \$610,000     | \$585,000     | 2004       | 0              |

Courtesy of Roval Shell Real Estate



# ★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

## SERVICES OFFERED

### HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management  
\* Island Resident \* Licensed & Insured  
\* 24/7 \* www.doradoproperty.com  
Call Lisa or Bruce at 239-472-8875  
\*RS 3/21 CC TFN

### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and  
Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
scarnatolawn@aol.com  
\*RS 1/25 BM TFN

### HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction  
Sanibel & Captiva • 239-565-0471  
Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

### MOBILE DOG GROOMING

Self-Contained Trailer  
Up to 40 Lbs.,  
Total Grooming, Package,  
Please call.  
239-313-7140.  
\*RS 3/6 CC TFN

## HELP WANTED

### VOLUNTEERS NEEDED

The Bailey-Matthews National Shell  
Museum needs Education and Great Hall  
volunteers. No experience necessary, will  
train. Please contact Melanie at  
(239) 395-2233 ext 11.  
\*NS 7/11 NC TFN

### VOLUNTEERS NEEDED IMMEDIATELY

The Senior Companion Program  
provides volunteer opportunities to  
seniors 55 yrs. old and older, to offer  
companionship & friendship  
to frail elderly individual who are  
homebound and generally living alone.  
These volunteers serve 20 hours each  
week and receive a small non-taxable  
stipend, of \$2.65 per hr. and .40 a mile  
for travel, on-duty insurance, as well  
as annual health screening.  
Please call the Dr. Piper Center  
at (239) 332-5346  
ask for Jonah or Lourdes.  
\*NS 2/20 NC TFN

## HELP WANTED

### BICYCLE RENTALS/DELIVERIES AND CASHIERS

Billy's Rentals on Sanibel needs outgoing  
individuals to assist customers with bicycle  
rentals/deliveries and cashiers with ability  
to multi task with a smile! Transport from  
FM location available. FT (benefits) or PT.  
Apply at Billy's Bike Shop, 1509 Periwinkle  
Way or call Vanessa at 239-472-4919 or  
email qualifications to  
info@sanibelbike.com  
\*NS 8/7 CC 8/14

### JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or  
Waiters with open availability Monday  
through Sunday. If interested call  
and ask for Kim 472-9300.  
\*NS 5/29 CC TFN

### HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New  
McGregor Salon. Increase your income,  
be your own Boss. Positive, friendly,  
comfortable atmosphere. Close to FMB &  
Sanibel. Located in the busy, McGregor  
Pointe Shopping Center near K-mart.  
For Info call Anita 239-233-9882  
\*RS 3/13 CC TFN

### VOLUNTEERS NEEDED

Volunteers needed for light general  
maintenance. Call (CHR) Community  
Housing & Resources, Inc. 472-1189.  
\*NS 11/1 NC TFN

## VEHICLES FOR SALE

### GOLF CART FOR SALE



Street legal, "gas" powered.  
\$6,500. 239-209-6500  
\*NS 7/17 BM TFN

## BOATS - CANOES - KAYAKS

### DOCKAGE

Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

## LOST AND FOUND

### LOST CAT

Black and White.  
Last seen East End of Island,  
Yachtsmans Drive. Reward.  
Please call 239-224-8471 or 277-0058.  
\*RS 6/19 CC TFN

## FOR SALE

### PATIO DINING SET

48" Inch glass top metal dining table w/  
umbrella hole, four metal/rattan chairs.  
Excellent. \$150. 472-7293 Sanibel  
\*NS 7/31 CC 8/7

### MAINE COON KITTENS

Registered Maine coon kittens  
(CFA and TICA.) Vet checked, all shots,  
parasite free. Big, sweet lovable. Long time  
registered breeder on Sanibel. \$950.  
Amy (c) 239-699-8741.  
\*NS 4/3 CC TFN

TO PLACE A  
CLASSIFIED  
LOG ONTO:

**IslandSunNews.com**

CLICK ON  
PLACE CLASSIFIED



**GARAGE •  
MOVING • YARD  
SALES**

### DOWNSIZING MOVING SALE

Saturday, August 8, 8 a.m. to 4 p.m.  
499 Leather Fern Place, Sanibel  
Books, Arts & Crafts Material,  
Household Goods  
and some Equipment.  
\*NS 8/7 CC 8/7

### MOVING SALE

Saturdays, August 1 and August 8  
8:30 a.m. to 2 p.m.  
1409 Albatross Road  
Sanibel Island  
(Off Dixie Beach Road)  
16 ft ocean worthy kayak,  
4 poster bed w/steps,  
couch, tools, furniture  
& many other household items.  
\*NS 7/31 CC 8/7

## Shore Fishing:



### Don't Harm The Fish by Capt. Matt Mitchell

Landings a big fish from the  
beach can be hard on the  
fish. Dragging a fish up  
onto the sand if you're going  
to release it is not an option  
as it usually damages or kills  
the fish.

- Hold the fish in the water  
while you unhook it if you're  
going to release it.
- The less you can touch a  
fish before release the better  
for the fish.
- If you want a picture with  
the fish, support it as you lift  
it out of the water – and do it  
quickly.
- Before releasing, revive  
the fish while holding it in the  
water; moving it slowly back  
and forth so water goes over  
its gills. The fish will let you  
know when it's ready to swim  
off.
- Florida just recently  
changed the regulations on  
fishing from shore. Florida  
residents as well as out of  
state visitors need a fishing  
license to fish from shore.

## LIVE ON THE ISLANDS

**The Crow's Nest Beach Bar  
& Grille at 'Tween Waters Inn**  
has live entertainment with Bad  
Banditos on Friday and Saturday.  
Crab shows are on Mondays and  
Thursdays.

**The Jacaranda** has live enter-  
tainment Friday, Saturday and  
Monday with Renata, playing funk,  
jazz and contemporary. On Tuesday,  
it's Sir Mitch, playing classic rock,  
R&B and dance. Wednesday is  
Barbara Dexter, playing contem-  
porary, oldies and current hits.  
Thursday is Eric Malibu, playing  
contemporary, reggae and dance.

**The Mucky Duck** on Andy  
Rosse Lane, Captiva features  
music by Gary Earle on Thursday  
and Friday. Gene Federico plays on  
Saturday. Gary Earle plays Sunday;  
Mark Dupuy plays on Monday;  
Perry English plays on Tuesday;

and Gene Federico plays on  
Wednesday.

**Sea Breeze Café at Sundial  
Beach Resort & Spa** has  
island style live entertainment on  
Mondays from 5:30 to 8:30 p.m.

**Traditions on the Beach at  
Island Inn** has live music Friday  
and Saturday with Joe McCormick  
and Marvilla Marzan, playing clas-  
sic R&B, jazz and pop. Woody  
Brubaker performs jazz and pop on  
Wednesday. Joe McCormick and  
Marvilla Marzan play on Thursday.

**The Island Cow** on Periwinkle  
Way has live entertainment on  
Friday with Gene Federico. Jay Helt  
plays on Saturday. Dan Confrey  
plays on Sunday.

**RC Otter's** on Andy Rosse  
Lane, Captiva, has live music daily  
with dining inside and out.

*Restaurant owners/managers, please email or fax  
any changes to your entertainment schedule to  
press@islandsunnews.com or 395-2299.\**



Pets Of The Week

I'm Dallas, a young girl with a loving personality who hopes very soon someone will want to give me a life-long home. I'm very playful and would be a great companion for someone who likes to jog or go for walks. However, I'm a lap dog too and love to be cuddled. My adoption fee is \$37.50 (regularly \$75) during Animal Services' Endless Summer adoption promotion.

There are still lots of kittens at the shelter but if you are looking for a special kitty, you'll want to adopt me. They call me Bali and I'm inquisitive, playful and cuddly. Please consider adopting my sister Cyclone too since we are two-for-one adoption fee. We both have gold eyes which are very striking against our sleek black coats. The adoption fee is \$25 (regularly \$50) during Animal Services' adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Dallas ID# 597215



Bali ID# 622241

PAWS Of Sanibel

Mommy And Daughter



Mommy



Daughter

Mommy and daughter need a home. Call Pam at Paws of Sanibel to give these wonderful girls a home at 472-4823.\*

Island Sun

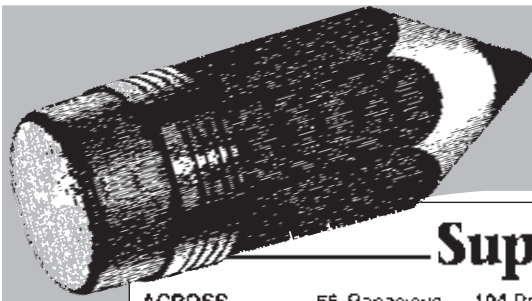
NEWSPAPER

Sanibel & Captiva Islands

CALLING CARD 239-395-1213

|  |                                |
|--|--------------------------------|
| Emergency .....  | 911                            |
| Sanibel Police .....   | 472-3111                       |
| Lee County Sheriff's Office .....  | 477-1200                       |
| On Call Captiva Deputy .....   | 477-1000                       |
| Fire Department - Sanibel .....  | 472-5525                       |
| Fire Department - Captiva .....  | 472-9494                       |
| Florida Marine Patrol .....  | 332-6966                       |
| Florida Highway Patrol .....   | 278-7100                       |
| Poison Control .....   | 1-800-282-3171                 |
| Chamber of Commerce .....  | 472-1080                       |
| City of Sanibel .....  | 472-4135                       |
| Administrative Office .....  | 472-3700                       |
| Building Department .....  | 472-4555                       |
| Planning Department .....  | 472-4136                       |
| Library - Sanibel .....  | 472-2483                       |
| Library - Captiva .....  | 239-533-4890                   |
| Post Office - Sanibel .....  | 472-1573                       |
| Post Office - Sanibel (toll free) .....  | 800-275-8777                   |
| Post Office - Captiva .....  | 472-1674                       |
| Sanibel Community Association .....  | 472-2155                       |
| Center 4 Life - Senior Center .....  | 472-5743                       |
| ARTS   |                                |
| Arcade Theater .....   | 332-4488                       |
| Art League Of Fort Myers .....   | 275-3970                       |
| BIG ARTS - Barrier Island Group for the Arts .....                                 | 395-0900                       |
| Broadway Palm Dinner Theatre .....   | 278-4422                       |
| Fort Myers Symphonic Mastersingers .....   | 288-2535                       |
| Gulf Coast Symphony .....  | 472-6197                       |
| Lee County Alliance for the Arts .....   | 939-2787                       |
| Naples Philharmonic .....  | 597-1111                       |
| The Herb Strauss Schoolhouse Theater .....   | 472-6862                       |
| Sanibel Music Festival .....   | 336-7999                       |
| Sanibel-Captiva Art League .....   | 472-4258                       |
| SW Florida Symphony .....  | 418-0996                       |
| CLUBS & ORGANIZATIONS  |                                |
| ABWA - American Business Women's Assoc. ....                                       | 565-7872 or 433-7798           |
| American Legion Post 123 .....   | 472-9979                       |
| Angel Flight SE .....  | 1-877-4AN-ANGEL                |
| Audubon Society .....  | 472-3744                       |
| CHR Community Housing & Resources .....  | 472-1189                       |
| Community Foundation of Sanibel-Captiva .....                                      | 274-5900                       |
| CROW - Clinic For The Rehabilitation of Wildlife .....                             | 472-3644                       |
| FISH of Sanibel - Friends in Service Here .....                                    | 472-0404                       |
| Sanibel Island Fishing Club .....  | 472-8994                       |
| Horticultural Society of the Islands .....   | 472-6940                       |
| Horticulture and Tea Society of Sanibel and Captiva .....                          | 472-8334                       |
| Kiwanis Club .....   | 677-7299                       |
| League of Women Voters .....   | sanibelLWV@gmail.com           |
| Lions Club, Tom Rothman .....  | 395-3248                       |
| Master Gardeners of the Islands .....  | 472-6940                       |
| MOAA - Military Officers Assc. of America, Alex MacKenzie ....                     | 395-9232                       |
| Newcomers .....  | 472-9332                       |
| Notre Dame Club of Southwest Florida .....   | 768-0417                       |
| Optimist Club .....  | 472-0836                       |
| PAWS .....   | 472-4823                       |
| Rotary Club .....  | 472-7257 or 472-0141           |
| Sanibel Bike Club .....  | sanibelbicycleclub.org         |
| Sanibel Beautification Inc. ....   | 470-2866                       |
| Sanibel-Captiva Orchid Society .....   | 472-6940                       |
| Sanibel-Captiva Power Squadron .....   | www.usps.org/localusps/sancap  |
| Sanibel-Captiva Republican Caucus .....  | 395-1202                       |
| Sanibel-Captiva Shell Club .....   | 395-1770                       |
| Sanibel Youth Soccer .....   | www.sanibelsoccer.org 395-2040 |
| United Way of Lee County .....   | 433-2000                       |
| United Way 211 Helpline 24 hour .....  | 211 or 433-3900                |
| Zonta Club .....   | 728-1971                       |
| ISLAND ATTRACTIONS   |                                |
| Bailey-Matthews Shell Museum .....   | 395-2233                       |
| JN "Ding" Darling National Wildlife Refuge .....                                   | 472-1100                       |
| Sanibel Historical Museum & Village .....  | 472-4648                       |
| SCCF Sanibel-Captiva Conservation Foundation .....                                 | 472-2329                       |
| To be listed in calling card email your information to:<br>press@islandsunnews.com |                                |



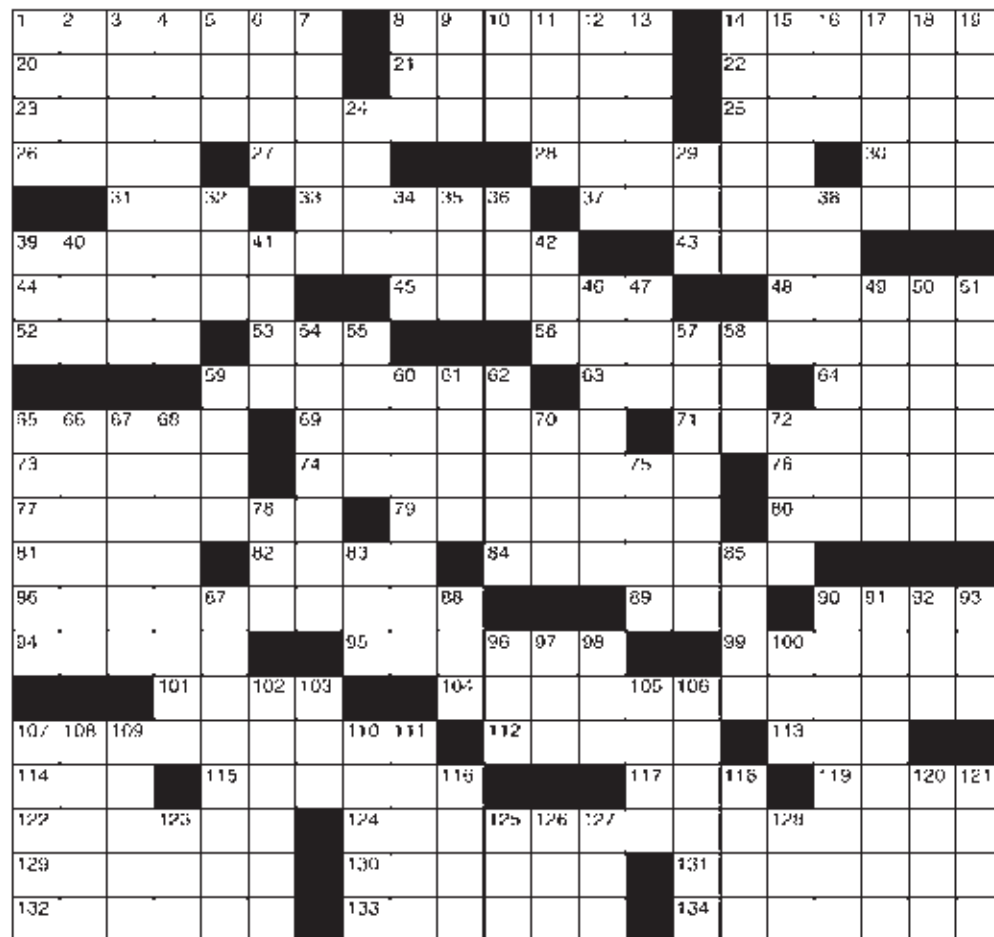


# BEACH CHAIR PASTIME

answers on page 43

## Super Crossword "AM I BLUE?"

- ACROSS**
- 1 Freeway exit structure  
 8 Seasoned veteran  
 14 Spits  
 20 More vicious  
 21 Meryl of him  
 22 Lapse, as a subscription  
 23 Thesaurus on one's desk, say  
 25 Underwrite  
 26 "Lean —" (1989 hit)  
 27 Jeff Lynne's band, briefly  
 28 Skin relative  
 30 Filmmaker Barbra  
 31 "Birds — leather..."  
 33 Acquire a winter coat?  
 37 Pizza Hut alternative  
 39 Item on many a dressing table  
 43 Daze  
 44 Trio of mambo  
 45 Hope Bible name  
 48 Jamaican sectarian  
 52 Actress Ione  
 53 They spin in PCs
- 56 Rapacious mites  
 59 For little cost  
 63 Have the gumption  
 64 Greek consonants  
 65 Irritate  
 69 American Hwy. number  
 71 Pacify  
 73 Worked over  
 74 Eight of their names are featured in this puzzle  
 76 Pub pastime  
 77 Wage makers  
 79 Abstract sculpture with no moving parts  
 80 "Amor" means, I love  
 81 Ovid's 107  
 82 Ovid's "Lo!"  
 84 Madames of Madrid  
 86 Pretty large portion  
 89 Letters on a PC key  
 90 Be beside  
 94 Laundry of perfumery  
 95 Volcano WSW of Tokyo  
 99 Put in a box  
 101 Not punctual
- 104 Pasta-can man  
 107 Revolver in a pantry  
 112 Made into an alloy  
 113 Yukulama drama  
 114 "Cantonal" writer Levin  
 115 Counterpart to digital  
 117 Rx writers  
 119 Rocker org.  
 122 Kind of tuna  
 124 Enc Carter kids' book, with "The"  
 129 One skilled with a code  
 130 Actress Byrnes  
 131 5,280 feet  
 132 "I do" locales  
 133 Hold high  
 134 Old West sheriff's badge
- 6 Nothing more than  
 7 Tojney starter  
 8 Sugar suffix  
 9 Bit of mail Abbr.  
 10 "Dr" who raps  
 11 Composes  
 12 Summary  
 13 "Orfeo," e.g.  
 14 Give a smile  
 15 Cause for a mistrust  
 16 Clip — (some lies)  
 17 WSW part  
 18 City of Italy  
 19 Blossom supporters  
 24 Converging points  
 29 Covert  
 32 J.C. holder  
 34 Work unit  
 35 Spoon-bending Geller  
 36 Like two peas in a —  
 38 How some court cases are won  
 39 42 execs  
 40 Razor-bladed bird  
 41 "So gross"  
 42 Rule: Abbr.  
 46 Have me as delivered
- 47 Teacher's gu.  
 49 Large desert  
 50 Coils  
 51 Weigh  
 54 "Speechless —?"  
 55 Merit badge holder  
 57 They clear the boards  
 58 Opp. of withdrawal  
 59 Surrender  
 60 Gift  
 61 All at sea  
 62 Native Arizonians  
 65 Nativity scene  
 66 Throws with force  
 67 Not moored  
 68 So as to be countable  
 70 Pipette, e.g.  
 72 Hi-tech apt. books  
 75 Arctic mass  
 78 — room (play area)  
 83 Summa — laude  
 85 —decy  
 87 Always agreeing sort  
 88 "Original or or spy" chain  
 90 "MoMA" and "OPEC," e.g.  
 91 Vice
- 92 Profit from  
 93 Driving peg  
 96 300-3 000 MHz range  
 97 — d'esprit (witty bit)  
 98 Stipulations  
 100 Bread eaten with vindaloo  
 102 Some piano fixers  
 103 That in Peru  
 105 "— guest"  
 106 Nonstandard stock buy  
 107 Fall zodiac sign  
 108 Sprite in "The Tempest"  
 109 Big name in restaurant guides  
 110 Pond slime  
 111 Averages  
 115 Faun, in part  
 118 Flush (bathroom brand)  
 120 1973 Ion Morrison novel  
 121 Ripening agent  
 123 Eccl. monitor  
 125 "A." in Arles  
 126 B-F Lux  
 127 Easter fare  
 128 Vixen's lair



## King Crossword

- ACROSS**
- 1 Highway divider  
 5 Lamb's mambo  
 8 Take to the pool  
 12 Press  
 13 Atlas page  
 14 Windy clay toy  
 15 Uncategorized (Abbr.)  
 16 Pate  
 18 Fountain's instrument  
 19 Rifle attachment  
 20 Minuscule bits  
 21 Regret  
 22 Big Apple letters  
 23 Bidding material  
 26 Shocking style  
 30 Exist  
 31 Cliff machine  
 32 Hockey legend  
 33 Presidential advisors  
 36 English composition  
 38 Fresh  
 39 See 37  
 40 Ottoman officer  
 43 Tara's relative  
 47 Surling mecca?
- 49 — and kin  
 50 Take the show on the road  
 51 Phrase in verse  
 52 Birthright  
 53 Heine or Hathaway  
 54 Solidify  
 55 Univ. paper
- govt. agency  
 8 Bandleader  
 9 Drunkard  
 10 Particular  
 11 City Field team  
 17 Beams  
 19 Sister  
 22 Put the kibosh on  
 23 Vainish ingredient  
 24 401(k) alternative  
 25 Kan, neighbor  
 26 Obese  
 27 Ph. bk. data  
 28 Geological period  
 29 Attempt  
 31 Not many  
 34 Belong
- 35 Approach  
 36 Listener  
 37 With 39, Across, holiday entree  
 39 "Moropoly" buy  
 40 Pocket bread  
 41 Any time now  
 42 Dazzle  
 43 Refractive  
 44 Unless in law  
 45 Greek vowels  
 46 So  
 48 Yale quail
- DOWN**
- 1 Big branch  
 2 Operatic solo  
 3 Inquisitive  
 4 "Keep singing!"  
 5 Host  
 6 Post  
 7 Eco-friendly

## MAGIC MAZE • THE BOSS

Z N H D A X U R P M J G D A X  
 V S G Q N K N I A T P A C I F  
 D A X I V T M A N T R O O M J  
 R H F C E A N A M R I A H C Y  
 W O U R P R T E N E H N Z L J  
 H F R D O L E B D A R Z X C V  
 G N E E U Q C V H I G O T R Q  
 O N C S P M H S O K S E F I I  
 ( P R I M E M I N I S T E R ) F D  
 B Z Y K W V E R O T C E R I D  
 T R Q O N L F K I H F D C P A

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

|          |          |                |           |
|----------|----------|----------------|-----------|
| CEO      | Director | Manager        | Shah      |
| Chairman | Emperor  | President      | Sovereign |
| Chief    | Foreman  | Prime minister | Sultan    |
| Czar     | King     | Queen          |           |



# Ranked Sanibel's #1 Shopping Destination

by the Lee County Convention and Visitors Bureau

**\$5.00 OFF**  
\$50.00 purchase

**\$10.00 OFF**  
\$100.00 purchase

On any Services or Products  
(restrictions apply!)  
Exp. 12-31-15

**SANIBEL DAY SPA**

mm#2782



[www.SanibelDaySpa.com](http://www.SanibelDaySpa.com) (239) 395-2220

Indulge in Color and Fun!

**Her Sports Closet** **and more!**

(239) 472-4206



**FRIDAY'S CHILD**

COOL CLOTHES AND TOYS  
FOR COOL GIRLS AND BOYS.

[WWW.TGIFCHILD.COM](http://WWW.TGIFCHILD.COM) • 239.472.9500

LOCATED IN PERIWINKLE PLACE • 2075 PERIWINKLE WAY



**SANIBEL'S AWARD WINNING CASUAL RESTAURANT**

**\* NOW WITH FULL LIQUOR BAR \***  
JOIN US FOR OUR 4-5-6 HAPPY HOUR 4-6PM  
Appetizers at \$4, \$5 and \$6 - Drinks from \$3

**Blue Giraffe**

Island Dining

BREAKFAST  
LUNCH • DINNER

DINE INSIDE OR OUTSIDE  
ON OUR TROPICAL DECK

**239 472 2525**  
[mybluegiraffe.com](http://mybluegiraffe.com)  
NOW ORDER TAKE-OUT ONLINE

Winner - Taste of the Islands  
Winner - Best of the Islands

JEAN LE BOEUF



**Island Pursuit**

Shop in Store  
239.472-4600

Shop Online  
[islandpursuit.com](http://islandpursuit.com)



**PEACH REPUBLIC**

Upscale casual  
clothing,  
Sandals &  
accessories

**Sanibel  
Perfume**

Periwinkle Place Shopping Center  
Phone: 239.472.8444 • [www.PeachRepublic.com](http://www.PeachRepublic.com)



**cargo**

stylish gifts | artisan crafts  
home accents and decor

[cargostuff.com](http://cargostuff.com) 239.472.8111



Shop Mon - Sat 10am-7pm Sun 12pm-6pm • Dine Mon - Sun 10am-9pm

**Periwinkle Place**

**Blue Giraffe Restaurant**

Sanibel Day Spa  
Fine Shops



**26 UNIQUE STORES IN A TROPICAL SETTING**  
2075 Periwinkle Way • 2 Miles West of Causeway Rd. on Periwinkle Way • [PeriwinklePlace.com](http://PeriwinklePlace.com)

Find us on Facebook 